

Weekly High School X-C Regional Team Rankings 2008

Marc Bloom and Rich Gonzalez

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Weekly High School X-Country Regional Team Rankings and Individuals to Watch

Team Rankings by Marc Bloom and Rich Gonzalez

Regional Individuals To Watch compiled by NSSF State Ambassadors

Last week's rankings in parentheses. BT means Bubble Team. NR means no ranking including bubble teams.

--Nike Cross Nationals Regional Meets on Saturday, Nov. 29--

NY and Northeast (Wappingers Falls, NY), Southeast (Cary, NC), California State (Fresno)

Boys New York

- | | |
|----------------------------------|--|
| 1. Shenendehowa [1] | Previously won State Federation title, NXN NY Regional on Saturday |
| 2. Fayetteville-Manlius [2] | Previously 2 nd to Shen in State Public Association 2A |
| 3. Burnt Hills-Ballston Lake [3] | Previously 2 nd in State Federation champs |
| 4. Shoreham-Wading River [4] | Previously 3 rd in State Federation champs |
| 5. Honeoye Falls-Lima [5] | Previously 4 th in State Federation champs |
| 6. Queensbury [6] | Previously 5 th in State Federation champs |
| 7. Arlington [7] | Previously 6 th in State Federation champs |
| 8. North Rockland [8] | Previously 7 th in State Federation champs |
| 9. East Aurora [9] | Previously 8 th in State Federation champs |
| 10. Liverpool [10] | Previously 9 th in State Federation champs |

Bubble teams alphabetically: Baldwinsville, Binghamton, Bishop Ford, Brighton, Brockport, Calhoun, Chaminade, Jamesville-Dewitt, Mckee SI Tech, Msgr. Farrell, Newark Valley, Northport, Pittsford-Mendon, Saratoga Springs, Scarsdale, Shaker, Smithtown, St. Anthony's, Suffern, Warwick Valley, Washingtonville, Walt Whitman, Wantagh, West Genesee, Windsor

New York Boys to Watch

Andrews, Bobby, 12, Shoreham-Wading River
Connell, Brendan, 12, Smithtown
Deir, Alex, 11, HFL
Doherty, Adam, 12, Arlington
Goutos, Demetri, 12, Saratoga Springs
Harris, Dan, 11, Shenendehowa
Hatz, Alex, 11, Fayetteville-Manlius

Hickey, Mike, 12, Pearl River
Leuchanka, Alex, 12, Shenendehowa
Perilli, Drew, 11, Lockport
Muller, John, 12, Arlington
Raseman, Quinn, 11, Ward Melville
Savage, Colin, 11, Liverpool
Stogsdill, Chris, SR, Marcellus, NY
Straneva, Max, 11, Chenango Valley, NY
Ubriaco, Otis, 10, Burnt Hills, NY

Boys Northeast

(CT, ME, MA, NH, NJ, PA, RI, VT)

1. W. Windsor-Plainsboro N (NJ) [1] Wins State MOC over Don Bosco with all-time course mark, NXN NE Reg on Sat
2. Don Bosco (NJ) [2] 2nd in State Meet of Champs
3. North Penn (PA) [3] Previously won State 3A
4. Danbury (CT) [4] Previously won State Open and New England titles
5. Amity (CT) [5] Previously close 2nd to Danbury in New Englands
6. Christian Bros (NJ) [7] Distant 3rd in State Meet of Champs
7. Haddonfield (NJ) [6] 4th in State MOC, 1 point behind CBA
8. La Salle (PA) [8] Previously 2nd in State 3A
9. No. Allegheny (PA) [9] Previously 3rd in State 3A
10. Hanover (NH) [10] Previously 3rd in New Englands

Bubble teams alphabetically: Amherst (MA), Bishop Guertin (NH), Bishop Hendricken (RI), Cherokee (NJ), Conard (CT), Council Rock No (PA), Cumberland Valley (PA), Essex (VT), Germantown Friends (PA), Greely (ME), Henderson (PA), La Salle (RI), Mansfield (MA), Mendham (NJ), Methuen (MA), Morris Hills (NJ), Nashua So (NH), Nashua No (NH), Neshoba (MA), Perkiomen Valley (PA), Pinkerton (NH), Pope John XXIII (NJ), Shelton (CT), Southern Reg (NJ), St. John's Prep (MA), Upper Dublin (PA), West Windsor-Plainsboro So (NJ), Whitman-Hanson (MA)

