

XC Regional Rankings

Weekly High School X-Country Regional Team Rankings 2008

Team Rankings by Marc Bloom and Rich Gonzalez

Regional Individuals To Watch compiled by NSSF State Ambassadors

Last week's rankings in parentheses. BT means Bubble Team. NR means no ranking including bubble teams

BOYS

Boys New York

- | | |
|----------------------------------|--|
| 1. Shenendehowa [1] | No major meet, most schools taking break after Manhattan Inv |
| 2. Shoreham-Wading River [2] | Wins Brown U. Inv Varsity I race in runaway with 15:54 5k
avge on fast course |
| 3. Burnt Hills-Ballston Lake [3] | No major meet |
| 4. Fayetteville-Manlius [4] | No major meet |
| 5. Warwick Valley [5] | No major meet |
| 6. Wantagh [6] | No major meet |
| 7. Queensbury [7] | No major meet |
| 8. Arlington [8] | 2 nd to Haddonfield (NJ) in Section 1 Coaches Inv on NY-NE
regional course |
| 9. East Aurora [9] | No major meet |
| 10. North Rockland [10] | No major meet |

Bubble teams alphabetically: Baldwinsville, Brighton, Brockport, Calhoun, Chaminade, Honeoye Falls-Lima, Jamesville-Dewitt, Liverpool, Mckee SI Tech, Msgr. Farrell, Newark Valley, Niskayuna, Pittsford-Mendon, Saratoga Springs, Scarsdale, Shaker, Smithtown, St. Anthony's, Suffern, Walt Whitman, Washingtonville, Webster-Thomas, West Genesee

New York Boys to Watch

Andrews, Bobby, SR. Shoreham-Wading River, NY
Connell, Brendan, SR. Smithtown, NY
Deir, Alex, JR. HFL, NY
Hatz, Alex, JR, Fayetteville Manlius, NY
Hickey, Mike, SR. Pearl River, NY
Leuchanka, Alex, SR. Shenendehowa, NY
Muller, John, 12, Arlington, NY
Raseman, Quinn, JR. Ward Melville, NY
Stogsdill, Chris, SR, Marcellus, NY
Straneva, Max, 11, Chenango Valley, NY

Boys Northeast

(CT, ME, MA, NH, NJ, PA, RI, VT)

1. Don Bosco (NJ) [1] Holds out varsity winning Northern Hills Conf C race a week after Eastern States win
2. North Penn (PA) [2] Wins American Conf by 45 points over Council Rock North at Lehigh
3. Danbury (CT) [3] Wins FCIAX Champs with 23 points and 21-second spread
4. W Windsor Plainsboro No (NJ) [4] No major meet
5. Christian Bros Acad (NJ) [5] No major meet
6. No. Allegheny (PA) [6] Wins Tri-States Coaches meet by 68 points with 32-second spread
7. Henderson (PA) [7] Wins Ches-Mont League by 13 points
8. Bishop Guertin (NH) [9] Wins Catholic Mem Inv by 44 points at Franklin Park, state class meet Saturday
9. Haddonfield (NJ) [8] Wins Section 1 Coaches Inv by 13 on NY-NE regional course
10. Merrimack (NH) [10] No major meet, state class meet Saturday

Bubble teams alphabetically: Altoona (PA), Amherst (MA), Amity (CT), Bishop Feehan (MA), Bishop Hendricken (RI), Carlisle (PA), Cedar Cliff (PA), Con-Val (NH), Council Rock No (PA), Cumberland Valley (PA), Essex (VT), Germantown Friends (PA), Greely (ME), Hanover (NH), Holy Ghost (PA), Kingsway (NJ), La Salle (PA), La Salle (RI), Mansfield (MA), Mendham (NJ), Methuen (MA), Morris Hills (NJ), Newton So (MA), No. Andover (MA), Perkiomen Valley (PA), Pinkerton (NH), Randolph (NJ), Ridgewood (NJ), Scarborough (ME), Seekonk (MA), St. John's Prep (MA), Upper Dublin (PA), West Windsor-Plainsboro So (NJ), Xavier (CT)

Northeast Boys to Watch

Aden, Omar, SR, Charlestown, Charlestown, MA
Aylaian, Brendan, JR, Nashoba, Bolton, MA
Dannenbauer, Ray, SR., Amherst-Pelham Regional, Amherst, MA
Galebach, Philip, SR, Medford HS, Medford, MA
Moverman, Mike, SR, Oliver - Ames, Easton, MA
Wilson, David, SR, Brookline, Brookline, MA
Wortham, Andrew, SR, Newton South, Newton, MA

Doyle, Brian, JR, Bishop Hendricken HS, Warwick, RI
Feigan, Mark, SR, East Greenwich HS, East Greenwich, RI
Francis, Steve, SR., Coventry, Coventry, RI
Griffin, Sid, SR, Barrington HS, Barrington, RI
Hurley, David, SR, Chariho HS, Richmond, RI
Mecurio, Connor, SR, LaSalle Academy, Providence, RI
Mecurio, Matt, SO, LaSalle Academy, Providence, RI
O'Laughlin, Tim, SR, Westerly HS, Westerly, RI
Ross, Nick, JR, East Greenwich HS, East Greenwich, RI
Sienko, Jake, JR, Bishop Hendricken HS, Warwick, RI
Springer, Andrew, SR, Westerly HS, Westerly, RI

Bendtsen, Chris, Wolcott, CT
Bubniak, Joey, Danbury, CT

Hrezi, Mohamaed, Naugatuck, CT
King, Ryan, Tolland, CT
Marsh, Bryan, Conard, CT
McGuire, Ryan, Notre Dame, CT
RANERI, JOHN, New Fairfield, CT
Reynolds, Chris, Suffield, CT
Schaefer, Tucker, Danbury, CT
Stoliker, Richard, Shelton, CT

Berman, Neal, Sr, Lower Merion, Ardmore, PA
Beveridge, Joe, Sr, Bishop McDevitt, Harrisburg, PA
Bogert, Jon, Sr, Liberty, Bethlehem, PA
Bonaventure, Nick, Sr, Penncrest, Media, PA
Broussard, Chase, Sr, North Allegheny, Wexford, PA
Furcht, Ben, Sr, Lower Merion, Ardmore, PA
Gil, Ryan, So, North Allegheny, Wexford, PA
Gunzenhauser, Rad, Jr, Mt. Lebanon, Pittsburgh, PA
Hobart, TJ , Sr, Baldwin, Pittsburgh, PA
Hull, Kevin, Sr, Hempfield, Greensburg, PA
Hurston, Kyle, Sr, Carlisle, Carlisle, PA
Kellar, Will, Jr, Henderson, West Chester, PA
Krystek, DJ, Sr, Gateway, Monroeville, PA
Luff, Tom, Sr, Emmaus, Emmaus, PA
Mahoney, Mike , Sr, Council Rock North, Newtown, PA
McKenzie, Gus, Jr, Germantown Friends, Germantown, PA
Miles, Brad , Jr, North Penn, Lansdale, PA
Palmisano, Mike, Sr, Upper Dublin, Fort Washington, PA
Pierce, Mike, Sr, Holy Ghost Prep, Bensalem, PA
Stauffer, Cam, Sr, Seneca Valley, Harmony, PA
Tarsnane, Jimmy , Sr, Perkiomen Valley, Collegeville, PA
Wallace, Dan, Jr, Council Rock North, Newtown, PA

Andrews, Robby, SR, Manalapan, Manalapan, NJ
Forward, David, JR, Shawnee, Medford, NJ
Franklin, Michael, SR, Mendham, Mendham, NJ
Galasso, George SR, Holmdel, Holmdel, NJ
Johnson, Brett, SR, Ocean City, Ocean City, NJ
Pohorence, Sean, SR, Morris Hills, Rockaway, NJ
Rosa, Joe, SO, West Windsor Plainsboro North, Plainsboro, NJ
Schellburg, Pat, JR, Delbarton, Morristown, NJ
Smith, Doug, SR, Gill St Bernards, Gladstone, NJ
Spencer, Leighton SR, Don Bosco, Ramsey, NJ
Udland, Tyler, JR, Millburn, Millburn, NJ
Vitez, Jon, JR, Haddonfield, Haddonfield, NJ

Christiansen, Job , SR, Mascenic Regional, New Ipswich, NH

Collopy, Jack , FR, Oyster River HS, Durham, NH
 Fisher, Dylan , SR, Con-Val Regional, Peterborough, NH
 Grant, Josh , SR, Nashua North HS, Nashua, NH
 Hernandez, Francis , JR, Bishop Guertin HS, Nashua, NH
 Jourdain, Joey, JR, Bishop Guertin HS, Nashua, NH
 LaCoste, Jeff, SO, Bishop Guertin HS, Nashua, NH
 Malnati, Eric , SR, Fall Mountain Regional, Alstead, NH
 McBrien, Ethan , SR, Con-Val Regional, Peterborough, NH
 Pietrocarlo, Chris , JR, Pinkerton Academy, Derry, NH
 Sinotte, Cory , SR, Manchester Central HS, Manchester, NH
 Watanabe, Aaron , JR, Hanover HS, Hanover, NH

Bouffard, Justin, 12, Essex, VT
 Elliott-Knaggs, Landen, 12, Brattleboro, VT
 Kline, Charlie, 11, Essex, VT
 Mainer, Matt, 12, CVU, VT
 Marshall, Nick, 11, Mount Mansfield, VT
 Paulsen, Dan, 12, Essex, VT
 Pittman, Adron, 12, Mount Mansfield, VT
 Sinclair, David, 11, GMVS, VT
 Sulva, Tony, 12, CVU, VT
 Welter, Eamon, 12, Harwood, VT

Boys South

(AR, LA, MS, OK, TX)

- | | |
|------------------------------|---|
| 1.The Woodlands (TX) [1] | Wins multi-state Chile Pepper Festival (AR) by 79 over West Plains (MO) |
| 2.Klein Oak (TX) [6] | Wins Klein Oak Inv by 1 point over Cedar Park in re-charged team since Nike South |
| 3.Cedar Park (TX) [2] | 2 nd by 1 point to Klein Oak at Klein Oak meet |
| 4.Marcus (TX) [3] | Wins Run the Farm Inv sweeping top 4 places |
| 5.Seven Lakes (TX) [5] | Wins Strake Jesuit Crusader Inv by 16 over Strake Jesuit |
| 6.Southlake Carroll (TX) [4] | Distant 4 th at Chile Pepper meet |
| 7.Strake Jesuit (TX) [9] | 2 nd to Seven Lakes at home invite |
| 8.Boerne (TX) [7] | No major meet |
| 9.PSJA North (TX) [8] | No major meet |
| 10.Cinco Ranch (TX) [10] | Wins Sam Houston State Inv by 2 over Georgetown |

Bubble teams alphabetically: A&M Consolidated (TX), Baton Rouge Cath (LA), Brother Martin (LA), Clear Lake (TX), Clovis (TX), College Park (TX), Coppell (TX), Corpus Christi Carroll (TX), Edmond Mem (OK), FEAST (TX), Flower Mound (TX), Fossil Ridge (TX), Georgetown (TX), Houston Mem (TX), Jesuit (LA), Kingwood (TX), Lamar (TX), Lockhart (TX), Moore (OK), Plano West (TX), Poteet (TX), Tupelo (MS)

