

33rd ARIZONA STATE DECATHLON & HEPTATHLON CHAMPIONSHIP



WHEN: Friday - May 16 – 5:00 PM
Saturday - May 17 – 5:00 PM.

WHERE: Copper Canyon High School
91st Avenue and Camelback

See Map: AIA website <http://aiaonline.org> (open: Member schools)

WHO: Competition limited to high school age group. Athletes must be members of his or her high school team in good standing.

SANCTIONING: Arizona State Decathlon / Heptathlon Championships is an AIA Sanctioned Meet – Article 29.7.3, and governed by National Federation Rules (RULE 8-1-Art. 1 and 2). USAT&F sanctioned. School Uniforms are Allowed (AIA Sanctioned Meet)

ENTRY INFORMATION: Participants will be invitation based on 1 of 2 levels:
- Invitation based on past multi-event meet point total
- Invitation based current season times/marks:
(Decathlon – 5 events) (Heptathlon – 3 events).

MEET ENTRY FEE: \$25 to cover the sanctioning / liability insurance under USAT&F, site rental, trainers, officials, FAT timing.

Entry Deadline:

Monday - May 12

Invited athletes posted on web site –
Tuesday – May 13

FORWARD ENTRY FORM TO:

MAIL: Arizona Multi-Events **E-MAIL** Send Entry Form
3610 W. Sahuaro Dr Information as an Attachment
Phoenix, AZ 85029 OR in an E-Mail Text Box

CHECKS: Arizona Multi-Events

CONTACT FOR INFORMATION: : Clyde Volz covolz@cox.net

WEB SITE: Arizona Multi-Events: <http://eteamz.com/multi-events>

SCHEDULE

Friday - May 16

Decathlon

5:00 PM 100 M. Dash
Long Jump
* Shot Put (HS)
High Jump
400 M. Dash
(* High school implements and hurdles)

Heptathlon

5:30 PM 100 High Hurdles
High Jump
Shot Put
200 M. Dash

Saturday - May 17

Decathlon

5:00 PM * 110 Hurdles (39")
* Discus (HS)
Pole Vault
* Javelin
1500 M. Run
(* High school implements and hurdles)

Heptathlon

6:00 PM Long Jump
Javelin
800 M. Run

Based on the number of competitors the athletes may be placed in Group A and B.
Copper Canyon HS has 2 venues for the Discus - Shot Put – High Jump – Long Jump – Pole Vault - Javelin