

February 28, 2008

**Casa Grande Van Hazel / Kiwanis Invitational Track Meet**

**Saturday April 5, 2008**

2730 N. Trekell Road  
Casa Grande, Arizona 85222  
(520) 836-8500 School

Dear Track Coaches and Athletic Directors:

**Welcome and thank you for your interest in our  
56<sup>th</sup> Casa Grande Van Hazel / Kiwanis Invitational!**

By receiving this email, you have notified me, Steve Heil Head Track Coach CGUHS, your team is planning on entering the meet. If you are reading this on [www.arizonatrack.com](http://www.arizonatrack.com), I ask you to email me at [sheil@cguhs.org](mailto:sheil@cguhs.org) to notify me of your teams entry into the meet. As with all meets, teams who participated last year will have first priority. **Please submit your completed copy of the entry form by:**

**Wednesday NOON April 2, 2008**, at the website: [www.athletic.net](http://www.athletic.net)

Because of the sheer number of meets in the state this year, **there will be absolutely no changes in entries after noon on April 2 or the day of the meet.**

All events will be held at the Casa Grande Union High School Track. The track is constructed of all weather material. Athlete with spikes longer than ¼” will not be allowed to compete. **Starting time is 10:30 a.m. for running events and 10:00 a.m. for field events.** The **COACHES** meeting will be held at **9:00 A.M.** the day of the meet.

All meet information is contained in this packet. Please do not hesitate to contact me if you feel that something is missing or if you have any questions. Again, thanks for your support and interest.

**Price is: \$350 per school (\$175 for boys' team, \$175 for girls' team)**

Steven Heil  
Meet Director  
Casa Grande Union High School  
[sheil@cguhs.org](mailto:sheil@cguhs.org)  
(520) 836-8500 ext 4356

**PS** Let your athletes and parents know there will be T-Shirts and concessions (Pop-overs, smoothies, and normal concessions)

## **56<sup>th</sup> Van Hazel/ Kiwanis Invitational 2008**

### **I. Entries**

- A. All entries will be made through [www.athletic.net](http://www.athletic.net)
- B. The meet fee of \$350 should be paid in full prior to the start of the meet. All checks can be made out to Casa Grande Athletics.
- C. Athlete entries; please see section IV. Athlete Entries.

### **II. Meet Director**

- A. Steven Heil/Casa Grande Union High School  
2730 N. Trekell Road  
Casa Grande, Arizona 85222  
(520) 836-8500

### **III. General Information**

- A. Location: Casa Grande Union High School Track
- Date: Prelims and Finals – Saturday April 5<sup>th</sup>, 2008
- Entry Fee: \$350. per school (\$175 Boys - \$175. Girls)
- Entry Website: [www.athletic.net](http://www.athletic.net)
- Times:
  - 9:00 a.m. Coaches Meeting
  - 10:30 a.m. Running Events (Prelims)
  - 10:00 a.m. Field Events (Prelims and Finals) Implement “pool”  
Provided (you may bring your own)
  - 2:00 p.m. (estimated) Remaining Field Events (Prelims and Finals)
  - 2:00 p.m. (estimated) Running Events (Finals)

### **IV. Admission Prices**

- A. Adults - \$3.00 Students - \$2.00 Passes – A.I.A. ONLY
- B. Athletes in uniform or with coach will be admitted free

### **V. Scoring and Awards**

- A. Scoring will be on a 10-8-6-5-4-3-2-1 basis. A team trophy will be presented to the team scoring the most points in the meet. Ties will be decided in the manner designated in the current addition of the National Federal Track and Field Rule Book.

### **VI. Athlete Entries – Both a Girls Team and a Boys Team/School**

- A. Each school will be allowed to submit two (2) competitors in each running and field event. There will be a fast and a slow heat for the finals in the non-lane races. Each team will be allowed to  
Enter one (1) relay team in each relay event.
- B. All entries must be legible, listing first and surname of each participant. If entries are not legible we are not responsible for misread names or times. List hand held times in tenths (11.1h) and electronic as hundredths (11.13e).
- C. All entries must be **received by Wednesday NOON, April 2, 2008.**
- D. Official eligibility for participation is established according to the A.I.A. rules and regulations, as contained in the A.I.A. Constitution and Bylaws.
- E. All participants will enter and compete in events as permitted by the A.I.A.