Northeast Boys to Watch

Aden, Omar, SR, Charlestown, Charlestown, MA
Aylaian, Brendan, JR, Nashoba, Bolton, MA
Dannenbauer, Ray, SR., Amherst-Pelham Regional, Amherst, MA
Galebach, Philip, SR, Medford HS, Medford, MA
Moverman, Mike, SR, Oliver - Ames, Easton, MA
Wilson, David, SR, Brookline, Brookline, MA
Wortham, Andrew, SR, Newton South, Newton, MA

Allen, Robert, SO, Cranston West HS, Cranston, RI
Doyle, Brian, JR, Bishop Hendricken HS, Warwick, RI
Feigan, Mark, SR, East Greenwich HS, East Greenwich, RI
Griffin, Sid, SR, Barrington HS, Barrington, RI
Hurley, David, SR, Chariho HS, Richmond, RI
Mecurio, Connor, SR, LaSalle Academy, Providence, RI
O'Laughlin, Tim, SR, Westerly HS, Westerly, RI
Ross, Nick, JR, East Greenwich HS, East Greenwich, RI
Sienko, Jake, JR, Bishop Hendricken HS, Warwick, RI
Springer, Andrew, SR, Westerly HS, Westerly, RI

Bendtsen, Chris, Wolcott, CT
Bubniak, Joey, Danbury, CT
Hrezi, Mohamaed, Naugatuck, CT
King, Ryan, Tolland, CT

Marsh, Bryan, Conard, CT
McGuire, Ryan, Notre Dame, CT
RANERI, JOHN, New Fairfield, CT
Reynolds, Chris, Suffield, CT
Schaefer, Tucker, Danbury, CT
Stoliker, Richard, Shelton, CT

Berman, Neal, Sr., Lower Merion HS, Ardmore, PA
Beveridge, Joe, Sr., Bishop McDevitt HS, Harrisburg, PA
Bogert, Jon, Sr., Liberty HS, Bethlehem, PA
Bonaventure, Nick, Sr., Penncrest HS, Media, PA
Broussard, Chase, Sr., North Allegheny HS, Wexford, PA
Furcht, Ben, Sr., Lower Merion HS, Ardmore, PA
Gil, Ryan, So., North Allegheny HS, Wexford, PA
Gunzenhauser, Rad, Jr., Mt. Lebanon HS, Pittsburgh, PA
Hobart, TJ, Sr., Baldwin HS, Pittsburgh, PA
Hull, Kevin, Sr., Hempfield HS, Greensburg, PA
Hurst, Kyle, Sr., Carlisle HS, Carlisle, PA
Kellar, Will, Jr., Henderson HS, West Chester, PA
Krystek, DJ, Sr., Gateway HS, Monroeville, PA
Luff, Tom, Sr., Emmaus HS, Emmaus, PA
Mahoney, Mike, Sr., Council Rock North HS, Newtown, PA
McKenzie, Gus, Jr., Germantown Friends School, Germantown, PA
Miles, Brad, Jr., North Penn HS, Lansdale, PA
Palmisano, Mike, Sr., Upper Dublin HS, Fort Washington, PA
Pierce, Mike, Sr., Holy Ghost Prep, Bensalem, PA
Stauffer, Cam, Sr., Seneca Valley HS, Harmony, PA
Tarsnane, Jimmy, Sr., Perkiomen Valley HS, Collegeville, PA
Wallace, Dan, Jr., Council Rock North HS, Newtown, PA

Forward, David, JR, Shawnee, Medford, NJ
Franklin, Michael, SR, Mendham, Mendham, NJ
Leining, Mark, SR, Colts Neck, Colts Neck, NJ
Molke, Robert, SR, Don Bosco, Ramsey, NJ
Pohorence, Sean, SR, Morris Hills, Rockaway, NJ
Rosa, James, SO, West Windsor Plainsboro North, Plainsboro, NJ
Rosa, Joe, SO, West Windsor Plainsboro North, Plainsboro, NJ
Smith, Doug, SR, Gill St Bernards, Gladstone, NJ
Spencer, Leighton SR, Don Bosco, Ramsey, NJ
Vitez, Jon, JR, Haddonfield, Haddonfield, NJ