South Boys to Watch

Efurd, Cameron, 12, Rogers, Rogers, AR
 Falls, Jordan, 12, Rogers, Rogers, AR

Fleeman, Jeremiah, 11, Rogers, Rogers, AR
Friant, Matthew, 11, Conway, Conway, AR
Gerber, Amos, 11, Lake Hamilton, Percy, AR
Hanson, Caleb, 12, Ft Smith Southside, Ft Smith, AR
Mills, David, 12, Lake Hamilton, Percy, AR
Pearson, Markus, 12, Conway, Conway, AR
Simkins, Austin, 11, Fayetteville, Fayetteville, AR
Tucker, Brendon, 11, Cabot, Cabot, AR

Arthur, Paul, 11, Walker, Walker, LA
Bacques, Taylor, 12, Jesuit, New Orleans, LA
Dotson, Mark, 12, Menard, Menard, LA
Flores, Peter, 12, Jesuit, New Orleans, LA
Heaphy, Alden, 12, St Thomas More, Lafayette, LA
Kilpatrick, Ben, 12, University Lab, Baton Rouge, LA
Mouton, Matt, 11, St Paul, Covington, LA
Pieri, Matt, 12, Br Martin, New Orleans, LA
Primeaux, Phillip, 11, Catholic, Baton Rouge, LA
Richardson, Scott, 12, Br Martin, New Orleans, LA
Wolfe, Matt, 12, Parkway, Bossier City, LA

Almo, D'Ante, 11, Wingfield, Jackson, MS
Bishop, Andrew, 12, Pontotoc, Pontotoc, MS
Holman, Max, 11, Tupelo, Tupelo, MS
Kersh, Morris, 12, Pearl, Tupelo, MS
Lee, Gordon, 12, Tupelo, Tupelo, MS
Rogers, Quartez, 12, Starkville, Starkville, MS
Ruhl, Adam, 11, Madison Central, Madison, MS
Taheri, Arash, 12, Ridgeland, Ridgeland, MS
Wilson, Jeff, 10, Tupelo, Tupelo, MS

Baker, Steven, 12, Union, Tulsa, OK
Bothwell, Toby, 11, Westmoore, Oklahoma City, OK
Bowles, Parker, 11, Norman, Norman, OK
Buck, Dakota, 11, Deer Creek, Edmond, OK
Carroll, Andy, 10, Mustang, Mustang, OK
Johnson, Adam, 10, Broken Arrow, Broken Arrow, OK
Monaghan, Taylor, 12, Union, Tulsa, OK
Moon, Dylan, 12, Jenks, Jenks, OK
Swake, Justin, 11, Broken Arrow, Broken Arrow, OK
Talbert, Eric, 11, Memorial, Edmond, OK

Antkowiak, Will, 10, Brenham, Brenham, TX
Benn, Jacob, 11, Stevens, San Antonio, TX
Brown, CJ, 12, Carroll, Southlake, TX
Butler, Drew, 12, Woodlands, The Woodlands, TX

Connor, Reed, 12, Woodlands, The Woodlands, TX
 De La Garza, Alex, 12, Mercedes, Mercedes, TX
 Dohner, Ryan, 11, Klein Oak, Spring, TX
 Lutz, Craig, 10, Marcus, Flower Mound, TX
 Ornelas, Zach, 12, Vista Ridge, Cedar Park, TX
 Pinales, Mark, 10, Stony Point, Round Rock, TX
 Rathke, Chase, 12, Seven Lakes, Katy, TX
 Snyder, Paul, 12, Churchill, San Antonio, TX
 Stinson, Parker, 11, Cedar Park, Cedar Park, TX
 Stitt, Jim, 12, Timberview, Mansfield, TX
 Torres, Donovan, 10, Coronado, Lubbock, TX
 Valle, Jordan, 12, Big Spring, Big Spring, TX
 Welin, Jimmy, 12, Seven Lakes, Katy, TX

Boys Southeast

(AL, DE, FL, GA, KY, MD, NC, SC, TN, VA, WV)

- | | |
|-----------------------------|--|
| 1. Jamestown (VA) [1] | No major meet, district meet this Thurs |
| 2. Oakton (VA) [2] | No major meet, district meet this Wed |
| 3. Brookwood (GA) [3] | 2 nd to Collins Hill at Coach Wood Inv holding out top 2 runners |
| 4. Robinson (VA) [4] | No major meet, district meet Wed |
| 5. Broughton (NC) [5] | Wins Cap 7 Conf taking 4 of top 5 |
| 6. Daviess County (KY) [6] | Sweeps top 5 spots at Muhlenberg So Sun Run |
| 7. Montgomery Bell (TN) [7] | Wins Metro Nashville Champs by 46 points |
| 8. Potomac Falls (VA) [8] | No major meet, district meet Thurs |
| 9. Belen Prep (FL) [9] | Wins Pre-State by 32 over Melbourne |
| 10. Collins Hill (GA) [BT] | Big gain from 4 th at Great Amer to 25-sec spread winning Coach Wood meet |

Cut: NW Guilford (NC) [10]

Bubble teams alphabetically: Atlee (VA), Baylor (TN), Bishop Kenny (FL), Blacksburg (VA), Calvert Hall (MD), Chapel Hill (NC), Chiles (FL), Clarke County (VA), Columbus (FL), Gonzaga (VA), Green Hope (NC), Greenwood (KY), Hoover (AL), Houston (TN), Jefferson Sci/Tech (VA), Louisville Trinity (KY), Marietta (GA), Melbourne (FL), Mooresville (NC), Mountain Brook (AL), NW Guilford (NC), Oak Ridge (TN), Peachtree Ridge (GA), St. Xavier (KY), Tampa Jesuit (FL), Wando (SC), Western Branch (VA)

Southeast Boys to Watch

Binns, Blaise, So, Grissom, Huntsville, AL
 Dorsett, Layton, Jr, Mtn Brook, Birmingham, AL
 Given, Wilkerson, Sr, Mtn Brook, Birmingham, AL
 Gomez, Pat, Sr, Auburn, Auburn, AL
 Henderson, Andy, Sr., Smiths Station, Smiths, AL
 Johnson, Philip, Sr, Homewood, Birmingham, AL
 Lewis, Nathan, Jr, Cold Springs, Cold Springs, AL
 McGregor, Pat, Sr, Hoover, Birmingham, AL
 Perkins, Nick, Sr, Hoover, Birmingham, AL
 Sieb, Lucas, So, Scottsboro, Scottsboro, AL

Buckley, Dillon , SR, Archmere, Claymont, DE
Line, Eric, SR, Caesar Rodney, Camden, DE
Macedo, Eric, SR, Charter, Wilmington, DE
Mazzio, Jon, SR, Salesianum, Wilmington, DE
Morrin, Greg, SR, St. Marks, Newark, DE

Atkinson, Brian, JR, Melbourne, Melbourne, FL
DelValle, Armando, SO, Chris Colum, Miami, FL
Lanning, Jonathon, SR, Sarasota, Sarasota, FL
Mizcreck, Matt, JR, Leon, Tallahassee, FL
Montoya, Erick, JR, Estero, Estero, FL
Stanford, Will, SO, Leon, Tallahassee, FL
Wallace, Michael, JR, Bishop Kenny, Jacksonville, FL

Erassa, Kirubel, JR, Grayson, Grayson, GA
Longobardi, Niall, SR, Peachtree Ridge, Suwanee, GA
Lord, Taylor, SR, Chapel Hill, Douglasville, GA
McClay, Mike, JR, Dacula, Dacula, GA
Sparks, Charlie, Columbus, Columbus, GA

Abushouk, Mohamed, Jr, Cary High, Cary, NC
Bollinger, Steveem, Sr., Olympic, Charlotte, NC.
Crawford, Seth, Sr., Northwest Guilford, Guilford, NC
Gilland, Taylor, Sr, Chapel Hill, Chapel Hill, NC
Peachee, Dakota, Sr, West Johnston, Johnston County, NC
Staub, Burk, Sr., Broughton, Raleigh, NC

Blackmon, Mark, FR, Fort Mill, Fort Mill, SC
Easler, Brandon, JR, Dorman, Spartanburg, SC
Felix, Jack, Soph, Hilton Head, Hilton Head , SC
Fitts, Josh, SR, Wando, Charleston, SC
Tillman, Sebastian , SR, Summerville, Summerville, SC
Tyler, Timothy , Soph, Wando, Charleston, SC

Colley, Andrew, SR, Jamestown, VA
Ott, Alex, SR, Turner Ashby, VA
Porter, Thomas, SR, Mountainview, VA
Stutzman, Tyler, SR, W. Albemarle, VA
Veilleux, Ben, SR, Clarke County, VA

Carnes, Jackson , JR, St. Xavier, Louisville , KY
Dadds, Alex , SR, Trinity, Louisville, KY
Eaton, Ryan , JR, Greenwood, Bowling Green, KY
Eden, Stacy, JR, Shelby County, Shelbyville, KY
Hancock, Brian , SR, Trinity, Louisville, KY

House, Justin , SO, Apollo, Owensboro, KY
Law, Jacob, SR, South Oldham, Crestwood, KY
Maglasang, James, SO, St. Mary, Paducah, KY
Mize, Steve , SR, Male, Louisville, KY
Taylor, Landon, SR, Daviess County, Owensboro, KY

Beckett, Trey, SR, Cabell Midland, Ona, WV
Caldwell, David, SR, South Charleston, Charleston, WV
Hampshire, Cory, SR, Jefferson, Shenandoah Jct., WV
Pelliccione, Cody, SO, Morgantown, Morgantown, WV
Roach, Lenny, SR, Berkeley Springs, Berkeley, WV

Andrew, Palmer, JR, Walt Whitman, Bethesda, MD
Graham, Bazell, SR, Atholton, Columbia, MD
Kyle, Balderson, SR, Sherwood, Sandy Spring, MD
Sean, King, SR, Winston Churchill, Potomac, MD
Solomon, Haile, SR, Sherwood, Sandy Spring, MD
Wayne, Bartholomew, SR, Quince Orchard, N. Potomac, MD

Frantom, Spencer, JR, Morristown-West, TN
Lord, Brandon, JR, Baylor, TN
Mahaney, Brandon, SR, Macon County, TN
Matthews, Bill, Jr, Baylor, TN
Sonnerfeldt, Matt, SR, Knoxville West, TN

Boys Midwest

(IL, IN, MI, MO, OH)

- | | |
|--------------------------------|---|
| 1.Naperville No (IL) [1] | Wins DuPage Valley Conf with 20 points |
| 2.Neuqua Valley (IL) [2] | Wins Upstate 8 Conf by 16 over St. Charles North w/o injured #2 man |
| 3.York (IL) [3] | Wins West Suburban Conf with 5 in top 11 |
| 4.Geneva (IL) [4] | Wins Western Sun Conf with perfect 15 |
| 5.Carmel (IN) [6] | Wins Brebeuf Jesuit Regional by 26 over Fishers |
| 6.St. Louis Univ (MO) [5] | Holds out varsity at Borgia Inv |
| 7.Lee's Summit West (MO) [7] | No major meet, district meet Sat |
| 8.Pioneer (MI) [8] | No major meet, regional on Sat |
| 9.Mason (OH) [9] | Wins district meet with 5 in top 10 |
| 10.Ft. Wayne Carroll (IN) [10] | Wins West Noble Regional taking 5 of top 12 |

Bubble teams alphabetically: Bay City Western (MI), Centerville (OH), College Hts Christian (MO), Fishers (IN), Heritage (MI), Kickapoo (MO), Lake Orion (MI), Lee's Summit No (MO), Liberty (MO), Lyons Township (IL), McCutcheon (IN), Medina (OH), Moline (IL), North Central (IN), Palatine (IL), Parkway West (MO), Reynoldsburg (OH), Saline (MI), St. Ignatius (OH), St. John Jesuit (OH), West Plains (MO)

