



Weekly High School X-Country Regional Team Rankings and Individuals to Watch

Team Rankings by Marc Bloom and Rich Gonzalez *Regional Individuals To Watch compiled by NSSF State Ambassadors*

Last week's rankings in parentheses. BT means Bubble Team. NR means no ranking including bubble teams.

BOYS RANKINGS AND INDIVIDUALS TO WATCH

Boys New York

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| 1. Shenendehowa [1] | Wins Suburban Council Champs over Burnt Hills |
| 2. Shoreham-Wading River [2] | Wins Suffolk County/Section Eleven Champs by 42 at Sunken Meadow Park |
| 3. Burnt Hills-Ballston Lake [3] | 2 nd to Shenendehowa at Suburban Council meet |
| 4. Fayetteville-Manlius [4] | Wins Central NY American Div with 20 points |
| 5. Wantagh [6] | Wins Nassau County/Section 8 Champs with 17 points at Sunken Meadow Park |
| 6. Queensbury [7] | Wins Foothills Council meet with 19 points |
| 7. North Rockland [10] | Defeats Suffern by 12 to win Rockland County Champs at Bear Mountain |
| 8. Arlington [8] | Wins Northern Counties meet by 25 points at Bowdoin Park |
| 9. Washingtonville [BT] | Wins Orange County Champs by 1 point over Warwick Valley at Bear Mountain |
| 10. Warwick Valley [5] | Loses squeaker to Washingtonville in Orange County meet |

Bubble teams alphabetically: Baldwinsville, Calhoun, Chaminade, East Aurora, Honeoye Falls-Lima, Jamesville-Dewitt, Liverpool, Mckee SI Tech, Msgr. Farrell, Newark Valley, Pittsford-Mendon, Saratoga Springs, Scarsdale, Shaker, Smithtown, St. Anthony's, Suffern, Washingtonville, Webster-Thomas, West Genesee

New York Boys to Watch

Andrews, Bobby, SR. Shoreham-Wading River, NY
Connell, Brendan, SR. Smithtown, NY
Deir, Alex, JR. HFL, NY
Hatz, Alex, JR, Fayetteville Manlius, NY
Hickey, Mike, SR. Pearl River, NY
Leuchanka, Alex, SR. Shenendehowa, NY
Muller, John, 12, Arlington, NY
Raseman, Quinn, JR. Ward Melville, NY
Stogsdill, Chris, SR, Marcellus, NY
Straneva, Max, 11, Chenango Valley, NY
Ubriaco, Otis, 10, Burnt Hills, NY

Boys Northeast

(CT, ME, MA, NH, NJ, PA, RI, VT)

1. Don Bosco (NJ) [1] Holds out top 2 runners in Bergen County Champs win

- 2.North Penn (PA) [2] Wins District 1 by 50 points over Council Rock North, state meet Sat
- 3.Danbury (CT) [3] Wins state class LL title by 55 points, state open meet Sat
- 4.W. Windsor Plainsboro N (NJ) [4] No major meet
- 5.No. Allegheny (PA) [6] Wins District 7 by 84 points, state meet Sat
- 6.Christian Bros Acad (NJ) [5] Wins Monmouth County Champs by 42 points at Holmdel Park
- 7.Bishop Guertin (NJ) [8] Wins state class L title over Pinkerton, state Meet of Champs on Sat
- 8.Haddonfield (NJ) [9] Takes 5 of top 7 in Colonial Conf meet
- 9.Hanover (NH) [BT] Wins state intermediate class title by 42 points over Con-Val, Meet of Champs Sat
- 10.La Salle (PA) [BT] Wins Philly Catholic League with 30-second spread at Belmont Plateau

Cut: Henderson (PA) [7], Merrimack (NH) [10]

Bubble teams alphabetically: Amherst (MA), Amity (CT), Bishop Feehan (MA), Bishop Hendricken (RI), Carlisle (PA), Cedar Cliff (PA), Champlain Valley (VT), Conrad Weiser (PA), Con-Val (NH), Council Rock No (PA), Cumberland Valley (PA), Essex (VT), Germantown Friends (PA), Greely (ME), Henderson (PA), Holy Ghost (PA), Kingsway (NJ), La Salle (RI), Mansfield (MA), Mendham (NJ), Merrimack (NH), Methuen (MA), Morris Hills (NJ), Nashua No (NH), Newton So (MA), No. Andover (MA), Perkiomen Valley (PA), Pinkerton (NH), Randolph (NJ), Ridgewood (NJ), Scarborough (ME), Seekonk (MA), St. John's Prep (MA), Upper Dublin (PA), West Windsor-Plainsboro So (NJ), Xavier (CT)

Northeast Boys to Watch

Aden, Omar, SR, Charlestown, Charlestown, MA
 Aylaian, Brendan, JR, Nashoba, Bolton, MA
 Dannenhauer, Ray, SR., Amherst-Pelham Regional, Amherst, MA
 Galebach, Philip, SR, Medford HS, Medford, MA
 Moverman, Mike , SR, Oliver - Ames, Easton, MA
 Wilson, David , SR, Brookline, Brookline, MA
 Wortham, Andrew, SR, Newton South, Newton, MA

Doyle, Brian, JR, Bishop Hendricken HS, Warwick, RI
 Feigan, Mark, SR, East Greenwich HS, East Greenwich, RI
 Francis, Steve, SR., Coventry, Coventry, RI
 Griffin, Sid, SR, Barrington HS, Barrington, RI
 Hurley, David, SR, Chariho HS, Richmond, RI
 Mecurio, Connor, SR, LaSalle Academy, Providence, RI
 Mecurio, Matt, SO, LaSalle Academy, Providence, RI
 O'Laughlin, Tim, SR, Westerly HS, Westerly, RI
 Ross, Nick, JR, East Greenwich HS, East Greenwich, RI
 Sienko, Jake, JR, Bishop Hendricken HS, Warwick, RI
 Springer, Andrew, SR, Westerly HS, Westerly, RI

Bendtsen, Chris, Wolcott, CT
 Bubniak, Joey, Danbury, CT
 Hrezi, Mohamaed, Naugatuck, CT
 King, Ryan, Tolland, CT
 Marsh, Bryan, Conard, CT
 McGuire, Ryan, Notre Dame, CT
 RANERI, JOHN, New Fairfield, CT
 Reynolds, Chris, Suffield, CT

Schaefer, Tucker, Danbury, CT
Stoliker, Richard, Shelton, CT

Berman, Neal, Sr., Lower Merion HS, Ardmore, PA
Beveridge, Joe, Sr., Bishop McDevitt HS, Harrisburg, PA
Bogert, Jon, Sr., Liberty HS, Bethlehem, PA
Bonaventure, Nick, Sr., Penncrest HS, Media, PA
Broussard, Chase, Sr., North Allegheny HS, Wexford, PA
Furcht, Ben, Sr., Lower Merion HS, Ardmore, PA
Gil, Ryan, So., North Allegheny HS, Wexford, PA
Gunzenhauser, Rad, Jr., Mt. Lebanon HS, Pittsburgh, PA
Hobart, TJ, Sr., Baldwin HS, Pittsburgh, PA
Hull, Kevin, Sr., Hempfield HS, Greensburg, PA
Hurstun, Kyle, Sr., Carlisle HS, Carlisle, PA
Kellar, Will, Jr., Henderson HS, West Chester, PA
Krystek, DJ, Sr., Gateway HS, Monroeville, PA
Luff, Tom, Sr., Emmaus HS, Emmaus, PA
Mahoney, Mike, Sr., Council Rock North HS, Newtown, PA
McKenzie, Gus, Jr., Germantown Friends School, Germantown, PA
Miles, Brad, Jr., North Penn HS, Lansdale, PA
Palmisano, Mike, Sr., Upper Dublin HS, Fort Washington, PA
Pierce, Mike, Sr., Holy Ghost Prep, Bensalem, PA
Stauffer, Cam, Sr., Seneca Valley HS, Harmony, PA
Tarsnane, Jimmy, Sr., Perkiomen Valley HS, Collegeville, PA
Wallace, Dan, Jr., Council Rock North HS, Newtown, PA

Andrews, Robby, SR, Manalapan, Manalapan, NJ
Forward, David, JR, Shawnee, Medford, NJ
Franklin, Michael, SR, Mendham, Mendham, NJ
Johnson, Brett, SR, Ocean City, Ocean City, NJ
Pohorence, Sean, SR, Morris Hills, Rockaway, NJ
Rosa, Joe, SO, West Windsor Plainsboro North, Plainsboro, NJ
Schellburg, Pat, JR, Delbarton, Morristown, NJ
Smith, Doug, SR, Gill St Bernards, Gladstone, NJ
Spencer, Leighton SR, Don Bosco, Ramsey, NJ
Udland, Tyler, JR, Millburn, Millburn, NJ
Vitez, Jon, JR, Haddonfield, Haddonfield, NJ

Christiansen, Job , SR, Mascenic Regional, New Ipswich, NH
Collopy, Jack , FR, Oyster River HS, Durham, NH
Fisher, Dylan , SR, Con-Val Regional, Peterborough, NH
Grant, Josh , SR, Nashua North HS, Nashua, NH
Hernandez, Francis , JR, Bishop Guertin HS, Nashua, NH
Jourdain, Joey, JR, Bishop Guertin HS, Nashua, NH
LaCoste, Jeff, SO, Bishop Guertin HS, Nashua, NH
Malnati, Eric , SR, Fall Mountain Regional, Alstead, NH

McBrien, Ethan , SR, Con-Val Regional, Peterborough, NH
Pietrocarlo, Chris , JR, Pinkerton Academy, Derry, NH
Sinotte, Cory , SR, Manchester Central HS, Manchester, NH
Watanabe, Aaron , JR, Hanover HS, Hanover, NH

Bouffard, Justin, 12, Essex, VT
Elliott-Knaggs, Landen, 12, Brattleboro, VT
Kline, Charlie, 11, Essex, VT
Mainer, Matt, 12, CVU, VT
Marshall, Nick, 11, Mount Mansfield, VT
Paulsen, Dan, 12, Essex, VT
Pittman, Adron, 12, Mount Mansfield, VT
Sinclair, David, 11, GMVS, VT
Sulva, Tony, 12, CVU, VT
Welter, Eamon, 12, Harwood, VT

Boys South

(AR, LA, MS, OK, TX)

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| 1.The Woodlands (TX) [1] | No major meet, most teams off, with district, regional, state the next 3 weeks |
| 2.Klein Oak (TX) [2] | No major meet |
| 3.Cedar Park (TX) [3] | No major meet |
| 4.Marcus (TX) [4] | No major meet |
| 5.Seven Lakes (TX) [5] | No major meet |
| 6.Southlake Carroll (TX) [6] | No major meet |
| 7.Strake Jesuit (TX) [7] | No major meet |
| 8.Boerne (TX) [8] | No major meet |
| 9.PSJA North (TX) [9] | Wins District 31-5A by 9 points |
| 10.Cinco Ranch (TX) [10] | No major meet |

Bubble teams alphabetically: A&M Consolidated (TX), Baton Rouge Cath (LA), Brother Martin (LA), Clear Lake (TX), College Park (TX), Coppell (TX), Corpus Christi Carroll (TX), Del Rio (TX), Edmond Mem (OK), FEAST (TX), Flower Mound (TX), Fossil Ridge (TX), Georgetown (TX), Houston Mem (TX), Jesuit (LA), Kingwood (TX), Lamar (TX), Lockhart (TX), Moore (OK), Plainview (OK), Plano West (TX), Poteet (TX), Tupelo (MS)