Christiansen, Job , SR, Mascenic Regional, New Ipswich, NH
Collopy, Jack , FR, Oyster River HS, Durham, NH
Fisher, Dylan , SR, Con-Val Regional, Peterborough, NH
Grant, Josh , SR, Nashua North HS, Nashua, NH
Hernandez, Francis , JR, Bishop Guertin HS, Nashua, NH
Jourdain, Joey, JR, Bishop Guertin HS, Nashua, NH
LaCoste, Jeff, SO, Bishop Guertin HS, Nashua, NH
Malnati, Eric , SR, Fall Mountain Regional, Alstead, NH
McBrien, Ethan , SR, Con-Val Regional, Peterborough, NH
Pietrocarlo, Chris , JR, Pinkerton Academy, Derry, NH

Sinotte, Cory , SR, Manchester Central HS, Manchester, NH
Watanabe, Aaron , JR, Hanover HS, Hanover, NH

Bouffard, Justin, 12, Essex, VT
Elliott-Knaggs, Landen, 12, Brattleboro, VT
Kline, Charlie, 11, Essex, VT
Mainer, Matt, 12, CVU, VT
Marshall, Nick, 11, Mount Mansfield, VT
Paulsen, Dan, 12, Essex, VT
Pittman, Adron, 12, Mount Mansfield, VT
Sinclair, David, 11, GMVS, VT
Sulva, Tony, 12, CVU, VT
Welter, Eamon, 12, Harwood, VT

Boys South

(AR, LA, MS, OK, TX)

- | | |
|------------------------------|--|
| 1.The Woodlands (TX) [1] | Wins NXN South Regional by 27 points over Cedar Park |
| 2.Cedar Park (TX) [3] | 2 nd in South Regional |
| 3.Boerne (TX) [4] | 3 rd in South Regional |
| 4.Klein Oak (TX) [5] | 4 th in South Regional |
| 5.Marcus (TX) [6] | 5 th in South Regional |
| 6.Southlake Carroll (TX) [7] | 6 th in South Regional |
| 7.Seven Lakes (TX) [2] | 7 th in South Regional |
| 8.Cinco Ranch (TX) [BT] | 8 th in South Regional |
| 9.Strake Jesuit (TX) [BT] | 9 th in South Regional |
| 10.FEAST (TX) [BT] | 10 th in South Regional |

Cut: Flower Mound (TX) [8], Del Rio (TX) [9], Poteet (TX) [10]

Bubble teams alphabetically: A&M Consolidated (TX), Baton Rouge Cath (LA), Big Spring (TX), Brother Martin (LA), Canyon (TX), Clear Lake (TX), College Park (TX), Coppell (TX), Del Rio (TX), El Paso Austin (TX), Flower Mound (TX), Fossil Ridge (TX), Georgetown (TX), Houston Mem (TX), Jesuit (LA), Kingwood (TX), Lamar (TX), Lockhart (TX), Moore (OK), Plano West (TX), PSJA North (TX), Poteet (TX), Tulsa Union (OK), Tupelo (MS), Vista Ridge (TX)

South Boys to Watch

Chris Brown Carroll XC Club , TX
Craig Lutz Marcus, TX
Zachary Ornelas Vista Ridge RC , TX
Alex Delagarza Mercedes Track, TX
Chase Rathke Seven Lakes, TX

Boys Southeast

(AL, DE, FL, GA, KY, MD, NC, SC, TN, VA, WV)

- | | |
|-----------------------------|---|
| 1.Jamestown (VA) [1] | Previous won State 2A, NXN Southeast Regional on Saturday |
| 2.Oakton (VA) [2] | Previously won State 3A |
| 3.Broughton (NC) [3] | Previously won State 4A |
| 4.Daviess County (KY) [4] | Previously won State 3A |
| 5.Peachtree Ridge (GA) [6] | Previously won State 5A |
| 6.Belen Prep (FL) [5] | Wins State 2A with 15:58 5k average on fast course |
| 7.Walter Johnson (MD) [7] | Previously won State 4A |
| 8.Leon (FL) [BT] | Wins State 3A with 15:58 5k average on fast course |
| 9.Albemarle County (VA) [8] | Previously 2 nd in State 3A |
| 10.Blacksburg (VA) [9] | Previously 2 nd in State 2A |

Cut: Flowery Branch (GA) [10]