Midwest Boys to Watch

Byrne, Tyler, 11, North Harrison, Ramsey, IN

Holahan, Joe, 12, Bloomington North, Bloomington, IN
Jordan, Michael, 12, Pike high school, Indianapolis, IN
Osburn, David, 11, Chesterton, Chesterton, IN
Shields, Drew, 12, Fishers, Fishers, IN
Shields, Alex, 12, Fishers, Fishers, IN
Sorenson, Dylan, 12, Zionsville, Zionsville, IN
Zeinasellassie, Futsom, 9, North Central, Indianapolis, IN

Composto, Nico, Jr., Loyola, Chicago, IL
Farleigh, Phil, Jr., Cary-Grove, IL
Gibson, Kyle, Sr, Naperville North, IL
Hebert, Jordan, Sr., Elmhurst, IL
Lesiewicz, Jr., Schaumburg, IL
Manfrin, Anthony, So., Dundee-Crown, IL
Nelson, Andrew, Sr., Gurnee, IL
Pawola, Dan, Sr., Naperville, Neuqua Valley, IL
Sulkin, Steve, Sr., Elmhurst, York, IL
Verzbicas, Lukas, Fr., Lincoln Way Central, New Lenox, IL
Zach Dahleen, Sr., Sandburg, Orland Park, IL

Adams, Tecumseh, SR, Harbor Springs, MI
Borchard, Travis, SR, Saginaw, MI
Culbertson, Dan, SR Ann Arbor, MI
Lewis, Paul, JR, Albion, MI
Miller, Ben, SR, Warren, MI
Murphy, Michael, SR, Birmingham, MI
Oblinger, Kevin, SR, Mount Pleasant, MI
Stacks, Kyle, JR Concord, MI
Valade, Tommy, JR Bedford, MI
Walker, Stephen, SR, Midland, MI

Callahan, Connor, SR Creve Coeur, MO
Colon, Kevin, JR Lee's Summit, MO
Estlund, Matt, SR, St. Louis, MO
Happe, Nick, SR St. Charles, MO
Korolev, Maksim, JR Harrisonville, MO
Niggeman, Nick, SR Potosi, MO
Palomino, Philip, SR., West Plainses , West Plainses, MO
Saylor, Stephen, SR. Raytown south, Raytown, MO
Storms, Max, SR Kansas City, MO
Swearingen, Jacob, SR Potosi, MO
Thater, Danny, JR Kickapoo, MO

Coolidge, Marty, Elyria Catholic, Elyria, OH
Edmonds, Stuart, Twinsburg, OH
Hawes, Travis, LaSalle, OH

Roberts, Shawn, Centerville, OH
Roys, Donny, Medina, OH
Wieferich, Mark, Marietta, OH
Wills, Zach, Mason, OH
Yarnell, Kevin, Toledo, OH

Boys Heartland

(IA, KS, MN, NE, ND, SD, WI)

- | | |
|---------------------------------|---|
| 1. Bismarck (ND) [1] | No major meet, state meet Sat at Jamestown |
| 2. Wayzata (MN) [2] | No major meet, sectional on Wed |
| 3. Eden Prairie (MN) [3] | Wins Shakopee Inv by 44 points |
| 4. Stevens Point (WI) [4] | Sweeps top 5 spots in Wisc Valley Conf |
| 5. Madison West (WI) [5] | Wins Big 8 Conf by 16 over La Follette |
| 6. Edina (MN) [6] | Runs J.V. at Shakopee meet |
| 7. Madison-La Follette (WI) [7] | 2 nd to West in conf meet |
| 8. Mulvane (KS) [8] | Takes 5 of top 6 in league champs |
| 9. Iowa City High (IA) [9] | Wins MVC Mississippi Divisional taking 5 of top 9 |
| 10. Yankton (SD) [10] | No major meet, state meet Sat at Huron |

Bubble teams alphabetically: Aquinas (KS), Cedar Rapids Prairie (IA), Cedar Rapids Washington (IA), Fremont (NE), Lawrence (KS), Lincoln Pius X (NE), Kearney (NE), Manhattan (KS), Millard West (NE), Moorhead (MN), Shawnee Mission NW (KS), Shorewood (WI), Stillwater (MN), Valley (IA), White Bear Lake (MN)

Heartland Boys to Watch

Canady, Frank, Canady, JR, Iowa City West, Iowa City, IA
Cheney, Sam, Cheney, JR, Columbus, Columbus, IA
Kak, Omet, Kak, SR, DM North, Des Moines, IA
Manirumva, Lewi, Manirumva, SR, CR Washington, Cedar Rapids, IA
Moyer, Marshall, Moyer, SO, Burlington, Burlington, IA
O'Brien, Austin, O'Brien, JR, Pleasant Valley, Bettendorf, IA
Rich, Tyler, Rich, SR, Waukee, Waukee, IA
Selsor, Evan, Selsor, SO, Winterset, Winterset, IA
Thien, Eric, Thien, SR, Tipton, Tipton, IA
Young, Nick, Young, SR, Bettendorf, Bettendorf, IA

Aden, Grant, SR, Syracuse, Syracuse, NE
Anderson, Marshall, FR, Papillion-La Vista HS, La Vista, NE
Blake, Daniel, JR, Lincoln Pius X, Lincoln, NE
Heng, Jerran, JR, Norfolk Catholic, Norfolk, NE
Holcomb, Matt, JR., Ralston, Ralston, NE
Hunt, Mitch, SR, Fremont HS, Fremont, NE
Ibarra, Franklin, FR., Lexington, Lexington, NE
O'Keefe, Jim, SR, Hastings St. Cecilia, Hastings,
Prater, David, SR., Kearney, Kearney, NE
Schoen, Parker, JR, Lincoln Southwest, Lincoln, NE

Ailts, Jared, SR, Yankton HS, Yankton, SD
Arechigo, Jake, SR, Roosevelt HS, Sioux Falls, SD
Brenner, Travis, JR, Yankton HS, Yankton, SD
Coates, Riley, SO, Stevens HS, Rapid City, SD
Coy, Andy, SR, Hill City HS, Hill City, SD
Espeland, Alec, SR, Pierre HS, Pierre, SD
Heitkamp, Josh, JR, Washington HS, Sioux Falls, SD
Henderson, Shaun, SR, Huron HS, Huron, SD
Muntefering, Alex, SR, Parkston HS, Parkston, SD
Wilson, Josh, SR, Central HS, Aberdeen, SD

Akon, Mach, Sr, Fargo North, Fargo, ND
Brown Otter, Christian, Jr, Bismarck High, Bismarck, ND
Grinnell, Jeremy, Sr, New Town, New Town, ND
Grinnell, Justin, Sr, New Town, New Town, ND
Huizenga, Devin, Sr, Bismarck High, Bismarck, ND
Kelly, Brett, Jr, Bismarck Century, Bismarck, ND
Many Ribs, Justin , Jr, Parshall, Parshall, ND
Nuss, Josh, Sr., Bismarck, Bismarck, ND
Osoro, Joash, Sr, Bismarck High, Bismarck, ND
Slusser, Jordan , Sr, Jamestown, Jamestown, ND

Agnew, Spencer, Sr., Fort Atkinson H.S., Fort Atkinson, WI
Brice, Michael, Sr., Kaukauna H.S., Kaukauna, WI
Brill, Alex, Sr., La Follette, Madison, WI
Dugan, Matt, Sr., West, Waukesha, WI
Hatton, Nate, Sr., Stevens Point, Stevens Point, WI
Kelly, Brett, Sr., West H.S., Madison, WI
Paulson, Marcus, Jr., Hamilton H.S., Sussex, WI
Simons, John, Sr., Arrowhead H.S., Hartland, WI
Storkel, Derek, Sr., Tomah H.S., Tomah, WI
Wylie, John, Sr., North H.S., Oshkosh, WI

Drenckhahn, Jeremy, Drenckhahn, Sr, Wayzata, Plymouth, MN
Gemar, Lucas, Gemar, Sr ., Moorhead, Moorhead , MN
Hassan, Mahad, Hassan, Sr, Willmar, Willmar, MN
Holt, John, Holt, Sr, Roseville, Roseville, MN
Kebede, Robel, Kebede, Sr, Mpls South, Minneapolis, MN
Lindaas, Jakob , Lindaas, Sr., Moorhead, Moorhead, MN
Mellon, Zack, Mellon, Sr, Buffalo, Buffalo, MN
Shannon- Tamrat, Besufekad , Sr, Hopkins, Hopkins, MN
Truedon, Erik, Truedon, Sr., Bemidji, Bemidji, MN
Zivec, Jucub, Zivec, 12, Grand Rapids, Grand Rapids, MN

Barrientez, Brayden Campus HS, Wichita, KS
Greer, PJ Aquinas HS, Overland Park, KS

Hanson, Kyle Aquinas HS, Overland Park, KS
Loring, Mitch Gardner-Edgerton HS, Gardner KS
Morgan, Jacob Washburn Rural HS, Topeka, KS
Porter, Adam McPherson HS, McPherson, KS
Sloniker, Nathan SM North HS, Overland Park, KS
Sprauge, Cameron Hutchinson HS, Hutchinson, KS
Weiss, Tony Baldwin HS, Baldwin, KS
Wedge, Roy, Lawrence HS, Lawrence, KS

Boys Southwest

(AZ, CO, NV, NM, UT, WY)

- | | |
|-------------------------------|--|
| 1. Albuquerque Acad (NM) [1] | Rests varsity at Rio Rancho Inv |
| 2. Los Alamos (NM) [2] | No major meet, home invite on Friday |
| 3. American Fork (UT) [4] | No major meet, state meet this Wed in Salt Lake City |
| 4. Timpview (UT) [5] | No major meet, state meet this Wed |
| 5. Cibola (NM) [8] | Runs best race of season for decisive victory in Rio Rancho Jamboree |
| 6. Alta (UT) [6] | No major meet, state meet this Wed |
| 7. Rio Rico (AZ) [7] | Wins Old Pueblo Inv by over 5 minutes on desert course |
| 8. Eldorado (NM) [3] | 2 nd at Rio Rancho meet as big gap comes to roost |
| 9. Mingus (AZ) [9] | No major meet |
| 10. Shadow Mountain (AZ) [10] | No major meet |

Bubble teams alphabetically: Carson (NV), Chavez (AZ), Cherry Creek (CO), Coronado (CO), Dakota Ridge (CO), Davis (UT), Desert Vista (AZ), Fairview (CO), Falcon (CO), Galena (NV), Loveland (CO), Mesa Mtn. View (AZ), Palmer (CO), Rampart (CO), Regis (CO), Reno (NV), Sandia (NM), Timpanogos ((UT), Wheat Ridge (CO)

Southwest Boys to Watch

Freriks, Tim , sr, Cottonwood, AZ
Gonzales, Humberto, Sr, Phoenix, AZ
Hart, Sherod , Jr, Queen Creek, AZ
Hernandez, Omar, Sr, Rio Rico, AZ
Martinez, Jorge , So, Phoenix, AZ
Munoz, Jose Luis, Jr, Rio Rico, AZ
Orman, Billy , So, Tuba City, AZ
Shrader, Brian, Jr, Flagstaff, AZ
Smith, Cody, Sr, Phoenix, AZ
Tellez, Alberto , Jr., Phoenix, AZ
Yazzie, Ryan, Jr. Tuba City, AZ

Appel, Evan, 12, Dakota Ridge, Littleton, CO
DeMoor, Joe, 12, Buena Vista, Buena Vista, CO
Johnson, Levin, 12, Buena Vista, Buena Vista, CO
Manilafasha, Joe , 12, Denver North, Denver, CO
Nicolls, Bobby , 12 , Regis, Aurora, CO
Rickman, Wes , 12, Falcon, Falcon, CO
Roberts, Andrew , 12, Lyons, Lyons, CO
Schafer, Walter, 11, Cherry Creek, Greenwood Village, CO
Schwaderer, Dart, 12, Wheat Ridge, Wheat Ridge, CO