South Boys to Watch

Efurd, Cameron, 12, Rogers, Rogers, AR
Falls, Jordan, 12, Rogers, Rogers, AR
Fleeman, Jeremiah, 11, Rogers, Rogers, AR
Friant, Matthew, 11, Conway, Conway, AR
Gerber, Amos, 11, Lake Hamilton, Percy, AR
Hanson, Caleb, 12, Ft Smith Southside, Ft Smith, AR
Mills, David, 12, Lake Hamilton, Percy, AR
Pearson, Markus, 12, Conway, Conway, AR
Simkins, Austin, 11, Fayetteville, Fayetteville, AR
Tucker, Brendon, 11, Cabot, Cabot, AR

Arthur, Paul, 11, Walker, Walker, LA

Bacques, Taylor, 12, Jesuit, New Orleans, LA
Dotson, Mark, 12, Menard, Menard, LA
Flores, Peter, 12, Jesuit, New Orleans, LA
Heaphy, Alden, 12, St Thomas More, Lafayette, LA
Kilpatrick, Ben, 12, University Lab, Baton Rouge, LA
Mouton, Matt, 11, St Paul, Covington, LA
Pieri, Matt, 12, Br Martin, New Orleans, LA
Primeaux, Phillip, 11, Catholic, Baton Rouge, LA
Rice, Matthew, 9, Catholic, Baton Rouge
Richardson, Scott, 12, Br Martin, New Orleans, LA
Wolfe, Matt, 12, Parkway, Bossier City, LA

Almo, D'Ante, 11, Wingfield, Jackson, MS
Bishop, Andrew, 12, Pontotoc, Pontotoc, MS
Harwell, Andrew, 10, Pearl, Pearl, MS
Holman, Max, 11, Tupelo, Tupelo, MS
Kersh, Morris, 12, Pearl, Tupelo, MS
Lee, Gordon, 12, Tupelo, Tupelo, MS
Rogers, Quartez, 12, Starkville, Starkville, MS
Ruhl, Adam, 11, Madison Central, Madison, MS
Taheri, Arash, 12, Ridgeland, Ridgeland, MS
Wilson, Jeff, 10, Tupelo, Tupelo, MS

Baker, Steven, 12, Union, Tulsa, OK
Bothwell, Toby, 11, Westmoore, Oklahoma City, OK
Bowles, Parker, 11, Norman, Norman, OK
Buck, Dakota, 11, Deer Creek, Edmond, OK
Carroll, Andy, 10, Mustang, Mustang, OK
Johnson, Adam, 10, Broken Arrow, Broken Arrow, OK
Monaghan, Taylor, 12, Union, Tulsa, OK
Moon, Dylan, 12, Jenks, Jenks, OK
Swake, Justin, 11, Broken Arrow, Broken Arrow, OK
Talbert, Eric, 11, Memorial, Edmond, OK

Antkowiak, Will, 10, Brenham, Brenham, TX
Benn, Jacob, 11, Stevens, San Antonio, TX
Brown, CJ, 12, Carroll, Southlake, TX
Butler, Drew, 12, Woodlands, The Woodlands, TX
Connor, Reed, 12, Woodlands, The Woodlands, TX
De La Garza, Alex, 12, Mercedes, Mercedes, TX
Dohner, Ryan, 11, Klein Oak, Spring, TX
Hibbs, Evan, 12, Georgetown, Georgetown, TX
Lutz, Craig, 10, Marcus, Flower Mound, TX
Ornelas, Zach, 12, Vista Ridge, Cedar Park, TX
Pinales, Mark, 10, Stony Point, Round Rock, TX
Rathke, Chase, 12, Seven Lakes, Katy, TX

Snyder, Paul, 12, Churchill, San Antonio, TX
Stinson, Parker, 11, Cedar Park, Cedar Park, TX
Stitt, Jim, 12, Timberview, Mansfield, TX
Torres, Donovan, 10, Coronado, Lubbock, TX
Valle, Jordan, 12, Big Spring, Big Spring, TX
Welin, Jimmy, 12, Seven Lakes, Katy, TX

Boys Southeast

(AL, DE, FL, GA, KY, MD, NC, SC, TN, VA, WV)

1. Jamestown (VA) [1] Wins Bay River District taking 5 of top 7
2. Oakton (VA) [2] Wins Concorde District by 5 over Robinson
3. Robinson (VA) [4] Close 2nd to Oakton at Concorde meet
4. Brookwood (GA) [3] No major meet, regional on Sat
5. Broughton (NC) [5] Wins Mid-East Regional 4A by 22 over Green Hope, state meet Sat
6. Daviess County (KY) [6] Wins Wildcat Inv taking 5 of top 13
7. Montgomery Bell (TN) [7] Holds out varsity winning Freeman Inv, state meet Sat
8. Potomac Falls (VA) [8] Wins Dulles District with 27 points
9. Belen Prep (FL) [9] Continues leading state with a 20-point margin over Melbourne at Trinity Classic
10. Collins Hill (GA) [10] No major meet, regional on Sat

Bubble teams alphabetically: Atlee (VA), Baylor (TN), Bishop Kenny (FL), Blacksburg (VA), Calvert Hall (MD), Chapel Hill (NC), Columbus (FL), Green Hope (NC), Greenwood (KY), Hoover (AL), Houston (TN), Jefferson Sci/Tech (VA), Louisville Trinity (KY), Marietta (GA), Melbourne (FL), Mooresville (NC), Mountain Brook (AL), No. Gwinnett (GA), NW Guilford (NC), Oak Mountain (AL), Oak Ridge (TN), Peachtree Ridge (GA), St. Xavier (KY), Tampa Jesuit (FL), Wando (SC), Western Branch (VA)

Southeast Boys to Watch

Binns, Blaise, SO, Grissom, Huntsville, AL
Dorsett, Layton, JR, Mtn Brook, Birmingham, AL, 5th at Hoover in 16:39
Given, Wilkerson, SR, Mtn Brook, Birmingham, AL, Idle this week
Gomez, Pat, SR, Auburn, Auburn, AL,
Henderson, Andy, SR, Smiths Station, Smiths, AL,
Johnson, Phillip, SR, Homewood, Birmingham, AL, 4th at Hoover in 16:37
Lewis, Nathan, JR, Cold Springs, Cold Springs, AL,
McGregor, Pat, SR, Hoover, Birmingham, AL, Wins Hoover in 15:57
Perkins, Nick, SR Hoover, Birmingham, AL, 2nd at Hoover in 16:22
Probst, Bryan, SO, Hoover, Birmingham, AL, 3rd at Hoover in 16:35

Atkinson, Brian, JR, Melbourne, Melbourne, FL, Took first at Holy Trinity in 15:51
Del Valle, Armando, JR, Columbus, Miami, FL, GMAC Champ winning in 16:19
Lanning, Jonathan, SR, Sarasota, Sarasota, FL, Won the BRAC Invite in 15:35
Mizereck, Matt, SR, Leon, Tallahassee, FL, Rested and trained this week.
Montoya, Erick, JR, Estero, Fort Myers, FL, Won the LCAC on a hilly and very wet course in 16:19.
Revord, Connor, SR, Tampa Jesuit, Tampa, FL, Rested and trained this week.
Stanford, Will, SO, Leon, Tallahassee, FL, Rested and trained this week.
Wallace, Michael, JR, Bishop Kenny, Jacksonville, FL, Rested and trained this week.
Wehunt, Derek, SR, Sickels, Tampa, FL, Rested and trained this week.

Baker, Luke, JR, JR, Eagles Landing Christian Academy, Eagles Landing, GA, won A-AA Race at Carrollton Last Chance Inv. In 16:08
Bishoff, Colin, JR, Athens Christian School, Athens, GA, won Clarke-Oconee Championships in 15:57
Connolly, David, SR, Marist School, Atlanta, GA, won Class Clash in 16:44
Lord, Taylor, SR, Chapel Hill High School, Douglasville, GA, won Douglas County Championships in National-leading and Course Record of 15:57
McClay, Mike, JR, Dacula High School, Dacula, GA, won AAAAA Race in Carrollton Last Chance Inv.

Carnes, Jackson, JR, St. Xavier, Louisville, KY: 15:58 win at St. Henry Inv.
Dadds, Alex, SR, Trinity, Louisville, KY: Did Not Race (Injured since early Oct.)
Eaton, Ryan, JR, Greenwood, Bowling Green, KY: 2nd to Landon Taylor at FS Wilderness Run in 15:32
Eden, Stacy, JR, Shelby County, Shelbyville, KY: Did Not Race
Hancock, Brian, SR, Trinity, Louisville, KY: 15:53 in mid-week St. Xavier/Trinity Duel.
House, Justin, SO, Apollo, Owensboro, KY: 4th in 15:37 (3 miles) at FS Wilderness Run
Law, Jacob, SR, South Oldham, Crestwood, KY: 16:19 to win Woodford Co. Inv.
Maglasang, James, SO, St. Mary, Paducah, KY: 3rd at FS Wilderness Run in 15:35 (3 miles)
Mann, Thomas, JR, St. Xavier, Louisville, KY: 16:06 runner-up to Mann at SH Inv.
Taylor, Landon, SR, Daviess County, Owensboro, KY: Won FS Wilderness Run in 15:23

Frantom, Spencer, JR, Morristown-West High School, Morristown, TN
Lord, Brandon, JR, The Baylor School, Chattanooga, TN
Mahaney, Brandon, SR, Macon Co. High School, Lafayette, TN
Mansy, Michael, JR, Science Hill High School, Johnson City, TN
Matthews, Bill, SR, The Baylor School, Chattanooga, TN
McKelvey, Clint, JR, Maryville High School, Maryville, TN
McLarty, Kyle, SR, Collierville High School, Collierville, TN
Rainey, Jake, JR, Rossvie High School, Clarksville, TN
Sonnenfeldt, Matt, SR, Knoxville West High School, Knoxville, TN

Colley, Andrew, SR, Jamestown High School, Williamsburg, VA, 14:36 3.05 mi at Bay Rivers District Meet (W&M Inv course)
Dejarnette, Ben, SR, Atlee, Mechanicsville, VA, 15:54 5K at Capital District Meet (Pole Green Park)
Mearns, Colin, Jamestown, Jamestown High School, Williamsburg, VA, 14:48 3.05mi at Bay Rivers District Meet (W&M Inv course)
Porter, Thomas, SR, Mountain View High School, Stafford, VA, 15:34 5K at Commonwealth District Meet (Willowmere Park)
Stutzman, Tyler, SR, Western Albemarle, Crozet, VA, 15:36 5K at Jefferson Forest District Meet (Panorama Farms)

Ciarolla, David, SR, Fairmont Senior, Fairmont, WV
Gramlich, Kyle, SR, Wheeling Park, Wheeling, WV
Hampshire, Cory, SR, Jefferson, Shenandoah Jct., WV
Pelliccione, Cody, SO, Morgantown, Morgantown, WV
Roach, Lenny, SR, Berkeley Springs, Berkeley, WV
Read, Ronald, SR, Weir, Weirton, WV

Boys Midwest

(IL, IN, MI, MO, OH)

1. Naperville No (IL) [1]	Wins Naperville North Regional 26-33 over Neuqua Valley
2. Neuqua Valley (IL) [2]	2 nd to North in regional without #2 runner
3. York (IL) [3]	Wins Lake Park Regional with 20 points