Bubble teams alphabetically: Auburn (AL), Baylor (TN), Bishop Kenny (FL), Blacksburg (VA), Brookwood (GA), Calvert Hall (MD), Chapel Hill (NC), Collins Hill (GA), Columbus (FL), Flowery Branch (GA), Freeman (VA), Green Hope (NC), Hoover (AL), Houston (TN), Jefferson Sci/Tech (VA), Louisville Trinity (KY), Melbourne (FL), Mooresville (NC), Morristown West (TN), Mountain Brook (AL), Mountain View (VA), NW Guilford (NC), Oak Ridge (TN), Potomac Falls (VA), Salesianum (DE), Spotswood (VA), St. Xavier (KY), Tampa Jesuit (FL), Wade Hampton (SC), Walton (GA), Wheeling Park (WV)

Southeast Boys to Watch

Binns, Blaise, SO, Grissom, Huntsville, AL

Dorsett, Layton, JR, Mtn Brook, Birmingham, AL, 5th at Hoover in 16:39

Given, Wilkerson, SR, Mtn Brook, Birmingham, AL, Idle this week

Gomez, Pat, SR, Auburn, Auburn, AL,

Henderson, Andy, SR, Smiths Station, Smiths, AL,

Johnson, Phillip, SR, Homewood, Birmingham, AL, 4th at Hoover in 16:37

Lewis, Nathan, JR, Cold Springs, Cold Springs, AL,

McGregor, Pat, SR, Hoover, Birmingham, AL, Wins Hoover in 15:57

Perkins, Nick, SR Hoover, Birmingham, AL, 2nd at Hoover in 16:22

Probst, Bryan, SO, Hoover, Birmingham, AL, 3rd at Hoover in 16:35

Atkinson, Brian, JR, Melbourne, Melbourne, FL, Took first at Holy Trinity in 15:51

Del Valle, Armando, JR, Columbus, Miami, FL, GMAC Champ winning in 16:19

Lanning, Jonathan, SR, Sarasota, Sarasota, FL, Won the BRAC Invite in 15:35

Mizereck, Matt, SR, Leon, Tallahassee, FL, Rested and trained this week.

Montoya, Erick, JR, Estero, Fort Myers, FL, Won the LCAC on a hilly and very wet course in 16:19.

Revord, Connor, SR, Tampa Jesuit, Tampa, FL, Rested and trained this week.

Stanford, Will, SO, Leon, Tallahassee, FL, Rested and trained this week.

Wallace, Michael, JR, Bishop Kenny, Jacksonville, FL, Rested and trained this week.

Wehunt, Derek, SR, Sickels, Tampa, FL, Rested and trained this week.

Line, Eric, SR., Caesar Rodney, Camden, DE, 1st Henlopen Conference(16:08)

Mazzio, Jon, SR., Salesianum, Wilmington, DE, 2nd New Castle County Meet(16:17)

Morrin, Greg, SR., St. Marks, Newark, DE, 1st New Castle County Meet(16:11)

White, Barien, SR., Christiana, Newark, DE, 3rd New Castle County Meet(16:40)

White, Darien, SR., Christiana, Newark, DE, 4th New Castle County Meet(16:43)

Detweiler, Brian, SR, Parkview, Lilburn, GA, Region 8-AAAAA Champion in 15:48

Fensterer, Robert, SR, Peachtree Ridge High School, Suwanee, GA, Region 7-AAAAA Runner-up in 15:59

Longobardi, Niall, SR, Peachtree Ridge, Suwanee, GA, Region 7-AAAAA Champion in PR of 15:47

Lord, Taylor, SR, Chapel Hill High School, Douglasville, GA, won Region 4-AAAAA in 15:54