Gilna, Gareth, SR, Los Alamos, Los Alamos, NM
Jim, Donovan, SR, Gallup, Gallup, NM
Meyer, Christian, JR, Sandia, Albuquerque, NM
Montoya, Chris, JR, Cibola, Albuquerque, NM
Montoya, Vincent, JR, Cibola, Albuquerque, NM
Palmer, Bryce, SR, Eldorado, Albuquerque, NM
Palmer, Kevin, SR, Eldorado, Albuquerque, NM
Pittman, Kyle, JR, Los Alamos, Los Alamos, NM
Ruybalid, Jonah, SR, Los Lunas, Los Lunas, NM
Walthal, Dustin, SR, Thoreau, Thoreau, NM

Galen, Al, JR, Liberty, Henderson, NV
Jordan, Bryan, SO, Galena, Reno, NV
Karbownczek, Sebastian, JR, Palo Verde, Las Vegas, NV
Mahar, Sam , JR, ShadowRidge, Las Vegas, NV
Meddles, Wade , JR, Sierra Lutheran, Minden, NV
Nied, Brandon, SR, Reno, Reno, NV
Rowe, Mike , SR, Bishop Manogue, Reno, NV
Shroy, Richard, JR, Carson, Carson City, NV
Tibaduiza, Bryan , SR, Galena, Reno, NV
Williams, Nathan, JR, Centennial, Las Vegas, NV

HerManyHorses, Caleb, Jr., Wyoming Indian HS, Ethete, WY
Honhholt, Hayden, Sr, Saratoga High, Rock Springs, WY
Hueckstaedt, Todd, Sr, Rock Springs High, Rock Springs, WY
Rathburn, Devin, SR, Central High, Cheyenne, WY
Robinson, Dominick, SR, Campbell Co., Gillette, WY
Zans, Garrett, JR, Rock Springs High, Rock Springs, WY

Jones, Elijah, Sr, Wasatch Academy, UT
Lynch, Jason, Sr, Hillcrest, Midvale, UT
Morin, Steve, Sr, Lone Peak, Orem, UT
Nelsen, Jonathon, Sr, Timpview, Orem, UT
Wilcock, Karl, Sr, Hurricane, Hurricane, UT

Boys Northwest

(AK, HI, ID, MT, OR, WA)

- | | |
|--------------------------|--|
| 1.North Central (WA) [1] | No major meet, Greater Spokane League this Wed |
| 2.Jesuit (OR) [2] | No major meet, league champs this Wed |
| 3.Henry Jackson (WA) [3] | No major meet |
| 4.Crater (OR) [4] | No major meet |
| 5.Mead (WA) [5] | No major meet |
| 6.Seattle Prep (WA) [6] | No major meet |
| 7.Lindbergh (WA) [7] | Wins Seattle City meet |
| 8.Burlington-Edison [8] | Sweeps top 5 spots at Skagit County meet |
| 9.Gig Harbor (WA) [9] | No major meet |
| 10.Twin Falls (ID) [10] | No major meet |

Bubble teams alphabetically: Boise (ID), Bozeman (MT), Campbell County (WY), Hidden Valley (OR), Highland (ID), Iolani (HI), Kodiak (AK), Mountain View (ID), Sehome (WA), Skyline (OR), Tahoma (WA), Tigard (OR)

Northwest Boys to Watch

Elliott, Zach, SR, Crater HS, Central Point, OR
Elliott, Josh, JR, Crater HS, Central Point, OR
Kirtner, Sammy, SR, South Eugene HS, Eugene, OR
Kasler, Connor, SR, Hidden Valley HS, Grants Pass, OR
Costin, Tim, SR, Springfield HS, OR
Oliver, Kevin, SR, Tualatin HS, Tualatin, OR
Myers, Erik, SR, Westview HS, Beaverton, OR
Jantzer, Elliott, SR, Phoenix HS, Phoenix, OR
Greer, Elijah, SR, Lake Oswego HS, Lake Oswego, OR

Aiden Irish, SR – Redmond HS – Redmond WA
Andrew Gonzales – SR – Southridge HS – Kennewick WA
Julian-Blake Cowan – SR – Auburn Riverside HS – Auburn WA
Kevin Rosaaen – SR – Wilson HS – Tacoma WA
Mack Young – JR – Redmond HS – Redmond WA
Michael Miller – SR – Mt Rainier HS – Renton WA
Quinton Decker – SR – Pt Townsend HS – Pt Townsend WA
Shane Moskowitz – JR – Central Kitsap HS – Silverdale WA
Simon Sorenson – SR – Skyline HS – Issaquah WA

Ethan Shrader, Butte High School, Butte, MT
Jordan Schlender, Bozeman High School, Bozeman, MT
Josh Kornish, Sentinel High School, Missoula, MT
Leif Castren, Flathead High School, Kalispell, MT
Luke Montgomery, Billings West High School, Billings, MT
Matt Stout, Darby High School, Darby, MT
Mike Asay, Manhattan High School, Manhattan, MT
Ryan Ketterling, Joliet High School, Joliet, MT
Tony Hopf, Skyview High School, Billings, MT

Bryce Jenkins, SR, Leilehua, HI
Eric Pak, JR, Castle, HI
Jake Shiraki, SR, Honokaa, HI
Margarito Martinez, SO, Leilehua, HI
Mark Turner, SR, Hilo, HI
Matthew Nakamoto, SR, Hawaii Baptist Academy, HI
Miura Tomoyuki, SR, Roosevelt, HI
Reid Hunter, SR, King Kekaulike , HI
Shannon Cosey, Leilehua, HI
Tyler Mulloy, JR, Iolani, HI

Anthony, Dylan, Jr, Kodiak, Kodiak, Ak
Dunbar, Trevor, Sr, Kodiak, Kodiak , Ak
Fletcher, Aaron, Sr, South, Anchorage, Ak
Hoefler, Werner, Sr, West Valley, Fairbanks, Ak
Kirk, Jacob, Sr, Grace Christian, Anchorage, Ak
Lane, Jani , Soph, Service, Anchorage, Ak
Mangelsdorf, Wylie, soph, Palmer, Palmer, Ak
Salus, Sam, Sr, Kodiak, Kodiak, Ak
Talbot, Silas, Soph, Service, Anchorage, Ak

Bean, Taylor, SR, Burley, Burley, Id
Bollinger, Tommy, SR, Highland, Pocatell, Id
Fillmore, David, SR, Burley, Burley, Id
Fitzpatrick, Eric , JR, Boise, Boise, Id
Helbling, Cody, JR, Lake City, Coeur d' Alele, Id
Kunz, Austin , JR, Idaho Falls, Idaho Falls, Id
Lunstrum, Lars, SR, Columbia, Eagle/Boise, Id
Montgomery, Greg, SR, Boise, Boise, Id
Portela, Caden , SO, Firth, Firth, Id
Watson, Barak , SR, Columbia, Eagle/Boise, Id

Boys California

1.Buchanan [1]	Sits out top runners placing 2 nd at Roughrider Inv
2.Dana Hills [3] miles	Wins Orange County Champs by 55 points with 15:06 avge for 3
3.Loyola-L.A. [2]	No major meet
4.Vista Murrieta [4]	Takes 5 of top 8 in Cluster League victory
5.Thousand Oaks [5]	No major meet
6.Arcadia [6]	Wins Santa Clarita Valley Inv
7.Mountain View [7]	Rests top runners while taking 4 th at Mariner Inv
8.Petaluma [9]	Takes 2 nd at Mariner Inv with key scorers resting
9.Rancho Cucamonga [10]	No major meet
10.Foothill-Santa Ana [BT]	2 nd to Dana Hills at Orange County with 15:29 3M avge

Cut: Trabuco Hills [8]

Bubble teams alphabetically: Barstow, Campolindo, Corona, Davis, Del Campo, El Rancho, El Toro, Granada, Jesuit, Long Beach Poly, North Torrence, Oak Ridge, Paloma Valley, Palos Verdes, Patrick Henry, Redondo Union, Saugus, St. John Bosco, Trabuco Hills, Upland, Valencia

California Boys to Watch

Cameron, James , 12, Mission Viejo, Mission Viejo, CA
Fleet, Mac, 12, University City, San Diego, CA
Gedyon, Elias, 10, Loyola, Los Angeles, CA
Haworth, Chris, 12, Kennedy, Sacramento, CA
Jarvis, Collin, 12, Rancho Buena Vista, Vista, CA
Landrum, Wyatt, 12, Liberty, Brentwood, CA
Lema, Nohe, 12, Willow Glen, San Jose, CA
McElroy, Matt, 11, Edison, Hunt. Beach, CA
Myjer, Ian, 12, Mountain View, Mountain View, CA
Nelson, Alec, 11, Saugus, Santa Clarita, CA
Ngula, Emmanuel, 12, Vista Del Lago, Moreno Valley, CA
Reed, Tyler, 12, Ayala, Chino Hills, CA
Rowe, Garrett, 11, Mountain View, Mountain View, CA
Sanchez, Jonathan, 12, Buchanan, Clovis, CA
Schmidt, Cody, 12, Redondo Union, Redondo Beach, CA
Schwartz, Chris, 12, Foothill, Bakersfield, CA
Seawell, Garrett, 12, Woodcreek, Roseville, CA
Torres, Zack , 12, Crescenta Valley, La Crescenta , CA
Valdes, Tyler, 12, Dana Hills, Dana Point, CA
Villalva, Toby, 12, El Toro, Lake Forest, CA
Wooff, Heyden, 10, Camarillo, Camarillo, CA
Wooff, Heyden, 10, Camarillo, Camarillo, CA

GIRLS

Girls New York

1.Fayetteville-Manlius [1]	No major meet, week after winning Manhattan Girls Easterns
2.Queensbury [2]	No major meet
3.Burnt Hills-Ballston Lake [3]	No major meet
4.Saratoga Springs [4]	No major meet
5.Shenendehowa [5]	No major meet
6.East Aurora [6]	No major meet
7.Pearl River [8]	Wins Section 1 Coaches Div II running 2-through-5
8.Northport [NR]	2 nd at Brown U Inv, 2 points ahead of North Shore
9.North Shore [9]	3 rd at Brown meet
10.Cornwall [BT]	Defeats Arlington by 1 point in Section 1 Coaches Div I

Cut: Arlington [7], St. John the Baptist [10]

Bubble teams alphabetically: Arlington, Bay Shore, Bronxville, Canandaigua, Cicero-No. Syracuse, Cornwall, Greenwich, Liverpool, Lourdes, Maine-Endwell, Monroe-Woodbury, Newark Valley, North

Rockland, Pittsford-Mendon, St. John the Baptist, Suffern, Ward Melville, Warwick Valley, West Genesee, West Seneca West

New York Girls To Watch

Carter, Mackenzie, JR, Fayetteville Manlius
Cawley, Erin, SR, Newark Valley
Courtney Chapman, JR, Fayetteville Manlius
Cuffee, Aisling, SO, Cornwall
Goutos, Cassie JR, Saratoga
Greany, Shelby, SR, Suffern
Gregory, Meghan, SR, Burnt Hills
Griebsland, Lillian, JR, Warwick
Lasnicki, Allison JR, Canastota
Lipari, Emily, JR, Roslyn

Girls Northeast

(CT, ME, MA, NH, NJ, PA, RI, VT)