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| 4. Geneva (IL) [4] | Wins Aurora West Regional with 21 points, faces NN and NV in Sat sectional |
| 5. Carmel (IN) [5] | Wins Franklin Semi-State by 40 points over state defender Fishers, state meet Sat |
| 6. St. Louis Univ (MO) [6] | Wins Class 4 District 3 with 24 points |
| 7. Lee's Summit West (MO) [7] | Wins Class 4 District 7 with 26 points |
| 8. Fort Wayne Carroll (IN) [10] | Wins New Haven Semi-State by 70 points, state meet Sat |
| 9. Pioneer (MI) [8] | Wins regional with 23 points, state meet Sat |
| 10. Medina (OH) [BT] | Wins Tiffin Div I Reg by 23 over state powers, state meet Sat |

Cut: Mason (OH) [9]

Bubble teams alphabetically: Bay City Western (MI), Centerville (OH), College Hts Christian (MO), Fishers (IN), Franklin Central (IN), Green (OH), Heritage (MI), Jefferson City (MO), Kickapoo (MO), Lake Orion (MI), La Salle (OH), Liberty (MO), Lyons Township (IL), Mason (OH), McCutcheon (IN), North Central (IN), Palatine (IL), Parkway West (MO), Reynoldsburg (OH), St. Ignatius (OH), St. John Jesuit (OH)

Midwest Boys to Watch

Byrne, Tyler, 11, North Harrison, Ramsey, IN
 Martin, James, Carroll, Fort Wayne, IN
 Mascari, John, North vigo, Terre Haute, IN
 Miller, Matt, LaPorte, IN
 Shields, Drew, 12, Fishers, Fishers, IN
 Shields, Alex, 12, Fishers, Fishers, IN
 Zeinasellassie, Futsom, 9, North Central, Indianapolis, IN

Composto, Nico, Jr., Loyola, Chicago, IL
 Gibson, Kyle, Sr, Naperville North, IL
 Hebert, Jordan, Sr., Elmhurst, IL
 Kinsley, Tyson, Sycamore,
 Larsen, Andrew, Marmion, Aurora
 Manfrin, Anthony, So., Dundee-Crown, IL
 Pawola, Dan, Sr., Naperville, Neuqua Valley, IL
 Sulkin, Steve, Sr., Elmhurst, York, IL
 Sweatt, Garrett, Edwardsville
 Zach Dahleen, Sr., Sandburg, Orland Park, IL

Adams, Tecumseh, SR, Harbor Springs, MI
 Atchoo, Mike, JR., Albon, MI
 Culbertson, Dan, SR Ann Arbor, MI
 Lewis, Paul, JR, Albion, MI
 Miller, Ben, SR, Warren, MI
 Murphy, Michael, SR, Birmingham, MI
 Oblinger, Kevin, SR, Mount Pleasant, MI
 Valade, Tommy, JR Bedford, MI
 Walker, Stephen, SR, Midland, MI
 Wines, Matt, Sr. Pinckney, MI

Callahan, Connor, SR Creve Coeur, MO
 Colon, Kevin, JR Lee's Summit, MO

Estlund, Matt, SR, St. Louis, MO
Happe, Nick, SR St. Charles, MO
Korolev, Maksim, JR Harrisonville, MO
Niggeman, Nick, SR Potosi, MO
Palomino, Philip, SR., West Plainses , West Plainses, MO
Saylor, Stephen, SR. Raytown south, Raytown, MO
Storms, Max, SR Kansas City, MO
Swearingen, Jacob, SR Potosi, MO
Thater, Danny, JR Kickapoo, MO

Edmonds, Stuart, Twinsburg, OH
Roberts, Shawn, Centerville, OH
Roys, Donny, Medina, OH
Wills, Zach, Mason, OH
Yarnell, Kevin, Toledo, OH

Boys Heartland

(IA, KS, MN, NE, ND, SD, WI)

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|---------------------------------|---|
| 1.Bismarck (ND) [1] | Wins State Class A title by 78 points |
| 2.Wayzata (MN) [2] | Wins Section 6A by 23 over Eden Prairie, state meet Sat |
| 3.Eden Prairie (MN) [3] | 2 nd to Wayzata in sectional with 13-second spread, state meet Sat |
| 4.Stevens Point (WI) [4] | Wins sectional with 24 points, state meet Sat |
| 5.Madison West (WI) [5] | Wins sectional over La Follette in another close one, state meet Sat |
| 6.Edina (MN) [6] | 3 rd to Wayzata and Eden Prairie in sectional, state meet Sat |
| 7.Madison-La Follette (WI) [7] | 2 nd by 6 to West in sectional, state meet Sat |
| 8.Yankton (SD) [10] | Wins State 2A by 48 in best race of season |
| 9.Mulvane (KS) [8] | Wins regional running 2-3-4-5-9, state meet Sat |
| 10.Shawnee Mission NW (KS) [BT] | Wins regional with 4 in top 10, state meet Sat |

Cut: Iowa City High (IA) [9]

Bubble teams alphabetically: Aquinas (KS), Ames (IA), Burlington (IA), Chaska (MN), Fremont (NE), Iowa City High (IA), Kearney (NE), Millard West (NE), Moorhead (MN), Owatonna (MN), Pleasant Valley (IA), Rapid City Stevens (SD), White Bear Lake (MN)

Heartland Boys to Watch

Anderson, Marshall, FR, Papillion-La Vista HS, La Vista, NE
Blake, Daniel, JR, Lincoln Pius X, Lincoln, NE
Harson, Josh, JR, Blair HS, Blair, NE
Heng, Jerran, JR, Norfolk Catholic HS, Norfolk, NE
Hunt, Mitch, SR, Fremont HS, Fremont, NE
Ibarra, Franklin, FR, Lexington HS, Lexington, NE
Pittman, Anthony, JR, Millard West HS, Omaha, NE
Prater, David, SR, Kearney HS, Kearney, NE
Schoen, Parker, JR, Lincoln Southwest HS, Lincoln, NE
Twist, Colby, JR, Elkhorn HS, Elkhorn, NE

Agnew, Spencer, Sr., Fort Atkinson H.S., Fort Atkinson, WI
Brice, Michael, Sr., Kaukauna H.S., Kaukauna, WI
Brill, Alex, Sr., La Follette, Madison, WI
Hatton, Nate, Sr., Stevens Point H.S., Stevens Point, WI
Kelly, Brett, Sr., West H.S., Madison, WI
Paulson, Marcus, Jr., Hamilton H.S., Sussex, WI
Simons, John, Sr., Arrowhead H.S., Hartland, WI
Storkel, Derek, Sr., Tomah H.S., Tomah, WI
Wardall, Taylor, Jr., East H.S., Appleton, WI
Wylie, John, Sr., North H.S., Oshkosh, WI

Canady, Frank, JR, Iowa City West, Iowa City, IA
Cheney, Sam, JR, Columbus, Columbus, IA
Egan, Brett, SR, Waukon, Waukon, IA
Kak, Omet, SR, DM North, Des Moines, IA
Manirumva, Lewi , SR, CR Washington, Cedar Rapids, IA
Moyer, Marshall, SO, Burlington, Burlington, IA
O'Brien, Austin , JR, Pleasant Valley, Bettendorf, IA
Rich, Tyler , SR, Waukee, Waukee, IA
Selsor, Evan , SO, Winterset, Winterset, IA
Thien, Eric , SR, Tipton, Tipton, IA

Barientez, Brayden, 12, Campus, Haysville, KS
Craig, Brandon, 12, Lansing, Lansing, KS
Greer, PJ, 12, Aquinas, Overland Park, KS
Munsch, Josh, 12, Hays, Hays, KS
O'Connell, Thomas , 12, Andover, Andover, KS
Porter, Adam, 12, McPherson, McPherson, KS
Roberts, David , 12, Mulvane, Mulvane, KS
Troien – Smith, Nikki, 12, Mulvane, Mulvane, KS
Wedge, Roy, 11, Lawrence, Lawrence, KS
Weiss, Tony, 10, Baldwin, Baldwin, KS

Akon, Mach, Sr, Fargo North, Fargo, ND
Braunberger, Jake, Sr, Dickinson, Dickinson, ND
Brown Otter, Christian, Jr, Bismarck High, Bismarck, ND
Grinnell, Jeremy, Sr, New Town, New Town, ND
Grinnell, Justin, Sr, New Town, New Town, ND
Huizenga, Devin, Sr, Bismarck High, Bismarck, ND
Kelly, Brett, Jr, Bismarck Century, Bismarck, ND
Many Ribs, Justin , Jr, Parshall, Parshall, ND
Osoro, Joash, Sr, Bismarck High, Bismarck, ND
Thompson, Taylor, Sr, Williston, Williston, ND

Cheever, Dylan, Sr., Mpls SW, Minneapolis, MN
Drenckhahn, Jeremy, Sr, Wayzata, Plymouth, MN
Gemar, Lucas, Sr ., Moorhead, Moorhead , MN
Hassan, Mahad, Sr, Willmar, Willmar, MN
Holt, John, Sr, Roseville, Roseville, MN
Kebede, Robel, Sr, Mpls South, Minneapolis, MN
Mellon, Zack, Sr, Buffalo, Buffalo, MN
Paradis, Drew, Sr., Alexandria, Alexandria, MN
Truedon, Erik, Sr., Bemidji, Bemidji, MN
Zivec, Jucub, 12, Grand Rapids, Grand Rapids, MN

Abera, Daniel, SR, OGorman HS, Sioux Falls, SD
Ailts, Jared, SR, Yankton HS, Yankton, SD
Brenner, Travis, JR, Yankton HS, Yankton, SD
Espeland, Alec, SR, Pierre HS, Pierre, SD
Heitkamp, Josh, JR, Washington HS, Sioux Falls, SD
Henderson, Shaun, SR, Huron HS, Huron, SD
Mendoza, Kiko, SR, Cheyenne-Eagle Butte HS, Eagle Butte, SD
Muntefering, Alex, SR, Parkston HS, Parkston, SD
Richardson, Nathan, Stevens HS, Rapid City, SD
Wilson, Josh, SR, Central HS, Aberdeen, SD

Boys Southwest

(AZ, CO, NV, NM, UT, WY)

- 1.Albuquerque Acad (NM) [1] Holds off Cibola's challenge to win Los Alamos Inv with 5 in top 10
- 2.Cibola (NM) [5] Hot streak continues with 2nd at Los Alamos Inv within 9 points of Academy
- 3.Los Alamos (NM) [2] 3rd at home invite while missing key scorer
- 4.Alta (UT) [6] Runs 22-second spread to win State 5A title by 37 points over American Fork
- 5.Timpview (UT) [4] Wins State 4A title by 65 over Mtn. View, 2nd to Alta in merged scoring
- 6.Rio Rico (AZ) [7] No major meet
- 7.American Fork (UT) [3] Distant 2nd to Alta in State 5A
- 8.Mingus (AZ) [9] Wins Yavapai County meet with 28 points as pack tightens
- 9.Eldorado (NM) [8] No major meet
- 10.Shadow Mountain (AZ) [10] Wins Paradise Valley district meet taking 4 of top 5

Bubble teams alphabetically: Alhambra (AZ), Campbell County (WY), Chavez (AZ), Cherry Creek (CO), Coronado (CO), Dakota Ridge (CO), Davis (UT), Desert Vista (AZ), Falcon (CO), Galena (NV), Mesa Mtn. View (AZ), Park City (UT), Regis (CO), Reno (NV), Sandia (NM), Wheat Ridge (CO)

Southwest Boys to Watch

Freriks, Tim , sr, Cottonwood, AZ
Gonzales, Humberto, Sr, Phoenix, AZ
Hart, Sherod , Jr, Queen Creek, AZ
Hernandez, Omar, Sr, Rio Rico, AZ
Martinez, Jorge , So, Phoenix, AZ
Munoz, Jose Luis, Jr, Rio Rico, AZ