McClay, Mike, JR, Dacula, Dacula, GA, Region 8-AAAAA Runner-up in 15:51

Carnes, Jackson, JR, St. Xavier, Louisville, KY

Dadds, Alex, SR, Trinity, Louisville, KY

Eaton, Ryan, JR, Greenwood, Bowling Green, KY

Eden, Stacy, JR, Shelby County, Shelbyville, KY

Hancock, Brian, SR, Trinity, Louisville, KY

House, Justin, SO, Apollo, Owensboro, KY

Law, Jacob, SR, South Oldham, Crestwood, KY

Maglasang, James, JR, St. Mary, Paducah, KY

Mann, Thomas JR, St. Xavier, Louisville, KY

Taylor, Landon, SR, Daviess County, Owensboro, KY

Arias, Thomas, JR, Damascus High School, Damascus, MD
Balderson, Kyle, SR, Sherwood High School, Sandy Spring, MD
Bartholomew, Wayne, SR, Quince Orchard High School, North Potomac, MD
Bazell, Graham, SR, Atholton High School, Columbia, MD
Faherty, Brian, SR, Eleanor Roosevelt High School, Greenbelt, MD
Haile, Solomon, SR, Sherwood High School, Sandy Spring, MD
King, Sean, SR, Winston Churchill High School, Potomac, MD
Lilley, Mike, SR, Williamsport High School, Williamsport, MD
Ozarowski, Dave, Archbishop Curley High School, Baltimore, MD
Pagonis, Demetrios, McDonogh School, Owings Mills, MD
Palmer, Andrew, JR, Walt Whitman High School, Bethesda, MD
Patterson, Robert, SR, DeMatha Catholic High School, Hyattsville, MD
Puffett, Corey, JR, DeMatha Catholic High School, Hyattsville, MD
Sullivan, Zach, SR, Archbishop Spalding High School, Baltimore, MD
Thorne, Jamie, SR, Chopticon High School, Morganza, MD

Abushouk, Mohamed, JR, Cary High, Cary, NC
Crawford, Seth, SR, Northwest Guilford, Guilford, NC
Gilland, Taylor, SR, Chapel Hill, Chapel Hill, NC
Harwell, John, JR, Asheville, Asheville, NC
Jones, Reidy, JR, Broughton, Raleigh, NC
Peachee, Dakota, SR, West Johnson, Johnson, NC

Blackmon, Mark, FR, Fort Mill HS, Fort Mill, SC, Ran 16:06 to finish 1st at the AAAA Upper-State Qualifying Meet.
Easler, Brandon, SR, Dorman HS, Roebuck, SC, Ran 16:18 to finish 2nd at the AAAA Upper-State Qualifying Meet.
Felix, Jack, SO, Hilton Head HS, Hilton Head, SC, 16:04 to win the Lower State AAA Qualifying Meet
Fitts, Josh, SR, Wando HS, Charleston, SC, 17:04 to finish 4th at AAAA Lower-State Qualifying Meet.
Jennings, David, Ridge View, Columbia, SC, Ran 16:27 to win the Mid-State AAAA Qualifying meet.
Parker, Trey, Wilson Hall, Columbia, SC, Ran 16:01 to win the SCISA State Championship.
Plumlee, Jordan, Blue Ridge, Greer, SC, Ran 16:34 to finish 4th at the AAA Upper-State Qualifying.
Ramirez, Aaron, SR, Woodmont HS, Piedmont, SC, Ran 15:59 to win the AAA Upper-State Qualifying.
Tillman, Sebastian, SR, Summerville, SC Did not run this week.
Tyler, Timothy, Soph, Wando HS, Charleston, SC, Ran 17:05 to finish third in the AAAA Lower-State Qualifying Meet.

Frantom, Spencer, JR, Morristown-West High School, Morristown, TN
James, William, JR, Cordova High School, Cordova, TN
Lord, Brandon, JR, The Baylor School, Chattanooga, TN
Mahaney, Brandon, SR, Macon Co. High School, Lafayette, TN
Mansy, Michael, JR, Science Hill High School, Johnson City, TN
Matthews, Bill, SR, The Baylor School, Chattanooga, TN
McKelvey, Clint, JR, Maryville High School, Maryville, TN
McLarty, Kyle, SR, Collierville High School, Collierville, TN
Ostrouchov, Chris, SR, Oak Ridge High School, Oak Ridge, TN
Raine, Jake, JR, Rossvie High School, Clarksville, TN
Sharpe, John, JR, Oak Ridge High School, Oak Ridge, TN
Sonnenfeldt, Matt, SR, Knoxville West High School, Knoxville, TN

Colley, Andrew, SR, Jamestown High School, Williamsburg, VA, 14:36 3.05 mi at Bay Rivers District Meet (W&M Inv course)
Dejarnette, Ben, SR, Atlee, Mechanicsville, VA, 15:54 5K at Capital District Meet (Pole Green Park)
Mearns, Colin, Jamestown, Jamestown High School, Williamsburg, VA, 14:48 3.05mi at Bay Rivers District Meet (W&M Inv course)