1. Lincoln-Sudbury (MA) [1] Wins Brown U Inv by 44 points with 18:15 5k avge on fast course
2. Newton South (MA) [2] Takes 4 of top 6 at Catholic Mem Inv w/o full team because of senior tests
3. Glastonbury (CT) [3] Sweeps 5 of top 6 at CCC West Conf meet
4. Emmaus (PA) [4] Wins Lehigh Valley Conf by 17 over Liberty
5. North Penn (PA) [5] Wins SOL American Conf by 54 over Council Rock North
6. Hanover (NH) [6] No major meet, state class meet on Saturday in Manchester
7. Haverhill (MA) [8] Wins Catholic Mem Inv by 71 points at Boston's Franklin Park
8. Haddonfield (NJ) [7] No major meet
9. Cumberland Valley (PA) [9] No major meet, district meet this Wed
10. Greater Latrobe (PA) [BT] Wins Tri-States Coaches meet by 64 on Slippery Rock U course

Cut: Voorhees (NJ) [10]

Bubble teams alphabetically: Barrington (RI), Bishop Guertin (NH), Champlain Valley (VT), Coe-Brown (NH), Colts Neck (NJ), Council Rock No (PA), Coventry (RI), Guilford (CT), Hillsborough (NJ), Immaculate Heart (NJ), La Salle (RI), Lewisburg (PA), Liberty (PA), Manchester Central (NH), Norwich Free (CT), Oyster River (NH), Phillips Andover (MA), Ridge (NJ), Ridgefield (CT), State College (PA), St. Johnsbury (VT), Toms River No (NJ), Voorhees (NJ), Wilton (CT)

Northeast Girls to Watch

Beaudette, Stephanie, JR, Bay View HS, East Providence, RI
Carmone, Erin, SR, East Providence HS, East Providence, RI
Christensen, Jean, SR, LaSalle Academy, Providence, RI
Colella, Arianna, SO, Cranston West HS, Cranston, RI
DeQuattro, Alyssa, JR, Cranston West HS, Cranston, RI
Jones, Abigail, SO, Barrington HS, Barrington, RI
Lima, Victoria, SR., Westerly, Westerly, RI

Nelson, Hope, JR, South Kingston HS, South Kingston, RI
Riley, Jenna, JR, Coventry HS, Coventry, RI
Siskind, Emily, JR, Barrington HS, Barrington, RI
Stasiuk, Allie, SR, North Kingston HS, North Kingston, RI

Dahlburg, Bridget, SR, Newton South, Newton, MA
Davidner, Jenna, JR, Oliver – Ames, Easton, MA
Hylton, Ellie, SR., Lincoln-Sudbury, Lincoln, MA
Jones, Emily, SR, Bromfield, Harvard, MA
Karys, Kelsey, SR, Newton South, Newton, MA
Kasper, Kristen, SR, North Andover, North Andover, MA
Keklak, Andrea, SO, Lincoln-Sudbury, Sudbury, MA
Lanois, Emily, SR, Hamilton - Wenham, MA
Solimine, Julie, SO., Haverhill, Haverhill, MA
Thomas, Jen, JR, Bishop Feehan, Attleboro, MA
Veit, Kristen, SR, Holyoke Catholic, Holyoke, MA

Corso, Isabella, Ridgefield, CT
Cotton, Sarah, Daniel Hand, CT
Crevoiserat, Linsay, Glastonbury, CT
Hunter, Cassy, NFA, CT
Kalbian, Irene, Cheshire, CT
Kenny, Moira, Immaculate, CT
Malloy, Kristen, Glastonbury, CT
Nicholas, Jackie, Nonnewaug, CT
Sara, Lauren, Bunnell, CT
Smith, Claire, Avon, CT

Buck, Clare, SR, Hopewell Valley, Hopewell, NJ
Hall, Marielle, JR, Haddonfield, Haddonfield, NJ
Jackucewicz, Briana, SR, Colts Neck, Colts Neck, NJ
Kellner, Katie, SR, West Windsor Plainsboro South, Princeton Junction, NJ
Ley, Chelsea, JR, Kingsway, Woolwich Township, NJ
Mark, Julia, SR, Delaware Valley, Frenchtown, NJ
Pagano, Sarah, SR, Immaculate Heart Academy, Washington Twp, NJ
Prentice, Jill, JR, Montgomery, Skillman, NJ
Smith, Jill, SR, Southern Regional, Manahawkin, NJ
Thompson, Melanie, SR, Vorhees, Glen Gardner, NJ
Vigilante, Laura, JR, Mendham, Mendham, NJ

Bulger, Molly , JR, Keene HS, Keene, NH
Caldwell, Heidi , JR, Hanover HS, Hanover, NH
Christiansen, Jacy , SO, Mascenic Regional, New Ipswich, NH
Emerson, Connie , JR, Hanover HS, Hanover, NH
Lai, Peggy , JR, Milford HS, Milford, NH
Rodriguez, Grace , SR, Hanover HS, Hanover, NH

Schneider, Rachel , SR, St. Thomas HS, Dover, NH
Shonbeck, Christina , JR, Con-Val Regional, Peterborough, NH
Smith, Kelsey , SO, Exeter HS, Exeter, NH
Tevnan, Brianna , SO, Merrimack Valley HS, Penacook, NH
Twombly, Anne , JR, Exeter HS, Exeter, NH
Vailas, Arianna , JR, Central HS, Manchester, NH

Anderson, Emily, FR, Middlebury, Middlebury, VT
Christian, Maddy, SR, CVU, Hinesburg, VT
Evans, Chelsea, SO, U-32, Montpelier, VT
Frisbie, Danika, SR, CVU, Hinesburg, VT
Gray, Haley, SR, St. Johnsbury, St. Johnsbury, VT
Guthrie, Anna, SR, Essex, Essex Jct. VT
Hulburd, Emma, SR, Rice, Burlington, VT
McFadden, Nora, SO, CVU, Hinesburg, VT
Rowe, Hannah, JR, St. Johnsbury, St. Johnsbury, VT

Anderson, Leigha, So, Cumberland Valley, Mechanicsburg, PA
Balouris, Elaina, Jr, Hampton, Allison Park, PA
Bower, Natalie, Sr, Greater Latrobe, Latrobe, PA
Cygan, Jess, So, Liberty, Bethlehem, PA
Diacont, Margaret, Sr, Nazareth, Nazareth, PA
Faust, Amanda, Jr, Emmaus, Emmaus, PA
Gigliotti, Jenna, Jr, Norwin, N.Huntingdon, PA
Gorman, Katie , Sr, Plymouth-Whitemarsh, Conshohocken, PA
Graybill, Lindsey, Sr, Emmaus, Emmaus, PA
Jenkins, Jordan, Sr, New Oxford, New Oxford, PA
Kovach, Leslie, Sr, Norwin, N.Huntingdon, PA
Martin, Emily, Jr, Garden Spot, New Holland, PA
Rheiner, Lindsay, So, Council Rock North, Newtown, PA
Simpson, Elizabeth , Jr, Boyertown, Boyertown, PA
Sumney, Chelsea, Sr, Trinity, Camp Hill, PA
Zarger, Lauren , Sr, Harbor Creek, Harborcreek, PA
Ziemian, Sophia, Sr, Lewisburg, Lewisburg, PA

Girls South

(AR, LA, MS, OK, TX)

- | | |
|------------------------------|--|
| 1.The Woodlands (TX) [1] | No major meet |
| 2.Kingwood (TX) [2] | Wins Klein Oak Inv taking 3 rd -through-9 th |
| 3.Kingwood Park (TX) [5] | Decisive win over Cinco Ranch in Sam Houston State Inv |
| 4.Cinco Ranch (TX) [3] | 2 nd to Kingwood Park in Sam Houston meet |
| 5.Plano West (TX) [10] | 2 nd to Mtn. Brook (AL) at Chile Pepper (AR), 34 pts ahead of Carroll |
| 6.Southlake Carroll (TX) [4] | 3 rd at Chile Pepper meet |
| 7.Vista Ridge (TX) [6] | No major meet |
| 8.A&M Consolidated (TX) [7] | No major meet |

9.College Park (TX) [8]

Runs Klein Oak Inv A race

10.Clear Lake (TX) [9]

Wins Strake Jesuit Crusader Inv by 56 points

Bubble teams alphabetically: Belton (TX), Bentonville (AR), Coppell (TX), Edmond No (OK), Flower Mound (TX), Hereford (TX), Jenks (OK), Lafayette (LA), Marcus (TX), Plainview (OK), St. Joseph's (LA), Westmoore (OK)

South Girls to Watch

Blubaugh, Rebecca, 11, Airline, Bossier City, LA
Cali, Malia, 11, St Thomas Aquinas, Hammond, LA
Deeble, Amy, 11, Fontainebleau, Mandeville, LA
Fitzhenry, Heather, 12, Our Lady, Marrero, LA
Flattmann, Kaitlin, 10, Benton, Benton, LA
Laborde, Angela, 11, St Scholastica, Covington, LA
Manuel, Elizabeth, 9, Mandeville, Mandeville, LA
Murphy, Danielle, 10, St. Thomas Moore, Lafayette, LA
Passman, Morgan, 10, Mt Carmel, New Orleans, LA
Terhaar, Abby, 10, Episcopal, Baton Route, LA

Ashcraft, Casady, 12, Seminole, Seminole, OK
Barnes, Paige, 9, Union, Tulsa, OK
Cherry, Katelin, 12, Westmoore, Oklahoma City, OK
Daggett, Sarah, 10, Union, Tulsa, OK
Davis, Jori, 11, Piedmont, Piedmont, OK
Edwards, Roman, 9, Deer Creek, Edmond, OK
Guthrie, Bri, 9, McGuinness, Oklahoma City, OK
Lewis, Andrea, 12, Bishop Kelley, Tulsa, OK
Luper, Kevi, 12, Adair, Adair, OK
Moore, Kelsey, 11, Madill, Madill, OK

Bloom, MacKenzie, 12, Bentonville, Bentonville, AR
Canady, Tai, 12, Morrilton, Morrilton, AR
Dalton, Katie, 12, Bentonville, Bentonville, AR
David, Dani, 10, Heritage, Rogers, AR
Efurd, Courtney, 12, Rogers, Rogers, AR
Heymsfield, Grace, 11, Elkins, Elkins, AR
Meinzer, Natalie, 9, Batesville, Batesville, AR
Miess, Ashley, 12, Pulaski Academy, Little Rock, AR
Sanz, Elenna, 11, Bentonville, Bentonville, AR
Setzler, Erika, 11, Conway, Conway, AR

Bodin, Emily, 9, St Patrick, Biloxi, MS
Bodin, Katie, 9, St Patrick, Biloxi, MS
Brown, Haley, 11, Pearl, Pearl, MS
Holman, Catherine, 10, Tupelo, Tupelo, MS
Hunt, Kaleigh, 10, Pearl, Pearl, MS
McFerrin, Maggie, 12, Tupelo, Tupelo, MS

McGee, Cory, 11, Pass Christian, Pass Christian, MS
Page, Haley, 8, Tupelo, Tupelo, MS
Steinman, Kat, 10, Tupelo, Tupelo, MS
Will, Kaitlin, 12, Corinth, Corinth, MS