Orman, Billy , So, Tuba City, AZ
Shrader, Brian, Jr, Flagstaff, AZ
Smith, Cody, Sr, Phoenix, AZ
Tellez, Alberto , Jr., Phoenix, AZ
Yazzie, Ryan, Jr. Tuba City, AZ

Appel, Evan, 12, Dakota Ridge, Littleton, CO
DeMoor, Joe, 12, Buena Vista, Buena Vista, CO
Johnson, Levin, 12, Buena Vista, Buena Vista, CO
Manilafasha, Joe , 12, Denver North, Denver, CO
Nicolls, Bobby , 12 , Regis, Aurora, CO
Rickman, Wes , 12, Falcon, Falcon, CO
Roberts, Andrew , 12, Lyons, Lyons, CO
Schafer, Walter, 11, Cherry Creek, Greenwood Village, CO
Schwaderer, Dart, 12, Wheat Ridge, Wheat Ridge, CO

Fenton, Ryan, SR, Hope Christian, Albuquerque, NM
Gilna, Gareth, SR, Los Alamos, Los Alamos, NM
Lauriello, Anthony, SR, Academy, Albuquerque, NM
Lozano, Jacob, SR, Hobbs, Hobbs, NM
Montoya, Chris, JR, Cibola, Albuquerque, NM
Montoya, Vincent, JR, Cibola, Albuquerque, NM
Palmer, Bryce, SR, Eldorado, Albuquerque, NM
Palmer, Kevin, SR, Eldorado, Albuquerque, NM
Ruybalid, Jonah, SR, Los Lunas, Los Lunas, NM
Walthal, Dustin, SR, Thoreau, Thoreau, NM

Galen, Al, JR, Liberty, Henderson, NV
Hartle, Nick, SO, Centennial, las Vegas, NV
Jordan, Bryan, SO, Galena, Reno, NV
Mahar, Sam , JR, ShadowRidge, Las Vegas, NV
Meddles, Wade , JR, Sierra Lutheran, Minden, NV
Nied, Brandon, SR, Reno, Reno, NV
Shroy, Richard, JR, Carson, Carson City, NV
Tibaduiza, Bryan , SR, Galena, Reno, NV
Wicks, Daniel, SR, Palo Verde, Las Vegas, NV
Williams, Nathan, JR, Centennial, Las Vegas, NV

HerManyHorses, Caleb, Jr., Wyoming Indian HS, Ethete, WY
Honhholt, Hayden, Sr, Saratoga High, Rock Springs, WY
Hueckstaedt, Todd, Sr, Rock Springs High, Rock Springs, WY
Rathburn, Devin, SR, Central High, Cheyenne, WY
Robinson, Dominick, SR, Campbell Co., Gillette, WY
Zans, Garrett, JR, Rock Springs High, Rock Springs, WY

Jones, Elijah, Sr, Wasatch Academy, UT

Lynch, Jason, Sr, Hillcrest, Midvale, UT
Morin, Steve, Sr, Lone Peak, Orem, UT
Nelsen, Jonathon, Sr, Timpview, Orem, UT
Wilcock, Karl, Sr, Hurricane, Hurricane, UT

Boys Northwest

(AK, HI, ID, MT, OR, WA)

1. North Central (WA) [1] Wins Greater Spokane League with 22 points, defeating Mead by 56
2. Jesuit (OR) [2] Wins Metro League with 17 points
3. Henry Jackson (WA) [3] Takes 5 of top 7 in Westco Southern Division
4. Crater (OR) [4] Takes 5 of top 8 in Southern Sky Conf Dist meet
5. Mead (WA) [5] 2nd to North Central in GLS champs
6. Seattle Prep (WA) [6] Wins Metro 3A champs with 17 points and 16-flat 5k avge on quick course
7. Gig Harbor (WA) [9] Wins Narrows League by 27 points
8. Burlington-Edison (WA) [8] Wins NWC Champs by 18 over 3A rival Sehome
9. Lindbergh (WA) [7] Wins Seamount League with 23 points
10. Twin Falls (ID) [10] Wins district meet by 4 points over Highland, state meet Sat

Bubble teams alphabetically: Boise (ID), Bozeman (MT), Highland (ID), Iolani (HI), Kodiak (AK), Leilehua (HI), Mountain View (ID), Sehome (WA), Skyline (WA), Tahoma (WA), Tigard (OR)

Northwest Boys to Watch

Elliott, Zach, SR, Crater HS, Central Point, OR
Elliott, Josh, JR, Crater HS, Central Point, OR
Kirtner, Sammy, SR, South Eugene HS, Eugene, OR
Kasler, Connor, SR, Hidden Valley HS, Grants Pass, OR
Costin, Tim, SR, Springfield HS, OR
Oliver, Kevin, SR, Tualatin HS, Tualatin, OR
Myers, Erik, SR, Westview HS, Beaverton, OR
Jantzer, Elliott, SR, Phoenix HS, Phoenix, OR
Greer, Elijah, SR, Lake Oswego HS, Lake Oswego, OR

Contreras, Emmanuel, 12, Davis, Yakima, WA, 2nd League – 4800m 15:17 (Walla Walla)
Cowan, Julian-Blake, 12, Auburn-Riverside, Auburn, WA, won League Championship – 5000m 15:44 (Ft Steilacoom)
Decker, Quinton, 12, Port Townsend, Port Townsend, WA, won League – 3 miles 14:49 – (Dungeness GC)
Gonzales, Andrew, 12, Southridge, Kennewick, WA, won League – 4800m 15:00 (Walla Walla)
Krotzer, Kenny, 11, Auburn-Riverside, Auburn, WA, 2nd League – 5000m 16:00 (Ft Steilacoom)
Miller, Michael, 12, Mt Rainier, Highline, WA, won League – 5000m 16:01 (Evergreen HS)
Moskowitz, Shane, 11, Central Kitsap, Silverdale, WA, won League – 5000m 15:25 (Ft Steilacoom)
Peloquin, Conner, 11, Gig Harbor, Gig Harbor, WA, 2nd League – 5000m 15:36 (Ft Steilacoom)
Rosaaen, Kevin, 12, Wilson, Tacoma, WA, 3rd League – 5000m 15:38 (Ft Steilacoom)

Ethan Shrader, Butte High School, Butte, MT
Jordan Schlender, Bozeman High School, Bozeman, MT
Josh Kornish, Sentinel High School, Missoula, MT
Leif Castren, Flathead High School, Kalispell, MT
Luke Montgomery, Billings West High School, Billings, MT

Matt Stout, Darby High School, Darby, MT
Mike Asay, Manhattan High School, Manhattan, MT
Ryan Ketterling, Joliet High School, Joliet, MT
Tony Hopf, Skyview High School, Billings, MT

Bryce Jenkins, SR, Leilehua, HI
Eric Pak, JR, Castle, HI
Jake Shiraki, SR, Honokaa, HI
Margarito Martinez, SO, Leilehua, HI
Mark Turner, SR, Hilo, HI
Matthew Nakamoto, SR, Hawaii Baptist Academy, HI
Miura Tomoyuki, SR, Roosevelt, HI
Reid Hunter, SR, King Kekaulike, HI
Shannon Cosey, Leilehua, HI
Tyler Mulloy, JR, Iolani, HI

Anthony, Dylan, Jr, Kodiak, Kodiak, Ak
Dunbar, Trevor, Sr, Kodiak, Kodiak, Ak
Fletcher, Aaron, Sr, South, Anchorage, Ak
Hoefler, Werner, Sr, West Valley, Fairbanks, Ak
Kirk, Jacob, Sr, Grace Christian, Anchorage, Ak
Lane, Jani, Soph, Service, Anchorage, Ak
Mangelsdorf, Wylie, soph, Palmer, Palmer, Ak
Salus, Sam, Sr, Kodiak, Kodiak, Ak
Talbot, Silas, Soph, Service, Anchorage, Ak

Bean, Taylor, SR, Burley, Burley, Id
Bollinger, Tommy, SR, Highland, Pocatell, Id
Fillmore, David, SR, Burley, Burley, Id
Fitzpatrick, Eric, JR, Boise, Boise, Id
Helbling, Cody, JR, Lake City, Coeur d'Alele, Id
Kunz, Austin, JR, Idaho Falls, Idaho Falls, Id
Lunstrum, Lars, SR, Columbia, Eagle/Boise, Id
Montgomery, Greg, SR, Boise, Boise, Id
Portela, Caden, SO, Firth, Firth, Id
Watson, Barak, SR, Columbia, Eagle/Boise, Id

Boys California

1. Dana Hills [2]	Wins Mt. SAC Team Sweeps by 37 with 15:26 avge on hilly 2.94-miler
2. Thousand Oaks [5]	Beats previous #1 Buchanan by 2 points at Mt. SAC with 15:31 team avge
3. Buchanan [1]	3 rd at Mt. SAC in first loss of season
4. Vista Murrieta [4]	No major meet, only setback remains narrow loss to Buchanan
5. Arcadia [6]	Solid 4 th at Mt. SAC, coupling with earlier Stanford win
6. Loyola-L.A. [3]	5 th at Mt. SAC, only 31 points out of 2 nd
7. Mountain View [7]	No major meet, after competitive showings at Stanford and Clovis
8. Upland [BT]	Close 6 th at Mt. SAC as team is finally at full strength

- 9.Petaluma [8] No major meet, after strong efforts at Ed Sias and Clovis
 10.Barstow [BT] Awakes from dormancy with Friday Sweeps win at Mt. SAC in warm weather

Cut: Rancho Cucamonga [9], Foothill-S.A. [10]

Bubble teams alphabetically: Campolindo, Corona, Davis, Del Campo, El Rancho, El Toro, Foothill-SA, Granada, Jesuit, Long Beach Poly, North Torrence, Oak Ridge, Paloma Valley, Palos Verdes, Paramount, Patrick Henry, Rancho Cucamonga, Redondo Union, Royal, Saugus, St. John Bosco, Trabuco Hills, Woodcrest Christian

California Boys to Watch

- Cameron, James , 12, Mission Viejo, Mission Viejo, CA
 Fleet, Mac, 12, University City, San Diego, CA
 Gedyon, Elias, 10, Loyola, Los Angeles, CA
 Haworth, Chris, 12, Kennedy, Sacramento, CA
 Jarvis, Collin, 12, Rancho Buena Vista, Vista, CA
 Landrum, Wyatt, 12, Liberty, Brentwood, CA
 Lema, Nohe, 12, Willow Glen, San Jose, CA
 McElroy, Matt, 11, Edison, Hunt. Beach, CA
 Myjer, Ian, 12, Mountain View, Mountain View, CA
 Nelson, Alec, 11, Saugus, Santa Clarita, CA
 Ngula, Emmanuel, 12, Vista Del Lago, Moreno Valley, CA
 Reed, Tyler, 12, Ayala, Chino Hills, CA
 Rowe, Garrett, 11, Mountain View, Mountain View, CA
 Sanchez, Jonathan, 12, Buchanan, Clovis, CA
 Schmidt, Cody, 12, Redondo Union, Redondo Beach, CA
 Schmidt, Simon, 12, Redondo Union, Redondo Beach, CA
 Schwartz, Chris, 12, Foothill, Bakersfield, CA
 Seawell, Garrett, 12, Woodcreek, Roseville, CA
 Torres, Zack , 12, Crescenta Valley, La Crescenta , CA
 Valdes, Tyler, 12, Dana Hills, Dana Point, CA
 Villalva, Toby, 12, El Toro, Lake Forest, CA
 Wooff, Heyden, 10, Camarillo, Camarillo, CA
 Wooff, Heyden, 10, Camarillo, Camarillo, CA
 Zaragoza, Pedro, 12, Lancaster, Lancaster, CA