Porter, Thomas, SR, Mountain View High School, Stafford, VA, 15:34 5K at Commonwealth District Meet (Willowmere Park)
Stutzman, Tyler, SR, Western Albemarle, Crozet, VA, 15:36 5K at Jefferson Forest District Meet (Panorama Farms)

Ciarolla, David, SR, Fairmont Senior, Farimont, WV
Gramlich, Kyle, SR, Wheeling Park, Wheeling, WV
Hampshire, Cory, SR, Jefferson, Shenandoah Jct., WV
Pelliccione, Cody, SO, Morgantown, Morgantown, WV
Roach, Lenny, SR, Berkeley Springs, Berkeley, WV
Read, Ronald, SR, Weir, Weirton, WV

Boys Midwest

(IL, IN, MI, MO, OH)

- | | |
|-------------------------------|--|
| 1.York (IL) [1] | Previously won NXN Midwest Regional |
| 2.Naperville No (IL) [2] | Previously 2 nd in Midwest Regional |
| 3.Carmel (IN) [3] | Previously 3 rd in Midwest Regional |
| 4.Geneva (IL) [4] | Previously 4 th in Midwest Regional |
| 5.Neuqua Valley (IL) [5] | Previously 5 th in Midwest Regional |
| 6.Lee's Summit West (MO) [6] | Previously 6 th in Midwest Regional |
| 7.Pioneer (MI) [7] | Previously won State Div I |
| 8.St. Louis Univ (MO) [8] | Previously 7 th in Midwest Regional |
| 9.Fort Wayne Carroll (IN) [9] | Previously 8 th in Midwest Regional |
| 10.Fishers (IN) [10] | Previously 9 th in Midwest Regional |

Bubble teams alphabetically: Bay City Western (MI), Centerville (OH), Chesterton (IN), College Hts Christian (MO), Darby (OH), Edwardsville (IL), Franklin Central (IN), Green (OH), Heritage (MI), Hilliard Davidson (OH), Lake Orion (MI), Lebanon (MO), Liberty (MO), Linden (MI), Lyons Township (IL), Loyola (IL), Mason (OH), McCutcheon (IN), Mentor (OH), Medina (OH), North Central (IN), Prospect (IL), Reynoldsburg (OH), St. John Jesuit (OH), West Plains (MO)

Midwest Boys to Watch

Larsen, Andrew, Marmion, Aurora
Martin, James, Carroll, Fort Wayne, IN
Roys, Donny, Medina, OH
Shields, Drew, 12, Fishers, Fishers, IN
Swearingen, Jacob, SR Potosi, MO

Boys Heartland

(IA, KS, MN, NE, ND, SD, WI)

- | | |
|-------------------------------|--|
| 1.Wayzata (MN) [1] | Previously won NXN Heartland Regional |
| 2.Bismarck (ND) [2] | Previously 2 nd in Heartland Regional |
| 3.Yankton (SD) [3] | Previously 3 rd in Heartland Regional |
| 4.Eden Prairie (MN) [4] | Previously 4 th in Heartland Regional |
| 5.Stevens Point (WI) [5] | Previously won State Div I |
| 6.Lawrence (KS) [6] | Previously won State 6A |
| 7.Shawnee Mission NW (KS) [7] | Previously 2 nd in State 6A |
| 8.Edina (MN) [8] | Previously 5 th in Heartland Regional |
| 9.Moorhead (MN) [9] | Previously 6 th in Heartland Regional |
| 10.Madison West (WI) [10] | Previously 7 th in Heartland Regional |

Bubble teams alphabetically: Alexandria (MN), Aquinas (KS), Bellevue West (NE), Burlington (IA), Fremont (NE), Indianola (IA), Iowa City High (IA), Kearney (NE), Lakeville South (MN), Marshalltown (IA), Millard West (NE), Minnetonka (MN), Mulvane (KS), Owatonna (MN), Perham (MN), Pleasant Valley (IA), Rapid City Stevens (SD), Sioux Falls Roosevelt (SD), White Bear Lake (MN), Wichita-Haysville (KS)