### **VII. Track Facilities**

- A. 9 lanes curve – 10 lanes straight
- B. Concrete shot and discus rings
- C. All weather runways in LJ, TJ and PV
- D. All weather take off area for HJ

E. Foam pits for HJ and PV

F. **NO LOCKER ROOM FACILITIES AVAILABLE**

## VIII. Track Events

A. Lanes assigned for preliminaries in the 100, 200, 400 and hurdle races.

B. Number of heats will depend on the number of qualifying entries per event.

1. **Qualifying for finals in the running events:** The **(9)** fastest times in the prelims for the following events will qualify for the finals: 100-200-400 meter dashes, 100/110 hurdles, and the 300 low hurdles.
2. **Note:** If there is a malfunction of the electronic time in any of the qualifying heats, then, all heats (or the event only) will advance to the finals **by hand held times.**

C. Bull Pen area: This will be located at the North end of the football field.

All athletes will be required to report to the staging area to the Clerk of the Course, who will check them in. **NO HEAT ADJUSTMENTS will be made at the staging area.**

D. 800-1600-3200 Meter Runs and Relays – Boys and Girls races will be run separately.

3. 800-1600 meter runs – Depending on the number of qualifying entries, (1) heat or (2) heats will be run with the fastest times in the second heat. The fast heat will be limited to 16 runners and the slow heat will have the rest of the entries. The number of runners in each heat can be changed at the Meet Director's discretion. **No more than two heats will be run.** Box alley start will be used.
4. 3200 meter run – One heat. Box alley start will be used.
5. Relays
  - a. (4x800) – Relay to be run in one heat. Box alley start will be used. (2 heats if necessary).
  - b. (4x100) – Relay to be run in three (3) heats (if necessary). The fastest teams will be placed in the final heat. Teams will be placed in lanes with lane one (1) to be the best entered time and seeded out according to entered time. The 4x400 meter relay will use a three (3) turn stagger.

## IX. Field Events

A. Shot and Discus

6. Participants will be placed in three (3) flights with the best flight competing last. The participants in flight will compete in order with the individual with the best mark competing last.
7. Any competitor who arrives last because of other conflicting events may be placed in one of the later flights.
8. After all preliminary throws are completed there will be no additional qualifying except the **nine (9) finalists.**
9. Only attempts **over** the following distances will be measured:  
**Men's Shot – 37'**                      **Women's Shot – 25'**  
**Men's Disc – 110'**                      **Women's Disc – 80'**

B. Long Jump and Triple Jump

10. A priority system will be used for the men's and women's long & triple jump
11. After all preliminary jumps are completed there will be no additional qualifying except the **nine (9) finalists.** All preliminary jumps will be measured.

C. Pole Vault and High Jump

12. Men's Pole Vault will start at **9'6"** with 6" raises to 13' and then 3" raises.
13. Women's Pole Vault will start at **6'** with 6" raises to 10' and then 3" raises.
14. Men's High Jump to start at **5' 4"** with 2" raises to 6' 2" and then 1" raises.
15. Women's High Jump to start at **4' 2"** and 2" raises to 5' 0", then 1" raises.

**Note:** The starting heights may be changed at the discretion of the Meet Director.

**X. Appeals**

- A. All appeals must be processed through the Meet Referee. No appeals will be processed on judgment Calls of Meet Officials. The Meet Referee will be the final authority on rule infractions. The Jury of Appeals will act only on rule interpretations.

**XI. Awards**

- A. Medals will be given to the top four finishers in each event. Coaches can pick their medals up after the meet is completed.
- B. A team trophy will be presented to the team scoring the most points in the Women's meet and Men's Meet. There will also be a trophy for the school that has the most points combined.

**XII. Other Meet Officials**

- A. **Meet Director** – Steven Heil
- B. **Host A.D.** – Robert Yordani
- C. **Starter** – Everet Hodkins
- D. **Finish line judge** –Marlin Porter
- E. **Clerk** – Kevin Keiser
- F. **Field Judge** – Dick Potter
- G. **Track Official** – Denis Hanson
- H. **Meet Referee/Back-up Starter** – Hugh Morrison



Men's High Jump to completion  
Women's Discus (by flights) to completion  
Women's Pole Vault to completion  
Men's shot (by flights) to completion

**Van Hazel/ Kiwanis Invitational Track Meet**  
**Finals**  
**Saturday April 5<sup>th</sup> 2008 – Casa Grande Union High School**

**Running Events – Finals Schedule**

Girls	100 M Hurdles
Boys	110 M Hurdles
Girls	100 M Dash
Boys	100 M Dash
Girls	1600 M Run **
Boys	1600 M Run **
Girls	400 M Relay
Boys	400 M Relay
Girls	400 M Dash
Boys	400 M Dash
Girls	300 M Low Hurdles
Boys	300 M Inter Hurdles
Girls	800 M Run **
Boys	800 M Run **
Girls	200 M Dash
Boys	200 M Dash
Girls	3200 M Run
Boys	3200 M Run
Girls	1600 M Relay
Boys	1600 M Relay

\*\*Two heats if necessary