GIRLS RANKINGS AND INDIVIDUALS TO WATCH

Girls New York

- 1.Fayetteville-Manlius [1] Takes first 7 places in Central NY American Division
 2.Queensbury [2] Wins Foothills Council Champs with 19 points
 3.Burnt Hills-Ballston Lake [3] Wins Suburban Council by 4 points over Saratoga
 4.Saratoga Springs [4] 2nd to Burnt Hills in Suburban Council meet
 5.Shenendehowa [5] 3rd in Suburban Council led by decisive winner Lizzie Predmore
 6.East Aurora [6] Wins Eric County Champs by 55 over West Seneca West
 7.Pearl River [7] Wins Rockland County taking 4 of top 8
 8.Ursuline [NR] Wins Westchester County with excellent 2.5m times at Van Cortlandt Park
 9.Bronxville [BT] 2nd to Ursuline at Westchester, earlier 40-point winner over Northport at Manhattan
 10.Cornwall [10] Wins Orange County by 22 led by victorious frosh star Aisling Cuffe

Cut: Northport [8], North Shore [9]

Bubble teams alphabetically: Arlington, Bay Shore, Bronxville, Canandaigua, Cicero-No. Syracuse, Greenwich, Liverpool, Maine-Endwell, Monroe-Woodbury, Newark Valley, North Rockland, Northport, North Shore, Pittsford-Mendon, St. John the Baptist, Suffern, Ward Melville, Warwick Valley, West Genesee, West Seneca West

New York Girls To Watch

Carter, Mackenzie, JR, Fayetteville Manlius
Cawley, Erin, SR, Newark Valley
Courtney Chapman, JR, Fayetteville Manlius
Cuffee, Aisling, SO, Cornwall
Goutos, Cassie JR, Saratoga
Greany, Shelby, SR, Suffern
Gregory, Meghan, SR, Burnt Hills
Griebsland, Lillian, JR, Warwick
Lasnicki, Allison JR, Canastota
Lipari, Emily, JR, Roslyn

Girls Northeast

(CT, ME, MA, NH, NJ, PA, RI, VT)

1. Newton South (MA) [2] Wins Dual County League Champs by 1 point over Lincoln-Sudbury
2. Lincoln-Sudbury (MA) [1] 1-point loss to Newton So in League Champs as both teams break course record
3. Glastonbury (CT) [3] Wins state class LL by 53 over Norwich, state open meet Sat
4. Emmaus (PA) [4] Wins District Eleven by 22 over Liberty, state meet Sat
5. Hanover (NH) [6] Wins State intermediate-class title by 70 led by victorious Heidi Caldwell, MOC Sat
6. North Penn (PA) [5] Wins District 1 by 50 points over Council Rock North, state meet Sat
7. Haverhill (MA) [7] Wins Chelmsford Conf Champs by 41 taking 5 of top 10
8. Haddonfield (NJ) [8] Takes 7 of top 10 in Colonial Conf meet
9. Greater Latrobe (PA) [10] Wins District 7 by 56 points, state meet Sat
10. Cumberland Valley (PA) [9] Wins District 3 by 83 points on hilly Hershey course, state meet Sat

Bubble teams alphabetically: Barrington (RI), Bishop Guertin (NH), Cape Elizabeth (ME), Champlain Valley (VT), Coe-Brown (NH), Colts Neck (NJ), Council Rock No (PA), Coventry (RI), Essex (VT), Guilford (CT), Hillsborough (NJ), Immaculate Heart (NJ), La Salle (RI), Lewisburg (PA), Liberty (PA), Manchester Central (NH), Norwich Free (CT), Oyster River (NH), Phillips Andover (MA), Pope John XXIII (NJ), Red Bank Cath (NJ), Ridge (NJ), Ridgefield (CT), South Kingston (RI), State College (PA), Toms River No (NJ), Voorhees (NJ)

Northeast Girls to Watch

Beaudette, Stephanie, JR, Bay View HS, East Providence, RI
Carmone, Erin, SR, East Providence HS, East Providence, RI
Christensen, Jean, SR, LaSalle Academy, Providence, RI
Colella, Arianna, SO, Cranston West HS, Cranston, RI
DeQuattro, Alyssa, JR, Cranston West HS, Cranston, RI
Jones, Abigail, SO, Barrington HS, Barrington, RI
Lima, Victoria, SR., Westerly, Westerly, RI
Nelson, Hope, JR, South Kingston HS, South Kingston, RI
Riley, Jenna, JR, Coventry HS, Coventry, RI
Siskind, Emily, JR, Barrington HS, Barrington, RI

Stasiuk, Allie, SR, North Kingston HS, North Kingston, RI

Dahlburg, Bridget, SR, Newton South, Newton, MA
Davidner, Jenna, JR, Oliver – Ames, Easton, MA
Hylton, Ellie, SR., Lincoln-Sudbury, Lincoln, MA
Jones, Emily, SR, Bromfield, Harvard, MA
Karys, Kelsey, SR, Newton South, Newton, MA
Kasper, Kristen, SR, North Andover, North Andover, MA
Keklak, Andrea, SO, Lincoln-Sudbury, Sudbury, MA
Lanois, Emily, SR, Hamilton - Wenham, MA
Solimine, Julie, SO., Haverhill, Haverhill, MA
Thomas, Jen, JR, Bishop Feehan, Attleboro, MA
Veit, Kristen, SR, Holyoke Catholic, Holyoke, MA

Corso, Isabella, Ridgefield, CT
Cotton, Sarah, Daniel Hand, CT
Crevoiserat, Lindsay, Glastonbury, CT
Hunter, Cassy, NFA, CT
Kalbian, Irene, Cheshire, CT
Kenny, Moira, Immaculate, CT
Malloy, Kristen, Glastonbury, CT
Nicholas, Jackie, Nonnewaug, CT
Sara, Lauren, Bunnell, CT
Smith, Claire, Avon, CT

Buck, Clare, SR, Hopewell Valley, Hopewell, NJ
Hall, Marielle, JR, Haddonfield, Haddonfield, NJ
Kellner, Katie, SR, West Windsor Plainsboro South, Princeton Junction, NJ
Ley, Chelsea, JR, Kingsway, Woolwich Township, NJ
Pagano, Sarah, SR, Immaculate Heart Academy, Washington Twp, NJ
Prentice, Jill, JR, Montgomery, Skillman, NJ
Rugino, Angela, SR, Toms River North, Toms River, NJ
Smith, Jill, SR, Southern Regional, Manahawkin, NJ
Thompson, Melanie, SR, Vorhees, Glen Gardner, NJ

Bulger, Molly , JR, Keene HS, Keene, NH
Caldwell, Heidi , JR, Hanover HS, Hanover, NH
Christiansen, Jacy , SO, Mascenic Regional, New Ipswich, NH
Emerson, Connie , JR, Hanover HS, Hanover, NH
Lai, Peggy , JR, Milford HS, Milford, NH
Rodriguez, Grace , SR, Hanover HS, Hanover, NH
Schneider, Rachel , SR, St. Thomas HS, Dover, NH
Shonbeck, Christina , JR, Con-Val Regional, Peterborough, NH
Smith, Kelsey , SO, Exeter HS, Exeter, NH
Tevnan, Brianna , SO, Merrimack Valley HS, Penacook, NH
Twombly, Anne , JR, Exeter HS, Exeter, NH

Vailas, Arianna , JR, Central HS, Manchester, NH

Anderson, Emily, FR, Middlebury, Middlebury, VT
Christian, Maddy, SR, CVU, Hinesburg, VT
Evans, Chelsea, SO, U-32, Montpelier, VT
Frisbie, Danika, SR, CVU, Hinesburg, VT
Gray, Haley, SR, St. Johnsbury, St. Johnsbury, VT
Guthrie, Anna, SR, Essex, Essex Jct. VT
Hulburd, Emma, SR, Rice, Burlington, VT
McFadden, Nora, SO, CVU, Hinesburg, VT
Rowe, Hannah, JR, St. Johnsbury, St. Johnsbury, VT

Anderson, Leigha, So., Cumberland Valley HS, Mechanicsburg, PA
Balouris, Elaina, Jr., Hampton HS, Allison Park, PA
Bower, Natalie, Sr., Greater Latrobe HS, Latrobe, PA
Cygan, Jessica, So., Liberty HS, Bethlehem, PA
Diacont, Margaret, Sr., Nazareth HS, Nazareth, PA
Faust, Amanda, Jr., Emmaus HS, Emmaus, PA
Gigliotti, Jenna, Jr., Norwin HS, N.Huntingdon, PA
Gorman, Katie, Sr., Plymouth-Whitemarsh HS, Conshohocken, PA
Graybill, Lindsey, Sr., Emmaus HS, Emmaus, PA
Jenkins, Jordan, Sr., New Oxford HS, New Oxford, PA
Kovach, Leslie, Sr., Norwin HS, N.Huntingdon, PA
Martin, Emily, Jr., Garden Spot HS, New Holland, PA
Rheiner, Lindsay, So., Council Rock North HS, Newtown, PA
Simpson, Elizabeth, Jr., Boyertown HS, Boyertown, PA
Sumney, Chelsea, Sr., Trinity HS, Camp Hill, PA
Zarger, Lauren, Sr., Harbor Creek HS, Harborcreek, PA
Ziemian, Sophia, Sr., Lewisburg HS, Lewisburg, PA

Girls South

(AR, LA, MS, OK, TX)

- | | |
|------------------------------|---|
| 1.The Woodlands (TX) [1] | Holds out varsity in Magnolia Inv, most teams off with districts meets this Sat |
| 2.Kingwood (TX) [2] | No major meet |
| 3.Kingwood Park (TX) [3] | No major meet |
| 4.Cinco Ranch (TX) [4] | No major meet |
| 5.Plano West (TX) [5] | No major meet |
| 6.Southlake Carroll (TX) [6] | No major meet |
| 7.Vista Ridge (TX) [7] | No major meet |
| 8.A&M Consolidated (TX) [8] | No major meet |
| 9.College Park (TX) [9] | No major meet |
| 10.Clear Lake (TX) [10] | Wins Magnolia Inv |

Bubble teams alphabetically: Belton (TX), Bentonville (AR), Coppell (TX), Edmond No (OK), Flower Mound (TX), Hereford (TX), Jenks (OK), Lafayette (LA), Marcus (TX), Plainview (OK), St. Joseph's (LA), Westmoore (OK)

South Girls to Watch

Blubaugh, Rebecca, 11, Airline, Bossier City, LA
Becerra, Jordyn, 10, St. Thomas Aquinas, Hammond, LA
Cali, Malia, 11, St Thomas Aquinas, Hammond, LA
Deeble, Amy, 11, Fontainebleau, Mandeville, LA
Fitzhenry, Heather, 12, Our Lady, Marrero, LA
Flattmann, Kaitlin, 10, Benton, Benton, LA
Laborde, Angela, 11, St Scholastica, Covington, LA
Manuel, Elizabeth, 9, Mandeville, Mandeville, LA
Murphy, Danielle, 10, St. Thomas Moore, Lafayette, LA
Passman, Morgan, 10, Mt Carmel, New Orleans, LA
Terhaar, Abby, 10, Episcopal, Baton Route, LA

