

6th ANNUAL ARIZONA STATE THROWS QUADATHLON

WHEN: **Saturday, May 17 - 7:30 AM**

WHERE: **Copper Canyon High School**
9126 W. Camelback Rd., Glendale 85305



WHO: Competition limited to high school age group. Athletes must be members of his or her high school team in good standing.
FIRST TIME HAMMER/JAVELIN THROWERS HIGHLY ENCOURAGED.

SANCTIONING: Arizona Prep Multi-Events is SANCTIONED by the USAT&F and the Arizona Interscholastic Association and will be governed by National Federation rules. SCHOOL UNIFORMS ARE ALLOWED.

Entry Deadline:
Monday – May 12
\$25 ENTRY FEE
CHECKS: AZ Multi-Events

Entry Deadline: Monday – May 12 **RETURN TO:**
MAIL: 3610 W. Sahuaro Dr. E-Mail: covolz@cox.net
Phoenix 85029 **TYPE ENTRY Information**
in an Attachment or E-Mail note

ENTRY INFORMATION: Athletes must have a mark for shot put and discus in a 2008 HS meet.

HAMMER - JAVELIN CLINICS:

Call for Information on DATES – LOCATION

For Hammer / Javelin Clinics

Shawn Hanrahan (602) 329-8135

MEET ENTRY FEE: \$25 will cover the sanctioning / liability insurance, rental of site, trainers, officials.

CHECKS: Arizona Multi-Events

CONTACT FOR INFORMATION: Shawn Hanrahan (602) 329-8135

WEB SITE: Arizona Multi-Events: www.eteamz.com/multi-events

SATURDAY, May 17

Girls Throws Quadathlon

7:30 AM Javelin (Instruction / Practice)
8:30 Javelin (Competition)
9:30 Hammer (Instruction / Practice)
10:30 Hammer (Competition)
11:30 Discus
12:30 Shot Put
1:30 Awards:

Boys Throws Quadathlon

7:30AM Hammer (Instruction / Practice)
8:30 Hammer (Competition)
9:30 Javelin (Instruction / Practice)
10:30 Javelin (Competition)
11:30 Shot Put
12:30 Discus
1:30 Awards

NOTE: Hammers and Javelins will be available at the meet site.