Andrews, Sarah, 11, Woodlands, The Woodlands, TX
Belvis, Bailey, 12, Prosper, Prosper, TX
Flores, Ashley, 11, Haltom, Haltom City, TX
Harris, Colbea, 11, Argyle, Argyle, TX
Isham, Ashley, 11, Vista Ridge, Cedar Park, TX
Kitts, Carly, 10, Midlothian, Midlothian, TX
Nielson, Aly, 10, Heritage, Colleyville, TX
Russell, Amanda, 11, Vista Ridge, Cedar Park, TX
Smith, Lauren, 12, Brazoswood, Clute, TX
Sveinsson, Chelsey, 10, Greenhill, Addison, TX
Terry, Tricia, 12, Memorial, McAllen, TX
Tindell, Regan, 11, Belton, Belton, TX
Upshaw, Tara, 12, Carroll, Southlake, TX

Girls Southeast

(AL, DE, FL, GA, KY, MD, NC, SC, TN, VA, WV)

1. Tatnall (DE) [1] Dominates Bellevue Inv with 18:02 5k avge on fast course
2. Collins Hill (GA) [2] Wins Coach Wood Inv by 59 over state #2 No. Gwinnett
3. Mountain Brook (AL) [3] Wins Chile Pepper (AR) Festival by 32 points over inter-state field
4. Midlothian (VA) [4] No major meet, district meet Thurs
5. Blacksburg (VA) [5] Holds out top runners at Abingdon Inv
6. Jefferson Sci/Tech (VA) [6] Sweeps top 7 spots at Liberty District Festival
7. Oakton (VA) [7] No major meet, district meet Wed
8. Lake Braddock (VA) [9] Wins Patriot Festival, district meet Thurs
9. Community Naples (FL) [BT] Wins Pre-State by 25 over Chiles
10. No. Gwinnett (GA) [10] 2nd to Collins Hill at Coach Wood meet

Cut: Chiles (FL) [8]

Bubble teams alphabetically: Alpharetta (GA), Assumption (KY), Bartram Trail (FL), Bishop O'Connell (VA), Bishop Kenny (FL), Brentsville (VA), Chiles (FL), East Chapel Hill (NC), Green Hope (NC), Hidden Valley (VA), Hurricane (WV), Myers Park (NC), Oak Ridge (TN), River Hill (MD), Roberson (NC), Roosevelt (MD), Science Hill (TN), University (WV), Western Branch (VA), West Potomac (VA), Wilmington Charter (DE), Winter Park (FL)

Southeast Girls to Watch

Boozer, Leslie, Sr, Mtn Brook, Birmingham, AL
Chitwood, Caitlin, Sr, Scottsboro, Scottsboro, AL
Demedicis, Marie, So, Mtn Brook, Birmingham, AL
Denton, Elsbeth, Sr, Vestavia Hills, Birmingham, AL
Farrar, Mary Catherine, Fr., Mtn. Brook, Birmingham, AL
Harkness, Margaret, Jr, St. Paul's, Mobile, AL

Huston, Katie, Jr, Sparkman, Huntsville, AL
Morgan, Madeline, Sr, Mtn. Brook, Birmingham, AL
Poole, Adriana, Sr, Sparkman, Huntsville, AL
Rickard, Maggie, Jr, Mont. Acad., Montgomery, AL

Brasovan, Ashley, SR, Wellington, Palm Beach, FL
Carpio, Nicole , FR, Westminster, Miami, FL
Fluehr, Kathryn, , SO, Comm. Sch., Naples, FL
Fluehr, Erika, , SO, Comm. Sch, Naples, FL
Hale, Kayla , SR, Holy Trinity, Melbourne, FL
Koziara, Brittany, , SR, Boone, Orlando, FL
Perkins, Mandy, SR, Spruce Creek, Port Orange, FL
Schappert, Stephanie, , SO, Pope John, Boca Raton, FL
Stern, Juliana , SR, Satellite , Satellite Beach, FL
Stolting, Jana, , JR, McClay, Tallahassee, FL
Thomas, Carly , , FR, Chiles, Tallahassee, FL
Will, Lily, , FR, Chiles, Tallahassee, FL

Bottorff, Juliet, SR, Tatnall, Wilmington, DE
Buenaga, Katie, SR, Tatnall, Wilmington, DE
Macedo, Julie, FR, Charter, Wilmington, DE
Pierce, Haley, FR, Tatnall, Wilmington, DE
Smith, Meghan, SR, Padua, Wilmington, DE

Akande, Nicky, JR, Collins Hill, Suwanee, GA
Dimercurio, Nicole, SR, North Gwinnett, Suwanee, GA
Marshall , Sydney, JR, Chattahoochee, , GA
Winslow, Amanda, SR, Collins Hill, Suwanee, GA
Winslow, Vicky, SO, Collins Hill, Suwanee, GA

Baskir, Carolyn, Jr, East Chapel Hill, Chapel Hill, NC
George, Samantha, Fr., Millbrook, Raleigh, NC
Hoer, Laura, Jr, T.C. Roberson, Asheville, NC
Hollingsworth, Chelsea, Jr, North West Guilford, Guilford, NC
Soo, Adrienne, Sr, Durham Academy, Durham, NC
Spano, Kimberly , Sr, North Meck., Charlotte, NC
Williams, Timmons, Jr, Broughton, Raleigh, NC

Blackmon, Quanika, SR, Fort Mill, Fort Mill, SC
Borowicz, Kate, SR, JL Mann, Greenville, SC
Haughey, Sinead, Soph, Daniel, Six Mile, SC
Henderson, Sierra, SR, Ridge View, Columbia, SC
Manesiotis, Sara, Soph, Hilton Head, Hilton Head, SC

Lautzenheiser, Kathleen, JR, Midlothian, Midlothian, VA
Marsico, Megan, JR, Glenvar, Salem, VA

Nobles, Stacey, SR, Ocean Lakes, Va Beach, VA
Wilson, Aneka, JR, The Potomac School, Mc Lean, VA

Brink, Emma , SO, Sacred Heart, Louisville, KY
Frigo, Maria , St. Henry, Erlanger, KY
Gonzales, Gabby, SO, Ryle, Union, KY
Mattingly, Maggie , JR, John Hardin, Elizabethtown, KY
McAtee, Emme , SR, Sacred Heart, Louisville, KY
Miller, Elizabeth, SR, Daviess County, Owensboro, KY
Ostrem, Tenny, SR, Powell County, Stanton, KY
Riedling, Allison, JR, Assumption, Louisville, KY
Snapp, Kaitlin, FR, Danville, Danville, KY

Dent, Alex, JR, Hurricane, Hurricane, WV
Elliott, Ethan, SR, University, Morgantown, WV
Kasprowicz, Ari, SR, Preston, Kingwood, WV
Pettit, Allison, SR, Morgantown, Morgantown, WV
Yeager, Courtney, SR, Wheeling Park, Wheeling, WV

Fikri, Maryam, JR, Winston Churchill, Potomac, MD
Henshaw, Alyssa, SO, Northwest, Germantown, MD
Johnson, Amirah, SO, Eleanor Roosevelt, Greenbelt, MD
Moores, Aimee, SR, Quince Orchard, N. Potomac, MD
Rivers, Teshika, SR, Eleanor Roosevelt, Greenbelt, MD
Ryba, Anna, SR, Walt Whitman, Bethesda, MD

Kroeger, Kathy , SR, Independence, TN
Nobert, Kacey, SO, St. Agnes, TN
Scaf, Allie, SR, Science Hill, TN

Boozer, Leslie, Sr, Mtn Brook, Birmingham, AL
Chitwood, Caitlin, Sr, Scottsboro, Scottsboro, AL
Demedice, Marie, So, Mtn Brook, Birmingham, AL
Denton, Elsbeth , Sr, Vestavia Hills, Birmingham, AL
Farrar, Mary Catherine, Fr., Mtn. Brook, Birmingham, AL
Harkness, Margaret , Jr, St. Paul's, Mobile, AL
Huston, Katie, Jr, Sparkman, Huntsville, AL
Morgan, Madeline, Sr, Mtn. Brook, Birmingham, AL
Poole, Adriana, Sr, Sparkman, Huntsville, AL
Rickard, Maggie, Jr, Mont. Acad., Montgomery, AL

Brasovan, Ashley, SR, Wellington, Palm Beach, FL
Carpio, Nicole , FR, Westminster, Miami, FL
Fluehr, Kathryn, , SO, Comm. Sch., Naples, FL
Fluehr, Erika, , SO, Comm. Sch., Naples, FL
Hale, Kayla , SR, Holy Trinity, Melbourne, FL

Koziara, Brittany, , SR, Boone, Orlando, FL
Perkins, Mandy, SR, Spruce Creek, Port Orange, FL
Schappert, Stephanie, , SO, Pope John, Boca Raton, FL
Stern, Juliana , SR, Satellite , Satellite Beach, FL
Stolting, Jana, , JR, McClay, Tallahassee, FL
Thomas, Carly , , FR, Chiles, Tallahassee, FL
Will, Lily, , FR, Chiles, Tallahassee, FL

Bottorff, Juliet, SR, Tatnall, Wilmington, DE
Buenaga, Katie, SR, Tatnall, Wilmington, DE
Macedo, Julie, FR, Charter, Wilmington, DE
Pierce, Haley, FR, Tatnall, Wilmington, DE
Smith, Meghan, SR, Padua, Wilmington, DE

Akande, Nicky, JR, Collins Hill, Suwanee, GA
Dimercurio, Nicole, SR, North Gwinnett, Suwanee, GA
Marshall , Sydney, JR, Chattahoochee, , GA
Winslow, Amanda, SR, Collins Hill, Suwanee, GA
Winslow, Vicky, SO, Collins Hill, Suwanee, GA

Baskir, Carolyn, Jr, East Chapel Hill, Chapel Hill, NC
George, Samantha, Fr., Millbrook, Raleigh, NC
Hoer, Laura, Jr, T.C. Roberson, Asheville, NC
Hollingsworth, Chelsea, Jr, North West Guilford, Guilford, NC
Soo, Adrienne, Sr, Durham Academy, Durham, NC
Spano, Kimberly , Sr, North Meck., Charlotte, NC
Williams, Timmons, Jr, Broughton, Raleigh, NC

Blackmon, Quanika, SR, Fort Mill, Fort Mill, SC
Borowicz, Kate, SR, JL Mann, Greenville, SC
Haughey, Sinead, Soph, Daniel, Six Mile, SC
Henderson, Sierra, SR, Ridge View, Columbia, SC
Manesiotis, Sara, Soph, Hilton Head, Hilton Head, SC

Lautzenheiser, Kathleen, JR, Midlothian, Midlothian, VA
Marsico, Megan, JR, Glenvar, Salem, VA
Nobles, Stacey, SR, Ocean Lakes, Va Beach, VA
Wilson, Aneka, JR, The Potomac School, Mc Lean, VA

Brink, Emma , SO, Sacred Heart, Louisville, KY
Frigo, Maria , St. Henry, Erlanger, KY
Gonzales, Gabby, SO, Ryle, Union, KY
Mattingly, Maggie , JR, John Hardin, Elizabethtown, KY
McAtee, Emme , SR, Sacred Heart, Louisville, KY
Miller, Elizabeth, SR, Daviess County, Owensboro, KY
Ostrem, Tenny, SR, Powell County, Stanton, KY

Riending, Allison, JR, Assumption, Louisville, KY
Snapp, Kaitlin, FR, Danville, Danville, KY

Dent, Alex, JR, Hurricane, Hurricane, WV
Elliott, Ethan, SR, University, Morgantown, WV
Kasprowicz, Ari, SR, Preston, Kingwood, WV
Pettit, Allison, SR, Morgantown, Morgantown, WV
Yeager, Courtney, SR, Wheeling Park, Wheeling, WV