Ashcraft, Casady, 12, Seminole, Seminole, OK
Barnes, Paige, 9, Union, Tulsa, OK
Cherry, Katelin, 12, Westmoore, Oklahoma City, OK
Daggett, Sarah, 10, Union, Tulsa, OK
Davis, Jori, 11, Piedmont, Piedmont, OK
Edwards, Roman, 9, Deer Creek, Edmond, OK
Guthrie, Bri, 9, McGuinness, Oklahoma City, OK
Lewis, Andrea, 12, Bishop Kelley, Tulsa, OK
Luper, Kevi, 12, Adair, Adair, OK
McGee, Danae, 9, Stroud, Stroud, OK
Moore, Kelsey, 11, Madill, Madill, OK

Bloom, MacKenzie, 12, Bentonville, Bentonville, AR
Canady, Tai, 12, Morrilton, Morrilton, AR
Dalton, Katie, 12, Bentonville, Bentonville, AR
David, Dani, 10, Heritage, Rogers, AR
Efurd, Courtney, 12, Rogers, Rogers, AR
Heymsfield, Grace, 11, Elkins, Elkins, AR
Meinzer, Natalie, 9, Batesville, Batesville, AR
Miess, Ashley, 12, Pulaski Academy, Little Rock, AR
Sanz, Elenna, 11, Bentonville, Bentonville, AR
Setzler, Erika, 11, Conway, Conway, AR

Bodin, Emily, 9, St Patrick, Biloxi, MS
Bodin, Katie, 9, St Patrick, Biloxi, MS
Brown, Haley, 11, Pearl, Pearl, MS
Holman, Catherine, 10, Tupelo, Tupelo, MS
Hunt, Kaleigh, 10, Pearl, Pearl, MS
McFerrin, Maggie, 12, Tupelo, Tupelo, MS
McGee, Cory, 11, Pass Christian, Pass Christian, MS
Page, Haley, 8, Tupelo, Tupelo, MS
Steinman, Kat, 10, Tupelo, Tupelo, MS
Will, Kaitlin, 12, Corinth, Corinth, MS

Andrews, Sarah, 11, Woodlands, The Woodlands, TX
Belvis, Bailey, 12, Prosper, Prosper, TX
Flores, Ashley, 11, Haltom, Haltom City, TX
Harris, Colbea, 11, Argyle, Argyle, TX
Isham, Ashley, 11, Vista Ridge, Cedar Park, TX
Kitts, Carly, 10, Midlothian, Midlothian, TX
Nielson, Aly, 10, Heritage, Colleyville, TX
Russell, Amanda, 11, Vista Ridge, Cedar Park, TX
Smith, Lauren, 12, Brazoswood, Clute, TX
Sveinsson, Chelsey, 10, Greenhill, Addison, TX
Terry, Tricia, 12, Memorial, McAllen, TX
Tindell, Regan, 11, Belton, Belton, TX
Upshaw, Tara, 12, Carroll, Southlake, TX

Girls Southeast

(AL, DE, FL, GA, KY, MD, NC, SC, TN, VA, WV)

1. Tatnall (DE) [1] No major meet, a week after setting team time course record at Bellevue Park
2. Collins Hill (GA) [2] No major meet
3. Mountain Brook (AL) [3] Wins Hoover Inv with 20 points
4. Midlothian (VA) [4] Wins Dominion District with 23 points
5. Blacksburg (VA) [5] Wins River Ridge District with 22 points
6. Jefferson Sci/Tech (VA) [6] Wins Liberty District with 19 points
7. Lake Braddock (VA) [8] Wins Patriot District over West Potomac
8. Robinson (VA) [NR] Wins Concorde District over Herndon with Oakton 3rd
9. Community Naples (FL) [9] No major meet
10. No. Gwinnett (GA) [10] Wins Last Chance Inv by 37 on state meet course

Cut: Oakton (VA) [7]

Bubble teams alphabetically: Alpharetta (GA), Assumption (KY), Bartram Trail (FL), Bishop O'Connell (VA), Bishop Kenny (FL), Brentsville (VA), Chapel Hill (NC), Chiles (FL), East Chapel Hill (NC), Green Hope (NC), Herndon (VA), Hidden Valley (VA), Holy Trinity (FL), Hurricane (WV), Maggie Walker (VA), Myers Park (NC), Oak Ridge (TN), Oakton (VA), Padua (DE), River Hill (MD), Roberson (NC), Roosevelt (MD), Science Hill (TN), University (WV), Watauga (NC), Western Branch (VA), West Potomac (VA), Wilmington Charter (DE), Winter Park (FL)

Southeast Girls to Watch

Boozer, Leslie, SR, Mtn Brook, Birmingham, AL, 2nd at Hoover in 19:22
Chitwood, Caitlin, SR, Scottsboro, Scottsboro, AL, 3rd at Hoover in 19:35
Demedicis, Marie, SO, Mtn Brook, Birmingham, AL, Idle this week
Denton, Elsbeth, SR, Vestavia Hills, Birmingham, AL, Idle this week
Diethelm, Catherine, SO, Mtn Brook, Birmingham, AL, 5th at Hoover
Harkness, Margaret, JR, St. Paul's, Mobile, AL, wins her flight at McGill Relays
Huston, Katie, JR, Sparkman, Huntsville, AL,
Morgan, Madeline, SR, Mtn. Brook, Birmingham, AL, Wins Hoover in 18:35
Poole, Adriana, SR, Sparkman, Huntsville, AL,
Rickard, Maggie, JR, Montgomery Acad., Montgomery, AL, Idle this week

Brasovan, Ashley, SR, Wellington, Palm Beach, FL, Rested and trained this week.

Carpio, Nicole, FR, Westminster, Miami, FL, Rested and trained this week.
Fluehr, Erika, SO, Community School of Naples, Naples, FL, Rested and trained this week.
Fluehr, Kathryn, SO, Community School of Naples, Naples, FL, Rested and trained this week.
Hale, Kayla, SR, Holy Trinity, Melbourne, FL, Won the Holy Trinity Fall Classic in 18:11
Koziara, Brittany, SR, Boone, Orlando, FL, Rested and trained this week.
Shappert, Stephanie, SO, Pope John Paul II, Palm Beach, FL, Won the PBCAC South/Boca City meet in 18:03, 2:25 ahead of the second runner.
Stern, Jessica, SR, Satellite, Satellite, FL, Rested and trained this week.

Bowles, Anna, SO, Lakeside High School, Evans, GA, won Carrollton AAA Race in 18:35
Centner, Ann, JR, Oconee County High School, Watkinsville, GA, won Clarke-Oconee Championships in 19:29
McCue-Woods, Kiara, ?, Flowery Branch High School, Flowery Branch, GA, 2nd in the Carrollton AAA Race in 19:33
Serres, Laura, SO, North Gwinnett High School, Suwanee, GA, won Carrollton AAAAAA Race in 19:32
Stovall, Ashley, SR, Chapel Hill High School, Douglasville, GA, won Douglas County Championships in 18:38

Brink, Emma, SO, Sacred Heart, Louisville, KY: Won Academy Meet in 18:26.
Frigo, Maria, St. Henry, Erlanger, KY: 19:35 for 20+ second win at SH Inv.
Gonzales, Gabby, SO, Ryle, Union, KY: 19:04 2nd place run at Woodford Co. Inv.
Mattingly, Maggie, JR, John Hardin, Elizabethtown, KY: 40 second win at Harrier Fall Classic in 18:55
McAtee, Emme, SR, Sacred Heart, Louisville, KY: 2nd to Brink in Academy Meet in 18:38.
Miller, Elizabeth, SR, Daviess County, Owensboro, KY: 18:52 win at FS Wilderness Run (3 miles).
Ostrem, Tenny, SR, Powell County, Stanton, KY: 5th at 20:10 at Woodford Co. Inv.
Riending, Allison, JR, Assumption, Louisville, KY: 4th at Academy Meet in 19:13
Snapp, Kaitlin, FR, Danville, Danville, KY: 1st in 18:34 (course record) at Woodford Co. Inv.

Duble, Jessica, SR, Chattanooga Christian, Chattanooga, TN
Gartman, Johanna, SO, CSTHEA (Home School)
Hazelhurst, Audrey, SO, University School of Jackson, Jackson, TN
Jumper, Hannah, SO, The Baylor School, Chattanooga, TN
Kroger, Kathy, SR, Independence High School, Thompson's Station, TN
Nobert, Kacey, SO, St. Agnes School, Memphis, TN
Pitcock, Jacquelin, JR, Bradley Central High School, Cleveland, TN
Scalf, Allie, SR, Science Hill High School, Johnson City, TN
Turner, Claire, JR, Red Bank High School, Chattanooga, TN

Lautzenheiser, Kathleen, JR, Midlothian, Midlothian, VA, 18:04 5K at Dominion District Meet (Pocahontas State Park)
Marsico, Megan, JR, Glenvar, Salem, VA, 16:41 3mi at Three Rivers District Meet (Giles County HS)
Nobles, Stacey, SR, Ocean Lakes, VA Beach, VA, 18:34 5K at Beach District Meet (Sportsplex)
Strehler, Barbara, SR, Trinity, Richmond, VA, 17:39 5K at Norfolk Academy Meet
Wilson, Anneka, JR, The Potomac School, McLean, VA, 17:44 5K at ISL Championships (Georgetown Prep)

Dent, Alex, JR, Hurricane, Hurricane, WV
Kasprowicz, Ari, SR, Preston, Kingwood, WV
Pettit, Allison, SR, Morgantown, Morgantown, WV
Propst, Letitia, SO, Elkins, Elkins, WV
Sall, Andrea, SR, Parkersburg, Parkersburg, WV

Yeager, Courtney, SR, Wheeling Park, Wheeling, WV

Girls Midwest

(IL, IN, MI, MO, OH)

1. Geneva (IL) [1] Wins Aurora West Regional with 22 points
2. Carmel (IN) [2] Wins Franklin Semi-State by 75 points, state meet Sat
3. Lee's Summit West (MO) [3] Wins Class 4 District 7 by 43 points
4. Magnificat (OH) [5] Wins NE Ohio Regional by 32 over a strong Hoover team, state meet Sat
5. Sandburg (IL) [6] Wins Orland Park Regional taking 6 of top 9
6. Palatine (IL) [4] Wins Hoffman Estates Regional in close scoring with Hoffman Estates and Schaumburg
7. Hinsdale (IL) [7] Wins Hinsdale Regional by 4 over Lyons Township
8. Northridge (IN) [NR] Wins New Haven Semi-State by 33 over Northrop with Carroll 3rd, state meet Sat
9. Traverse City Cent (MI) [8] Wins regional with 28 points, state meet Sat
10. Oak Hills (OH) [10] Wins Tiffin I Reg 2 by 11 points, state meet Sat

Cut: Fort Wayne Carroll (IN) [9]

Bubble teams alphabetically: Benet (IL), Buffalo Grove (IL), Cayuga Valley Christian (OH), Eureka (MO), Fort Wayne Carroll (IN), Franklin Central (IN), Hoffman Estates (IL), Hoover (OH), Jefferson City (MO), Kickapoo (MO), Lafayette (MO), Lake Central (IN), Lyons Township (IL), Medina (OH), Minster (OH), Naperville No (IL), Noblesville (IN), North Central (IN), Rochester Adams (MI), Rockford (MI), Saline (MI), Schaumburg (IL), Springboro (OH), Upper Arlington (OH), Washington (MO), Westfield (IN), West Plains (MO), York (IL)

