

5th ARIZONA STATE THROWS QUADATHLON

Saturday - May 26 - 2007
Mesa Community College



ATHLETES NAME _____ SCHOOL _____ Grade _____

Coaches Name _____ Phone Number _____

Address _____ Fax Number _____

_____ Zip _____ E-Mail _____

APPLICATION FOR INVITATION THROWS QUADATHLON

BOYS

GIRLS

Best Marks
2007 Track Season

Best Marks
2007 Track Season

_____ Shot Put

_____ Shot Put

_____ Discus

_____ Discus

_____ Javelin

_____ Javelin

_____ Hammer

_____ Hammer

FIRST TIME HAMMER AND JAVELIN THROWERS ARE HIGHLY ENCOURAGED.

THIS MEET IS MANDATORY FOR THOSE GOING TO THE GREAT SOUTHWEST FOR HAMMER AND JAVELIN AND HIGHLY RECOMMENDED FOR THOSE GOING FOR SHOT AND DISC.

NOTE: Hammers and Javelins will be available at the meet site.

THROWS INSTRUCTION: Please contact Shawn Hanrahan at 480-258-8463 for time and location instruction of the Hammer and Javelin Clinics. Also check www.eteamz.com/multi-events for time and location. **NO FEE** for instruction.

NOTE: The meet is sanctioned by USAT&F and Arizona Interscholastic Association. The meet will be governed by National Federation rules.

ENTRY FEE: \$25.00

SCHOOL UNIFORM ARE ALLOWED!!!

Website: www.eteamz.com/multi-events

DEADLINE– Monday - May 21

\$ 25 entry fee.

RETURN TO: (mail)

Arizona Multi-Events
3610 W. Sahuaro Dr.
Phoenix, AZ 85029

E-MAIL: covolz@cox.net
(TYPE ENTRY information in an attachment or ane-mail note)