Fikri, Maryam, JR, Winston Churchill, Potomac, MD
Henshaw, Alyssa, SO, Northwest, Germantown, MD
Johnson, Amirah, SO, Eleanor Roosevelt, Greenbelt, MD
Moore, Aimee, SR, Quince Orchard, N. Potomac, MD
Rivers, Teshika, SR, Eleanor Roosevelt, Greenbelt, MD
Ryba, Anna, SR, Walt Whitman, Bethesda, MD

Girls Midwest

(IL, IN, MI, MO, OH)

- | | |
|--------------------------------|---|
| 1. Geneva (IL) [1] | Wins Western Sun Conf sweeping top 4 places |
| 2. Carmel (IN) [2] | Wins Brebeuf Jesuit Section with 20 points |
| 3. Lee's Summit West (MO) [3] | No major meet, district meet Sat |
| 4. Palatine (IL) [4] | Wins Mid-Suburban League by 55 points |
| 5. Magnificat (OH) [5] | Wins Edgewater District Div I with 23 points |
| 6. Sandburg (IL) [6] | Wins Southwest Suburban Conf with 5 in top 10 |
| 7. Hinsdale (IL) [7] | Wins West Suburban Silver Conf |
| 8. Traverse City Cent (MI) [8] | Wins Big North Conf |
| 9. Ft. Wayne Carroll (IN) [9] | Wins Northrop Sectional by 10 points, still missing #2 girl |
| 10. Oak Hills (OH) [BT] | Wins Div I District B race with good pack behind victorious
Brooklyne Ridder |

Cut: Jefferson City (MO) [10]

Bubble teams alphabetically: Benet (IL), Buffalo Grove (IL), Cayuga Valley Christian (OH), Eureka (MO), Franklin Central (IN), Hoover (OH), Jefferson City (MO), Kickapoo (MO), Lafayette (MO), Medina (OH), Minster (OH), Naperville No (IL), Noblesville (IN), North Central (IN), Rockford (MI), Saline (MI), Springboro (OH), Upper Arlington (OH), Washington (MO), Westfield (IN), West Plains (MO)

Midwest Girls to Watch

Flanagan, Lindsey, Sr. Roselle, Lake Park, IL
Frigo, Meghan, Jr., Elmhurst, IL
Hynes, Lizzy, Sr., St. Charles East, IL
McIntosh, Sarah, So., Palatine, IL
Mordini, Lauren, Wheaton-Warrenville South, Warrenville, IL
Olson, Heather, Sr., Gurnee, IL
Schneider, Alyssa, So., Bartlett, IL
Schulz, McKinzie, Jr., Lisle, IL

Whitley, Kelly, So., Geneva, IL

Blair, Christina, 10, Carmel, Carmel, IN
Chitwood, Alex, 10, Valparaiso, Valparaiso, IN
Daluga, Linsey, 12, Greenwood, Greenwood, IN
Higgins, Sarah, 12, West Lafayette, West Lafayette, IN
Lewark, Kelsey, 10, Culver, Culver, IN
Neer, Waverly, 9, Carmel, Carmel, IN
Wellman, Renee, 12, West Lafayette, West Lafayette, IN

Addison, Rebecca, SR Grand Haven
Anzalone, Gabrielle, SO Grand Blanc
Callka, Courtney, SR Rochester
Goethals, Megan, JR Rochester
John, Devyn, JR Allendale
Kroll, Sara, JR Livonia
Macumber, Cally, SO Rochester
Shannon Osika, SO Waterford
Tomecek, Jordan, JR Milan
Leptich, Alex, JR Saline

Allison, Alyssa, SR Festus, MO
Hynes, Taylor, SO Lees Summit, MO
Nightengale, Samantha, FR., Blue Springs South, Blue Springs, MO
Phoebus, Chelsea, Lee Summit, MO
Robison, Diane, JR Chesterfield, MO
Schabbing, Veronica, SR Cape Girardeau, MO
Sisson, Emily, JR Chesterfield, MO
Todd, Natalie, SR., Ladue Horton Watkins, St. Louis, MO
Watson, Briana, SO., Jefferson City, Jefferson City, MO
Wood, Courtney, SO., Neosho, Neosho, MO
Yohe, Megan, Liberty, MO

Brink, Tori, Hilliard Davidson, Hilliard, OH
Chambers, Madeline, Rocky River, OH
Gillespie, Katie, Stow, OH
Morgan, Stephanie, Barnesville, OH
Neczypor, Hannah, Royalton, OH
Ridder, Brooklyn, Oak Hills, OH
Thomas, Michelle, Glen Este, OH

Girls Heartland

(IA, KS, MN, NE, ND, SD, WI)
1.Sioux Falls Roosevelt (SD) [1]
2.Dowling Cath (IA) [2]
3.Eden Prairie (MN) [3]

No meet, state meet Sat in Huron
Wins CIML Central with 22 points
Holds out top runners at Shakopee Inv

4.Lakeville North (MN) [4]	No major meet
5.Iowa City High (IA) [6] Divisional	Wins tie-breaker over rival West at MVC Mississippi
6.Iowa City West (IA) [5]	2 nd on tie-breaker at Divisional meet
7.Bismarck (ND) [7]	No major meet, state meet Sat in Jamestown
8.Whitefish Bay (WI) [8]	Wins North Shore Conf with 28 points
9.Manhattan (KS) [9]	Wins Centennial League with 28 points
10.Minnetonka (MN) [10]	No major meet

Bubble teams alphabetically: Bay Port (WI), Chaska (MN), Fremont (NE), Hopkins (MN), La Crosse Central (WI), Lawrence (KS), Marian (NE), Millard No (NE), Olathe East (KS), Pewaukee (WI), Rapid City Stevens (SD), Seward (NE), Yankton (SD), Waukesha West (WI), White Bear Lake (MN), Woodbury (MN)

Heartland Girls to Watch

Budd, Kelli, SR, Omaha Marian HS, Omaha, NE
Parks, Melissa, SO, Norfolk HS, Norfolk, NE
Oddo, Megan, SR, Millard North HS, Omaha, NE
Schwalenberg, Jena, SR, Columbus HS, Columbus, NE
Bussa, Holly, SR, Fremont HS, Fremont, NE
Gress, Ali, SR, Papillion-La Vista South HS, Bellevue, NE
Worden, Aubree, ?, Scottsbluff HS, Scottsbluff, NE
Soupir, Sam, SO, Gretna HS, Gretna, NE
Driewer, Jessica, SR, York HS, York, NE
Nunes, Jayme, ?, Alliance HS, Alliance, NE

Antonneau, Katie, Jr., Horlick H.S., Racine, WI
Bacchuber, Emily, So., Shorewood H.S., Shorewood, WI
Ehrke, Kiah, Sr., Stoughton, Stoughton, WI
Hill, Jamie, Sr., Onalaska, Onalaska, WI
Johnson, Haley, Fr., Plymouth H.S., Plymouth, WI
Levac, Gabby, Jr., Arrowhead H.S., Hartland, WI
Schmidt, Jessica, West DePere, West DePere, WI
Sickels, Morgan, Catholic Memorial, Waukesha, WI
Trasser, Hannah, So., Brookfield Central H.S., Brookfield, WI
Weber, Mackenzie, Lourdes H.S., Oshkosh, WI

Becker, Maddie, , Cedar Rapids Washington, Cedar Rapids, IA
Decker, Ashley, JR, Dowling, Des Moines, IA
Dickinson, Sara, , Oskaloosa, Oskaloosa, IA
Flood, Katie, JR, Dowling, Des Moines, IA
Hegeman, Rachel, , Iowa City West, Iowa City, IA
Houlihan, Shelby, 10, Sioux City East, Sioux City, IA
Martin, Anne, SO, Pleasant Valley, Bettendorf, IA
Maxcy, Kate, FR, Valley, West Des Moines, IA
Schon, Scotti, SR, Waukon, Waukon, IA
Stoakes, Sara, SR, North Tama, Tama, IA

Beck, Erin, Blue Valley North HS, Overland Park, KS
Clifton, Avery, Washburn Rural HS, Topeka, KS
Crusch, Marley Manhattan HS, Manhattan KS
Imgrund Lisa, Shawnee Mission NW, Shawnee KS
Kilwein, Kyra Free State HS, Lawrence, KS Sunflower
Mohr, Ellie Blue Valley Northwest HS, Overland Park, KS
Russell Kelli, Olathe South HS, Olathe, KS
Strecker, Kristin Hayden HS, Topeka, KS,
Walker, Dani Maize HS, Maize, KS
Washburn, Ashley Aquinas HS, Overland Park, KS

Mears, Alissa, Fr, West Fargo, West Fargo, ND
Lachowitz, Tarin , Fr, Fargo South, Fargo, ND
Wolf, Dakota, Sr, Dickinson, Dickinson, ND
Pintar, Taylor, Jr, Bismarck High, Bismarck, ND
Greer, Steph, Sr, Minot High, Minot, ND
Wahlund, Brecca , So, Minot High, Minot, ND
Kraft, Sydney, Fr, Rugby, Rugby, ND
Uhrich, Melissa, Fr, Century, Bismarck, ND
Wachter, Alexa, Sr, Bismarck High, Bismarck, ND
Roesler, Laura , Jr, Fargo South, Fargo, ND

Bates, Emma, Jr, Elk River, Elk River, MN
Docherty, Laura , Sr, Cretin Derham Hall, , MN
Guidinger, Claire, Jr, Winona, Winona, MN
Harrison, Julia, So, Mound-Westonka, , MN
Hauger, Maria, 8th, Shakopee, Shakopee, MN
Moraczewski, Katie, Sr, White Bear Lake, White Bear Lake, MN
Optiz, Cassie , Sr , Eden Prairie, Eden Prairie, MN
Piepenburg, Jamie, Fr, Alexandria, Alexandria, MN
Rudin, Alexandra, So, Eden Prairie, Eden Prairie, MN
Seidenkranz, Erica, Monticello, Monticello, MN

Barrett, Kelsey, FR, Britton-Heckla HS, Britton, SD
Coomes, Sarah, FR, Stevens HS, Rapid City, SD
Hanson, Jordan, FR, Watertown HS, Watertown, SD
Hargens, Erin, SR, Roosevelt HS, Sioux Falls, SD
Hess, Alex, FR, Roosevelt HS, Sioux Falls, SD
Hilson, Megan, JR, Yankton HS, Yankton, SD
Kautz, Seanna, JR, Roosevelt HS, Sioux Falls, SD
Pfeifle, Annie, SR, Stevens HS, Rapid City, SD
Simmons, Bridget, FR, Pierre HS, Pierre, SD
Takahashi, Madeleine, SO, Sturgis HS, Sturgis, SD

Girls Southwest

(AZ, CO, NV, NM, UT, WY)

- | | |
|----------------------------|---|
| 1.Fort Collins (CO) [1] | Wins 5A Region 4 with 35 points, state meet Sat in Fort Collins |
| 2.Classical (CO) [2] | Wins 3A Region 2 taking 4 of top 5, state meet Sat |
| 3.Thompson Valley (CO) [3] | Wins 4A Region 2 by 23 points, state meet Sat |
| 4.Davis (UT) [4] | No major meet, state meet this Wed in Salt Lake City |
| 5.Park City (UT) [5] | No major meet, state meet Wed |
| 6.Ironwood Ridge (AZ) [7] | No major meet |
| 7.Xavier Prep (AZ) [8] | Holds out top 3 girls at Thunderbird Inv |
| 8.Cherry Creek (CO) [NR] | Revitalized squad defeats Dakota Ridge by 11 in 5A Region 2, state meet Sat |
| 9.Dakota Ridge (CO) [6] | 2 nd in regional, state meet Sat |
| 10.Mountain Crest (UT) [9] | No major meet, state meet Wed |

Cut: Cheyenne Mountain (CO) [10]

