

31st ARIZONA STATE DECATHLON & HEPTATHLON CHAMPIONSHIP



WHEN: Thursday - May 18 – 5:00 PM
Friday - May 19 – 5:00 PM.

WHERE: **Higley High School**
4068 E. Pacos Rd. (Pacos Rd. and 202 East)
See Map: AIA website <http://aiaonline.org> (open: Member schools)

WHO: Competition limited to high school age group. Athletes must be members of his or her high school team in good standing.

SANCTIONING: Arizona State Decathlon / Heptathlon Championships is an AIA Sanctioned Meet – Article 29.7.3, and governed by National Federation Rules (RULE 8-1-Art. 1 and 2). USAT&F sanctioned.
School Uniforms Allowed (AIA Sanctioned Meet)

QUALIFYING MEET: This competition is a pre-qualifying meet for the Southwest Classic Decathlon – Heptathlon, June 1 - 2, UNM, Albuquerque, NM.

ENTRY INFORMATION: Participants will be invitation based on 1 of 2 levels:
- Invitation based on past multi-event meet point total
- Invitation based current season times/marks:
(Decathlon – 5 events) (Heptathlon – 3 events).

MEET ENTRY FEE: \$25 to cover the sanctioning / liability insurance requirements under USAT&F.

Entry Deadline:

Monday - May 15

Invited athletes posted

Web site – Tuesday – May 16

FORWARD ENTRY FORM TO:

MAIL: Arizona Multi-Events
3610 W. Sahuaro Dr
Phoenix, AZ 85029

FAX: (602) 938-0092
(call 1st for fax hook-up)

E-MAIL ATTACHMENT OR NOTE
(include ALL entry form information)

CONTACT FOR INFORMATION – E-MAIL THE ENTRY TO:: Clyde Volz
WEB SITE: Arizona Multi-Events: <http://eteamz.com/multi-events> covolz@cox.net

SCHEDULE

THURSDAY - May 18

Decathlon

5:00 PM 100 M. Dash
Long Jump
* Shot Put (HS)
High Jump
400 M. Dash

Heptathlon

5:30 PM 100 High Hurdles
High Jump
Shot Put
200 M. Dash

(* High school implements and hurdles)

FRIDAY - May 19

Decathlon

5:00 PM * 110 Hurdles (39")
* Discus (HS)
Pole Vault
* Javelin
1500 M. Run

Heptathlon

6:00 PM Long Jump
Javelin
800 M. Run

(* High school implements and hurdles)