

SECTIONAL CROSS COUNTRY MEET

SITE: CITY OF PHOENIX CROSS COUNTRY COURSE: 3165 WEST HAPPY
RD. COURSE DISTANCE: 3.1 MILES

SATURDAY, OCTOBER 30, 2010

RACE SCHEDULE

7:30 A.M. WALK THRU & PACKET PICK UP AT NORTH BUILDING
9:00 A.M. DIVISION 2 SECTION 1-BOYS
9:30 A.M. DIVISION 2 SECTION 1-GIRLS
10:00 A.M. DIVISION 1 SECTION 2-BOYS
10:30 A.M. DIVISION 1 SECTION 2-GIRLS
11:15 A.M. AWARDS PRESENTATION

*ALL TIMES ARE APPROXIMATE AND SUBJECT TO CHANGE.
PLEASE BE READY FOR YOUR RACE.

RULES

RULES ARE THOSE OF THE CURRENT EDITION OF THE NATIONAL FEDERATION
TRACK AND FIELD/CROSS COUNTRY RULES AND RECORDS, AIA CONSTITUTION
AND BYLAWS AND THESE TOURNAMENT INSTRUCTIONS.

GENERAL INSTRUCTIONS

- *COURSE IS CLOSED TO ALL PRACTICES OR WALK THRU UNTIL SATURDAY,
OCTOBER 30TH.
- *A CERTIFIED ATHLETIC TRAINER WILL BE ON SITE; HOWEVER, WHENEVER
POSSIBLE YOU SHOULD BRING YOUR OWN.
- *IF A PARTICIPANT REQUIRES MEDICAL ATTENTION, THE
PARENT/GUARDIAN/COACH WILL BE NOTIFIED TO MEET AT THE NORTH
BUILDING.
- *WATER WILL BE AVAILABLE AT MEET SITE. HOWEVER, IT IS BENEFICIAL TO
BRING YOUR OWN.
- *REMEMBER: SECTION 6 COMPETITOR'S UNIFORM ART.7 PAGE
71...CONTESTANTS SHALL NOT WEAR JEWELRY. PENALTY (ALL ARTICLES) FOR
ILLEGAL UNIFORM, THE COMPETITOR IS DISQUALIFIED FROM THE EVENT.
- *UNDER NO CIRCUMSTANCE IS A PARENT OR COACH TO ENTER THE RESTRICTED
AREA, WHICH INCLUDES THE FOLLOWING AREAS: SCORING, FINISH AND CHUTE.
PENALTY WILL BE DISQUALIFICATION OF COMPETING ATHLETE.
- *THE AIA, SANDRA DAY O'CONNOR HIGH SCHOOL, CITY OF PHOENIX AND ALL
PARKING AREAS SHALL NOT BE RESPONSIBLE FOR LOST OR STOLEN ARTICLES.

*DIVISION 1 REFER TO PAGE 6 OF THE STATE TOURNAMENT GUIDE FOR QUALIFYING CRITERIA AND DIVISION 2 REFER TO PAGE 5 FOR QUALIFYING CRITERIA.

*PARKING LOT WILL OPEN FOR ATHLETE DROP-OFF @ 7 A.M. PICK UP WILL BEGIN AFTER THE AWARDS CEREMONY.

*NO SMOKING IS ALLOWED ON THE SITE.

GAMES COMMITTEE:

MEET REFEREE/STARTER: JIM HERSHBERG

SITE DIRECTOR: MIKE CORNISH/BRIAN DEMPSEY

CLERK OF COURSE: ANDREA WILLIAMS

CHUTE DIRECTOR: MIKE IAUCH

TO ALL CROSS COUNTRY COACHES:

PLEASE REFER TO PAGE 11 IN THE STATE TOURNAMENT GUIDE TO REGISTER FOR THE MEET.

DEADLINE FOR REGISTRATION IS THURSDAY, OCTOBER 28TH BY 6 P.M.

FREE ADMISSION