Midwest Girls to Watch

Beatie, Elise, Woodstock, IL
Effinger, Maria, East, Belleville, IL
Flanagan, Lindsey, Sr. Roselle, Lake Park, IL
Frigo, Meghan, Jr., Elmhurst, IL
Hynes, Lizzy, Sr., St. Charles East, IL
McIntosh, Sarah, So., Palatine, IL
Olson, Heather, Sr., Gurnee, IL
Schneider, Alyssa, So., Bartlett, , IL
Seller, Ashley, Marist, Chicago, IL
Schulz, McKinzie, Jr., Lisle, IL
Whitley, Kelly, So., Geneva, IL

Al-Anzi, Jasmine, Franklin Central, Indianapolis, IN
Beachy, Autumn, DeKalb, IN
Higgins, Sarah, 12, West Lafayette, West Lafayette, IN
Lucas, Nicole, Bloomington South, Bloomington, IN
Mossler, Emily, North Central, Indianapolis, IN
Payonk, Dana, Lake Central, Saint John, IN
Wellman, Renee, 12, West Lafayette, West Lafayette, IN

Addison, Rebecca, SR Grand Haven
Anzalone, Gabrielle, SO Grand Blanc

Callka, Courtney, SR Rochester
Clark, Lindsay, SR, Walled Lake, MI
Goethals, Megan, JR Rochester
Kroll, Sara, JR Livonia
Macumber, Cally, SO Rochester
Shannon Osika, SO Waterford
Tomecek, Jordan, JR Milan
Leptich, Alex, JR Saline

Allison, Alyssa, SR Festus, MO
Hynes, Taylor, SO Lees Summit, MO
Nightengale, Samantha, FR., Blue Springs South, Blue Springs, MO
Phoebus, Chelsea, Lee Summit, MO
Robison, Diane, JR Chesterfield, MO
Schabbing, Veronica, SR Cape Girardeau, MO
Sisson, Emily, JR Chesterfield, MO
Todd, Natalie, SR., Ladue Horton Watkins, St. Louis, MO
Watson, Briana, SO., Jefferson City, Jefferson City, MO
Wood, Courtney, SO., Neosho, Neosho, MO
Yohe, Megan, Liberty, MO

Brink, Tori, Hilliard Davidson, Hilliard, OH
Chambers, Madeline, Rocky River, OH
Gillespie, Katie, Stow, OH
Hamilton, Carly, Springboro, OH
Morgan, Stephanie, Barnesville, OH
Neczypor, Hannah, Royalton, OH
Norman, Samantha, Louisville, OH
Ridder, Brooklyn, Oak Hills, OH
Thomas, Michelle, Glen Este, OH

Girls Heartland

(IA, KS, MN, NE, ND, SD, WI)

- 1.Sioux Falls Roosevelt (SD) [1] Wins State 2A title by 28 points with 5 in top 14
- 2.Dowling Cath (IA) [2] Wins District 4A with 21 points, holding out Katie Flood, state meet Sat
- 3.Eden Prairie (MN) [3] Wins Section 6AA with 24 points, state meet Sat
- 4.Lakeville North (MN) [4] Wins Section 1AA by 42 points, state meet Sat
- 5.Iowa City High (IA) [5] Wins district meet with 27 points, state meet Sat
- 6.Iowa City West (IA) [6] Wins district meet taking 4 of top 7, state meet Sat
- 7.Bismarck (ND) [7] Wins State A title by 38 points with 31-second spread for 4k
- 8.Whitefish Bay (WI) [8] Wins Brookfield Section decisively over top field, state meet Sat
- 9.Manhattan (KS) [9] Wins Junction City Regional taking 6 of top 12, state meet Sat
- 10.Minnnetonka (MN) [10] 2nd to Eden Prairie in sectional, state meet Sat

Bubble teams alphabetically: Aberdeen (SD), Bay Port (WI), Blue Valley NW (KS), Chaska (MN), Derby (KS), Hopkins (MN), La Crosse Central (WI), Lawrence Free State (KS), Norfolk (NE), Olathe East (KS), Olathe South (KS), Pewaukee (WI), Scottsbluff (NE), Yankton (SD), Waukesha West (WI), White Bear Lake (MN), Woodbury (MN), Yankton (SD)

Heartland Girls to Watch

Briscoe, Alexis, SO, Scottsbluff HS, Scottsbluff, NE
Budd, Kelli, SR, Omaha Marian HS, Omaha, NE
Burt, Destiny, SO, Papillion-La Vista HS, La Vista, NE
Bussa, Holly, SR, Fremont HS, Fremont, NE
Curran, Erin, SR, Wahoo HS, Wahoo, NE
Oddo, Megan, SR, Millard North HS, Omaha, NE
Parks, Melissa, SO, Norfolk HS, Norfolk, NE
Schwalenberg, Jena, SR, Columbus HS, Columbus, NE
Smith, Julianna, FR, Sidney HS, Sidney, NE
Worden, Aubree, SO, Scottsbluff HS, Scottsbluff, NE

Antonneau, Katie, Jr., Horlick H.S., Racine, WI
Bacchuber, Emily, So., Shorewood H.S., Shorewood, WI
Blazei, Taylor, Fr., Slinger H.S., Slinger, WI
Ehrke, Kiah, Sr., Stoughton, Stoughton, WI
Hill, Jami, Sr., Onalaska H.S., Onalaska, WI
Levac, Gabby, Jr., Arrowhead H.S., Hartland, WI
Schmidt, Jessica, Sr., West DePere H.S., West DePere, WI
Sickels, Morgan, Jr., Catholic Memorial H.S., Waukesha, WI
Trasser, Hannah, So., Brookfield Central H.S., Brookfield, WI
Weber, Rachel, So., North H.S., Appleton, WI

Becker, Maddie, JR, Cedar Rapids Washington, Cedar Rapids, IA
Casey, Morgan, JR, Northeast Goose Lake, Goose Lake, IA
Decker, Ashley, JR, Dowling, Des Moines, IA
Dickinson, Sara , JR, Oskaloosa, Oskaloosa, IA
Engelhardt, NICOLE, SR, Iowa City West, Iowa City, IA
Flood, Katie, JR, Dowling, Des Moines, IA
Houlihan, Shelby, SO, Sioux City East, Sioux City, IA
Martin, Anne , SO, Pleasant Valley, Bettendorf, IA
Schon, Scotti, SR, Waukon, Waukon, IA
Stoakes, Sara , SR, North Tama, Tama, IA

Avery, Clifton, 12, Washburn Rural, Topeka,
Beck, Erin, 11, .Blue Valley North, Overland Park, KS
Briggs, BreAnna , 11, Wamego, Wamego, KS
Imgrund, Lisa, 11, SM Northwest, Shawnee, KS
Kilwein, Kyra, 12, Free State, Lawrence, KS
Maki, Mackenzie, 11, Kapaun Mt. Carmel, Wichita, KS
Marley, Crusch, 12, Manhattan, Manhattan, KS
Mohr, Elli, 10, Blue Valley NW, Overland Park, KS
Sheridan, Ellie , 9, DeSoto, DeSoto, KS
Washburn, Ally, 12, St. Thomas Aquinas, Overland Park, KS

Bucholz, Britney, So, West Fargo, West Fargo, ND
Greer, Steph, Sr, Minot High, Minot, ND
Kraft, Sydney, Fr, Rugby, Rugby, ND
Lachowitz, Tarin, Fr, Fargo South, Fargo, ND
Lambert, Shanice, Jr, Bismarck High, Bismarck, ND
Mears, Alissa, Fr, West Fargo, West Fargo, ND
Pintar, Taylor, Jr, Bismarck High, Bismarck, ND
Wachter, Alexa, Sr, Bismarck High, Bismarck, ND
Wahlund, Brecca, So, Minot High, Minot, ND
Wolf, Dakota, Sr, Dickinson, Dickinson, ND

Bates, Emma, Jr, Elk River, Elk River, MN
Docherty, Laura, Sr, Cretin Derham Hall, MN
Guidinger, Claire, Jr, Winona, Winona, MN
Harrison, Julia, So, Mound-Westonka, MN
Hauger, Maria, 8th, Shakopee, Shakopee, MN
Moraczewski, Katie, Sr, White Bear Lake, White Bear Lake, MN
Optiz, Cassie, Sr, Eden Prairie, Eden Prairie, MN
Piepenburg, Jamie, Fr, Alexandria, Alexandria, MN
Platner, Megan, So, Eden Prairie, Eden Prairie, MN
Rudin, Alexandra, So, Eden Prairie, Eden Prairie, MN

Arment, Brittany, JR, Central HS, Aberdeen, SD
Creager, Krista, Yankton HS, Yankton, SD
Eich, Bailey, SO, Douglas HS, Box Elder, SD
Grimshaw, Lottie, 8, Todd County HS, Todd County, SD
Hess, Alex, FR, Roosevelt HS, Sioux Falls, SD
Hilson, Megan, JR, Yankton HS, Yankton, SD
Kautz, Seanna, JR, Roosevelt HS, Sioux Falls, SD
Neubert, Courtney, SO, Central HS, Aberdeen, SD
Pfeifle, Annie, SR, Stevens HS, Rapid City, SD
Simmons, Bridget, FR, Pierre HS, Pierre, SD

Girls Southwest

(AZ, CO, NV, NM, UT, WY)

- | | |
|------------------------------|--|
| 1. Classical (CO) [2] | Wins State 3A with 16 points (4 score) with top 5 each faster than Fort Collins' scorers |
| 2. Fort Collins (CO) [1] | Wins State 5A title by 93 points over Highlands Ranch |
| 3. Davis (UT) [4] | Wins State 5A title by 42 points taking 3 of top 5 |
| 4. Mountain Crest (UT) [10] | Wins State 4A title and close 2 nd to Davis in merged scoring |
| 5. Park City (UT) [5] | Wins State 3A title and 3 rd in merged scoring |
| 6. Xavier Prep (AZ) [6] | 11 th in Mt. SAC Individual Sweeps race placing among Calif bubble teams |
| 7. Highlands Ranch (CO) [BT] | 2 nd in State 5A, 3 rd in overall comparisons |
| 8. Cherry Creek (CO) [8] | 3 rd in State 5A, close behind Highlands Ranch |
| 9. Thompson Valley (CO) [3] | Wins State 4A by 26 over previously-ranked Cheyenne Mountain |

10.Ironwood Ridge (AZ) [6] 15th in Mt. SAC Team Sweeps

Bubble teams alphabetically: Alamosa (CO), Albuquerque Acad (NM), Boulder (CO), Cheyenne Central (WY), Cheyenne Mountain (CO), Dakota Ridge (CO), Eldorado (NM), Gallup (NM), Jordan (UT), Los Alamos (NM), Mountain View (UT), O'Connor (AZ), Palmer (CO), Rio Rancho (NM), South Tahoe (NV), St. Pius (NM)

Southwest Girls to Watch

Bedrick, Bronwyn, SR, Sandia Prep, Albuquerque, NM
Campos, Jackie, SR, Santa Teresa, Santa Teresa, NM
Castillo, Brittany, SR, Carlsbad, Carlsbad, NM
Castillo, Brandy, SR, Carlsbad, Carlsbad, NM
Foster, Julia, SO, Academy, Albuquerque, NM
Hannah, Kristy, JR, Eldorado, Albuquerque, NM
Holguin, Elba, SR, Albuquerque High, Albuquerque, NM
Milne, Clara, JR, Academy, Albuquerque, NM
Norskog, Kate, SO, St. Michael's, Santa Fe, NM
Pecos, Marlinda, JR, Santa Fe Indian School, Santa Fe, NM