Bubble teams alphabetically: Albuquerque Acad (NM), Alta (UT), Bingham (UT), Boulder (CO), Cheyenne Central (WY), Cheyenne Mountain (CO), Doherty (CO), Eldorado (NM), Gallup (NM), Greeley Central (CO), Green Mountain (CO), Highlands Ranch (CO), Jordan (UT), Los Alamos (NM), Mountain View (UT), Mullen (CO), O'Connor (AZ), Rio Rancho (NM), Skyline (UT), South Tahoe (NV), St. Pius (NM)

Southwest Girls to Watch

Bedrick, Bronwyn, SR, Sandia Prep, Albuquerque, NM
Brown, Jordan, SR, Gallup, Gallup, NM
Campos, Jackie, SR, Santa Teresa, Santa Teresa, NM
Castillo, Brittany, SR, Carlsbad, Carlsbad, NM
Castillo, Brandy, SR, Carlsbad, Carlsbad, NM
Kaufman, Caroline, FR, East Mountain, Sandia Park, NM
Littleford, Alana, 8th, Rio Rancho, Rio Rancho, NM
Milne, Clara, JR, Academy, Albuquerque, NM
Norskog, Kate, SO, St. Michael's, Santa Fe, NM
Pecos, Marlinda, JR, Santa Fe Indian School, Santa Fe, NM

Benzel, Miranda , 12, Ft. Collins, Ft. Collins, CO
Fulton, Eleanor , 10, Highlands Ranch, Highlands Ranch, CO
Gallagher, Claire, 11, Cherry Creek, Greenwood Village, CO
Hannenburg, Kaitlin , 11, The Classical Academy, Colorado Springs, CO
McLaughlin, Allie, 12, Air Academy, Colorado Springs, CO
Rogers , Natosha , 12, Dakota Ridge, Littleton, CO
Slavoski, Kara, 11, St. Mary's, Colorado Springs, CO
Stableford, Shelby, 9, The Classical Aacademy, Colorado Springs, CO
Tremblay, Laura, 12, Thompson Valley, Loveland, CO
Vanata, Kaitie , 12, Dakota Ridge, Littleton, CO

Biaggi, Taylor, SR, Douglas, Minden, NV
Carrell, Katie , SR, Arbor View, Las Vegas, NV
Gordan, Amanda , SO, Carson, Carson City, NV
Hollett, Yvonne, JR, Carson, Carson City, NV

Kirsch, Demery , JR, Reno, Reno, NV
Laurent, Michaelanne, SR, Coronado, Henderson, NV
Leedy, Leah, SR, Foothill, Henderson, NV
MacIntyre, Shelby , FR, South Tahoe, South Tahoe, CA
Schenck, Michelle , JR, ShadowRidge, Las Vegas, NV
Smith, Kelsey , JR, South Tahoe, South Tahoe, CA

Bawden, Ann, Senior, Highland, Gilbert, AZ
Bristow, Aeoleone, Sophomore, Rio Rico, Rio Rico, AZ
DelaVega, Taylor, Freshman, Perry, Gilbert, AZ
Howard, Kat, Senior, Ironwood Ridge, Oro Valley, AZ
Jumbo, Rolonda, Freshman, Chinle, Chinle, AZ
Kieser, Kylee, Sophomore, Casa Grande Union, Casa Grande, AZ
Miville, Sarah , Sophomore, Ironwood Ridge, Oro Valley, AZ
Rydberg, Jessica, Senior, Blue Ridge, Lakeside, AZ
Tonn, Jessica, Junior, Xavier College Preparatory, Phoenix, AZ
Wiley, Lisa, Sophomore, Shadow Mountain, Phoenix, AZ

Carpenter, Lela, Jr, Sheridan High, Sheridan, WY
LeMaster, Jessica, So, Central High, Cheyenne, WY
Morin, Dana, Jr, Sheridan High, Sheridan, WY
Peterson, Nicole, Jr, Rock Springs High, Rock Springs, WY
Schiel, Christie, Fr, Central High, Cheyenne, WY

Eddy, Candace, Sr, Davis, Layton, UT
Headquist, Megan, Sr, Layton, Layton, UT
Hodson, Brook, Sr, Timpanogos, Orem, UT
Kipp, Shalaya, Sr, Skyline, Highland, UT
Menlove, Danielle, Fr., Jordan, Sandy, UT

Girls Northwest

(AK, HI, ID, MT, OR, WA)

- | | |
|-------------------------|---|
| 1.Jesuit (OR) [1] | No major meet, league champs Wed |
| 2.Seattle Prep (WA) [2] | No major meet, Metro Champs Thurs |
| 3.Gig Harbor (WA) [3] | No major meet, Narrows League Wed |
| 4.Richland (WA) [4] | Wins Big 9 League, district on Thurs |
| 5.Bozeman (MT) [5] | No major meet, state meet Sat in Missoula |
| 6.St. Mary's (OR) [6] | No major meet, conference champs Wed |
| 7.Sehome (WA) [7] | No major meet, conf meet Thurs |
| 8.Eastlake (WA) [8] | No major meet, conf meet Thurs |
| 9.Summit (OR) [9] | No major meet, conf meet Sat |
| 10.Corvallis (OR) [BT] | Wins Mid-Willamette League over Crescent Valley running 1-2-3 |

Cut: Crescent Valley (OR) [10]

Bubble teams alphabetically: A.C. Davis (WA), Anchorage West (AK), Billings Sr (MT), Crescent Valley (OR), Kuna (ID), Millilani (HI), Mountain View (ID), Sheridan (WY), Whitefish (MT)

Northwest Girls to Watch

Maag, Annamarie, SO, Jesuit HS, Beaverton, OR
VanRysseberghe, Noelle, SR, Jesuit HS, Beaverton OR
Kolberg, Betsy, SR, Lincoln HS, Portland, OR
Tyerman, Kayleigh, SR, Crater HS, Central Point, OR
Jones, Alexandra, SR, Saint Mary's Academy, Portland, OR
Foley, Kellie, SO, Crook County HS, Prineville, OR
Murray, Tate, JR, Lake Oswego HS, Lake Oswego, OR
Tidwell, Khalia, JR, Gresham HS, Gresham, OR
O'Connor, Alyssa, SR, Summit HS, Bend, OR

Dear, Annie – SR – Olympia – Olympia, WA
Kane, Claire– JR – Olympia – Olympia, WA
Lord, Sara – SR – Redmond – Redmond, WA
Martinez, Sandra – SR – Davis – Yakima , WA
Mires, Bailey – SO – Mead – Spokane, WA
Nelson, Andrea – JR – Shadle Park – Spokane, WA
Ponce, Alison – SR – Jackson HS, WA
Roberts, Ruby – JR – Kingston – Kingston, WA
Schooley, shawna – SR – Davis – Yakima, WA

Alexa Aragon, Senior High School, Billings, MT
AuraLea Fain, Senior High School, Billings, MT
Dani Aragon, Senior High School, Billings, MT
Heather Fraley, Glacier High School, Kalispell, MT
Heidi Turner, Bozeman High School, Bozeman, MT
Keely West, CMR High School, Great Falls, MT
Kelli Dennehy, Butte High School, Butte, MT
Nicole Rietz, West High School, Billings, MT
Rachel Stewart, Great Falls High, Great Falls, MT
Taylor Rather, Big Sky High School, Missoula, MT

Amanda Tamanaha, SR, St. Andrew's Priory, HI
Bailey Massenburg, SR, King Kekaulike, HI
Hailey Abing, SR, La Pietra, HI
Hailey Grossman, JR, Seabury Hall, HI
Jenna Wong, JR, Iolani, HI
Julie Besenbruch, SR, Maryknoll, HI
Kristin Ali Keith, JR, Mililani, HI
Nicole Painter, SR, Mililani, ,HI
Sara Clapp, JR, Kaiser, HI
Tialana Greenwell, SO, Honokaa , HI

Barnwell, Allison , Soph, Seward, Seward, Ak
Edic, Heather , Sr, Lathrop, Fairbanks, Ak

Francis, Leah , Jr, Juneau Douglas , Juneau, Ak
Ivanhoff, Chloe , Jr, Kodiak, Kodiak, Ak
Kennedy, Esther , Sr, Service, Anchorage, Ak
Luch, Letitia, Jr, West, Anchorage, Ak
Mucha, Bree, Fr, Soldotna, Soldotna , Ak
O'Guinn, Ivy , Jr, Skyview, Soldotna, Ak
Wilson, Kailey, Fr, Kenny Lake, Kenny Lake, Ak

Bartlett, Megan, SR, Sandpoint, Sandpoint, ID
Campbell, Kaylee, SR, Preston, Preston, ID
Gomez, Kinsey, SO, Coeur d'Alene, Coeur d'Alene, ID
Jamboretz, Kate, So, Boise High, Boise, ID
Leonhardt, Jessica, SR, Bear Lake, Montpeiler, ID
Mitchell, Molly, SR, Lake City, Coeur d'Alene, ID
Neilsen, Nicole, Sr, Borah, Boise, ID
Nist, Emily, FR, Bishop Kelly, Boise, ID

Girls California

- | | |
|------------------------|---|
| 1.Saugus [1] | Sweeps top 6 spots in Foothill League Cluster meet |
| 2.Dana Hills [2] | Wins 13-team Orange County Champs by 22 with 17:48 3M avge |
| 3.Great Oak [3] | Rests top girls while placing 3 rd in Southwestern League Cluster meet |
| 4.Trabuco Hills [4] | 2 nd to Dana Hills at Orange County with 18:09 3M avge |
| 5.Torrey Pines [5] | Wins SoCal Running Center Invite |
| 6.Mountain View [6] | Wins Mariner Inv handily with 28 points and 39-second spread |
| 7.Crescenta Valley [7] | Wins Pacific League Cluster with 5 in topm7 and 39-second spread |
| 8.Redlands [8] | No major meet |
| 9.Oak Ridge [BT] | No major meet |
| 10.Canyon-Anaheim [10] | 3 rd at Orange County meet with 18:16 3M avge |

Cut: Murrieta Valley [9]

Bubble teams alphabetically: Aptos, Buchanan, Carondelet, Chino Hills, Corona del Mar, Davis, El Toro, Esperanza, Fountain Valley, King, Mira Costa, Murrieta Valley, Orange Lutheran, Rancho Bernardo, St. Ignatius, St. Mary's-Berkeley, West Ranch

California Girls to Watch

Adams, Christine, 11, Esperanza, Anaheim, CA
Apgar, Elizabeth, 12, Lincoln, San Diego, CA
Balbier, Heather, 12, Dana Hills, Dana Point, CA
Bergman, Jennifer, 12, Valley Christian, San Jose, CA
Dunne, Alex, 12, San Clemente, San Clemente, CA
Ferrante, Marissa, 11, Aptos, Aptos, CA
Grabill, Molly, 10, Rancho Bernardo, San Diego, CA
Hasay, Jordan, 12, Mission College Prep, San Luis Obispo, CA
Hayes, Hillary, 12, Edison, Huntington Beach, CA

Jauregui, Briana, 12, Saugus, Santa Clarita, CA
Lillig, Colleen, 11, California, San Ramon, CA
Mahoney, Kaylin, 10, Saugus, Santa Clarita, CA
Morgan, Megan, 11, Torrey Pines, San Diego, CA
Parry, Kristin, 10, Dana Hills, Dana Point, CA
Silva, Sammy, 12, Our Lady of Peace, San Diego, CA
Skiba, Melissa, 11, Oak Park, Oak Park, CA
Taylor, Jacque, 11, Casa Grande, Petaluma, CA
Vega, Sierra, 11, Foothill, Santa Ana, CA