Benzel, Miranda , 12, Ft. Collins, Ft. Collins, CO
Fulton, Eleanor , 10, Highlands Ranch, Highlands Ranch, CO
Gallagher, Claire, 11, Cherry Creek, Greenwood Village, CO
Hannenburg, Kaitlin , 11, The Classical Academy, Colorado Springs, CO
McLaughlin, Allie, 12, Air Academy, Colorado Springs, CO
Rogers , Natosha , 12, Dakota Ridge, Littleton, CO
Slavoski, Kara, 11, St. Mary's, Colorado Springs, CO
Stableford, Shelby, 9, The Classical Aacademy, Colorado Springs, CO
Tremblay, Laura, 12, Thompson Valley, Loveland, CO
Vanata, Kaitie , 12, Dakota Ridge, Littleton, CO

Biaggi, Taylor, SR, Douglas, Minden, NV
Carrell, Katie , SR, Arbor View, Las Vegas, NV
Hollett, Yvonne, JR, Carson, Carson City, NV
Kirsch, Demery , JR, Reno, Reno, NV
Laurent, Michaelanne, SR, Coronado, Henderson, NV
Leedy, Leah, SR, Foothill, Henderson, NV
MacIntyre, Shelby , FR, South Tahoe, South Tahoe, CA
Schenck, Michelle , JR, ShadowRidge, Las Vegas, NV
Smith, Kelsey , JR, South Tahoe, South Tahoe, CA
Williams, Brittany, SO, Centennial, Las Vegas, NV

Bawden, Ann, Senior, Highland, Gilbert, AZ
Bristow, Aeoleone, Sophomore, Rio Rico, Rio Rico, AZ
DelaVega, Taylor, Freshman, Perry, Gilbert, AZ
Howard, Kat, Senior, Ironwood Ridge, Oro Valley, AZ
Jumbo, Rolonda, Freshman, Chinle, Chinle, AZ
Kieser, Kylee, Sophomore, Casa Grande Union, Casa Grande, AZ
Miville, Sarah , Sophomore, Ironwood Ridge, Oro Valley, AZ

Rydberg, Jessica, Senior, Blue Ridge, Lakeside, AZ
Tonn, Jessica, Junior, Xavier College Preparatory, Phoenix, AZ
Wiley, Lisa, Sophomore, Shadow Mountain, Phoenix, AZ

Carpenter, Lela, Jr, Sheridan High, Sheridan, WY
LeMaster, Jessica, So, Central High, Cheyenne, WY
Morin, Dana, Jr, Sheridan High, Sheridan, WY
Peterson, Nicole, Jr, Rock Springs High, Rock Springs, WY
Schiel, Christie, Fr, Central High, Cheyenne, WY

Eddy, Candace, Sr, Davis, Layton, UT
Headquist, Megan, Sr, Layton, Layton, UT
Hodson, Brook, Sr, Timpanogos, Orem, UT
Kipp, Shalaya, Sr, Skyline, Highland, UT
Menlove, Danielle, Fr., Jordan, Sandy, UT

Girls Northwest

(AK, HI, ID, MT, OR, WA)

1. Jesuit (OR) [1] With Metro League Champs with 19 points
 2. Seattle Prep (WA) [2] Wins Metro 3A Champs with 21 points
 3. Gig Harbor (WA) [3] Wins Narrows League by 39 points
 4. Bozeman (MT) [5] Wins State 2A by 50 points led by victorious soph Heidi Turner
 5. Eastlake (WA) [8] Starting to fulfill pre-season promise winning KingCo 4A by 38 with tight pack
 6. Richland (WA) [4] Wins 4A Big 9 District meet by 39 points
 7. Sehome (WA) [7] Wins NW Conf taking 5 of top 12
 8. St. Mary's (OR) [6] Wins Mt. Hood Conf by 10 over Hood River
 9. Summit (OR) [9] Wins Intermountain Conf with 27 points
 10. Crescent Valley (OR) [BT] Back on top by 20 winning Mid-Willamette Conf in see-saw season with Corvallis
- Cut: Corvallis (OR) [10]*

Bubble teams alphabetically: Anchorage West (AK), Billings Sr (MT), Bishop Kelly (ID), Corvallis (OR), Crater (OR), Davis (WA), Kuna (ID), Millilani (HI), Mountain View (ID), Punahou (HI), Tahoma (WA), Whitefish (MT)

Northwest Girls to Watch

Maag, Annamarie, SO, Jesuit HS, Beaverton, OR
VanRysselberghe, Noelle, SR, Jesuit HS, Beaverton OR
Kolberg, Betsy, SR, Lincoln HS, Portland, OR
Tyerman, Kayleigh, SR, Crater HS, Central Point, OR
Jones, Alexandra, SR, Saint Mary's Academy, Portland, OR
Foley, Kellie, SO, Crook County HS, Prineville, OR
Murray, Tate, JR, Lake Oswego HS, Lake Oswego, OR
Tidwell, Khalia, JR, Gresham HS, Gresham, OR
O'Connor, Alyssa, SR, Summit HS, Bend, OR

Cutting, Allison, 11, Sequim, Sequim, WA, 2nd League – 3 miles 17:24 (Dungeness GC)
Dear, Annie, 12, Olympia, Olympia, WA, 3rd League – 5000m 19:06 (Ft Steilacoom)
Friday, Becca, 12, Bellingham, Bellingham, WA, 2nd League – 5000m 18:38 (Civic Stadium)

Jacard, Jillian, 12, Redmond, Redmond, WA, 2nd League – 5000m 18:56 (Lincoln Park)
Kane, Claire, 11, Olympia, Olympia, WA, won League – 5000m 18:32 (Ft Steilacoom)
Lord, Sarah, 12, Redmond, Redmond, WA, won League – 5000m 18:34 (Lincoln Park)
Martinez, Sandra, 12, Davis, Yakima, WA, won League – 4800m 17:44 (Walla Walla)
Mires, Bailey, 10, Mead, Spokane, WA, won League – 5000m 18:30 (Wandermere GC)
Moskowitz, Shannon, 11, Central Kitsap, Silverdale, WA, 2nd League – 5000m 18:47 (Ft. Steilacoom)
Nelson, Andrea, 11, Shadle Park, Spokane, WA, 2nd League – 5000m (18:53 (Wandermere GC)
Roberts, Ruby, 11, Kingston, Kingston, WA, won League – 3 miles 17:02 (Dungeness GC)
Schooley, Shawna, 12, Davis, Yakima, WA, 2nd League – 4800m 18:22(Walla Walla)

Alexa Aragon, Senior High School, Billings, MT
AuraLea Fain, Senior High School, Billings, MT
Dani Aragon, Senior High School, Billings, MT
Heather Fraley, Glacier High School, Kalispell, MT
Heidi Turner, Bozeman High School, Bozeman, MT
Keely West, CMR High School, Great Falls, MT
Kelli Dennehy, Butte High School, Butte, MT
Nicole Rietz, West High School, Billings, MT
Rachel Stewart, Great Falls High, Great Falls, MT
Taylor Rather, Big Sky High School, Missoula, MT

Amanda Tamanaha, SR, St. Andrew's Priory, HI
Bailey Massenburg, SR, King Kekaulike, HI
Hailey Abing, SR, La Pietra, HI
Hailey Grossman, JR, Seabury Hall, HI
Jenna Wong, JR, Iolani, HI
Julie Besenbruch, SR, Maryknoll, HI
Kristin Ali Keith, JR, Mililani, HI
Nicole Painter, SR, Mililani, ,HI
Sara Clapp, JR, Kaiser, HI
Tialana Greenwell, SO, Honokaa , HI

Barnwell, Allison , Soph, Seward, Seward, Ak
Edic, Heather , Sr, Lathrop, Fairbanks, Ak
Francis, Leah , Jr, Juneau Douglas , Juneau, Ak
Ivanhoff, Chloe , Jr, Kodiak, Kodiak, Ak
Kennedy, Esther , Sr, Service, Anchorage, Ak
Luch, Letitia, Jr, West, Anchorage, Ak
Mucha, Bree, Fr, Soldotna, Soldotna , Ak
O'Guinn, Ivy , Jr, Skyview, Soldotna, Ak
Wilson, Kailey, Fr, Kenny Lake, Kenny Lake, Ak

Bartlett, Megan, SR, Sandpoint, Sandpoint, ID
Campbell, Kaylee, SR, Preston, Preston, ID
Gomez, Kinsey, SO, Coeur d'Alene, Coeur d'Alene, ID
Jamboretz, Kate, So, Boise High, Boise, ID

Leonhardt, Jessica, SR, Bear Lake, Montpeiler, ID
Mitchell, Molly, SR, Lake City, Coeur d'Alene, ID
Neilsen, Nicole, Sr, Borah, Boise, ID
Nist, Emily, FR, Bishop Kelly, Boise, ID

Girls California

- | | |
|------------------------|---|
| 1.Saugus [1] | Sets course record with 17:40 avge on hilly 2.94m dominating Mt. SAC Team Sweeps |
| 2.Dana Hills [2] | 2 nd at Mt. SAC with 3 rd -fastest team time (18:06 avge) in meet history |
| 3.Torrey Pines [5] | Best race of season taking 3 rd at Mt. SAC with 18:14 team avge |
| 4.Crescenta Valley [7] | 4 th at Mt. SAC continuing season upswing |
| 5.Trabuco Hills [4] | 5 th at Mt. SAC losing tie-breaker to C.V. |
| 6.Mountain View [6] | No major meet |
| 7.Great Oak [3] | 6 th at Mt. SAC behind two schools it had been previously |
| 8.Oak Ridge [9] | No major meet |
| 9.Redlands [8] | Wins Mt. SAC Individual Sweeps race with 18:49 team avge |
| 10.Chino Hills [BT] | 7 th at Mt. SAC |

Cut: Canyon-Anaheim [10]

Bubble teams alphabetically: Aptos, Buchanan, Canyon-Anaheim, Carondelet, Castro Valley, Chaparral, Corona del Mar, Davis, El Toro, Esperanza, La Reina, Livermore, Mira Costa, Murrieta Valley, Orange Lutheran, Rancho Bernardo, San Clemente, St. Ignatius, St. Mary's-Berkeley, Sultana, West Ranch

California Girls to Watch

Adams, Christine, 11, Esperanza, Anaheim, CA
Apgar, Elizabeth, 12, Lincoln, San Diego, CA
Balbier, Heather, 12, Dana Hills, Dana Point, CA
Bergman, Jennifer, 12, Valley Christian, San Jose, CA
Dunne, Alex, 12, San Clemente, San Clemente, CA
Ferrante, Marissa, 11, Aptos, Aptos, CA
Grabill, Molly, 10, Rancho Bernardo, San Diego, CA
Hasay, Jordan, 12, Mission College Prep, San Luis Obispo, CA
Hayes, Hillary, 12, Edison, Huntington Beach, CA
Jauregui, Briana, 12, Saugus, Santa Clarita, CA
Lillig, Colleen, 11, CA, San Ramon, CA
Mahoney, Kaylin, 10, Saugus, Santa Clarita, CA
Miller, Liberty, 11, Simi Valley, Simi Valley, CA
Morgan, Megan, 11, Torrey Pines, San Diego, CA
Parry, Kristin, 10, Dana Hills, Dana Point, CA
Randall, Anne, 12, Saugus, Santa Clarita, CA
Silva, Sammy, 12, Our Lady of Peace, San Diego, CA
Skiba, Melissa, 11, Oak Park, Oak Park, CA
Taylor, Jacque, 11, Casa Grande, Petaluma, CA
Vega, Sierra, 11, Foothill, Santa Ana, CA