Heartland Boys to Watch

Gemar, Lucas, Sr., Moorhead, Moorhead, MN

Hassan, Mahad, Sr, Willmar, Willmar, MN
Kelly, Brett, Sr., West H.S., Madison, WI
Paradis, Drew, Sr., Alexandria, Alexandria, MN
Zivec, Jucub, 12, Grand Rapids, Grand Rapids, MN

Boys Southwest

(AZ, CO, NV, NM, UT, WY)

- | | |
|------------------------------|--|
| 1. Albuquerque Acad (NM) [1] | Wins NXN Southwest Regional by 16 points over Alta |
| 2. Alta (UT) [4] | 2 nd in Southwest Regional |
| 3. Cibola (NM) [2] | 3 rd in Southwest Regional |
| 4. American Fork (UT) [8] | 4 th in Southwest Regional |
| 5. Los Alamos (NM) [3] | 5 th in Southwest Regional |
| 6. Rio Rico (AZ) [5] | 6 th in Southwest Regional |
| 7. Timpview (UT) [7] | 7 th in Southwest Regional |
| 8. Davis (UT) [BT] | 8 th in Southwest Regional |
| 9. Sandia (NM) [6] | 9 th in Southwest Regional |
| 10. Wheat Ridge (CO) [BT] | 10 th in Southwest Regional |

Cut: Catalina (AZ) [9], Mingus (AZ) [10]

Bubble teams alphabetically: Alhambra (AZ), Cactus Shadows (AZ), Campbell County (WY), Carson (NV), Catalina (AZ), Catalina Foothills (AZ), Centennial (NV), Cherry Creek (CO), Clovis (NM), Coronado (CO), Dakota Ridge (CO), Desert Vista (AZ), Eldorado (NM), Falcon (CO), Mingus (AZ), Park City (UT), Regis (CO), Reno (NV), Rock Springs (WY), Sabino (AZ), Shadow Mountain (AZ), Tuba City (AZ), Vista

Southwest Boys to Watch

Schwaderer, Dart, Wheat Ridge CO
Nelson, Jon, Timpview UT
Meddles, Wade, Minden NV
Pittman, Kyle, Los Alamos NM
Johnson, Kevin, Falcon CO

Boys Northwest

(AK, HI, ID, MT, OR, WA)

- | | |
|---------------------------|--|
| 1. North Central (WA) [1] | Previously won NXN Northwest Regional |
| 2. Jesuit (OR) [2] | Previously 2 nd in Northwest Regional |
| 3. Seattle Prep (WA) [3] | Previously 3 rd in Northwest Regional |
| 4. Henry Jackson (WA) [4] | Previously 4 th in Northwest Regional |
| 5. Boise (ID) [5] | Previously 5 th in Northwest Regional |
| 6. Mead (WA) [6] | Previously 6 th in Northwest Regional |
| 7. Crater (OR) [7] | Previously 7 th in Northwest Regional |
| 8. Ferris (WA) [8] | Previously 8 th in Northwest Regional |
| 9. Twin Falls (ID) [9] | Previously won State 5A |
| 10. Lindbergh (WA) [10] | Previously 9 th in Northwest Regional |

Bubble teams alphabetically: Bozeman (MT), Burlington-Edison (WA), Central Catholic (OR), Gig Harbor (WA), Hidden Valley (OR), Highland (ID), Iolani (HI), Kamiakin (WA), Kodiak (AK), Leilehua (HI), Mountain View (ID), Redmond (WA), Sehome (WA), Skyline (WA), Southridge (WA), Tahoma (WA)

Northwest Boys to Watch

Jantzer, Elliott, SR, Phoenix HS, Phoenix, OR
Helbling, Cody, JR, Lake City, Coeur d'Alele, ID
O'Donoghue, Drew, SO, Blue Train
Peloquin, Conner, Gig Harbor, WA
Rosaaen, Kevin, 12, Wilson, Tacoma, WA,
Watson, Barak, SR, Columbia, Eagle/Boise, ID

Boys California

1. Dana Hills [1] Runs #2 time in Mt. SAC history (76:41) to win loaded So Section D1 race by 52 points
2. Buchanan [2] No major meet after previous win at Central Section Finals
3. Thousand Oaks [4] Wins So Section D2 title in 77:45 at Mt. SAC
4. Barstow [9] Sets So. Section D3 team time record (77:46) at Mt. SAC to win by 80 points
5. Rancho Cucamonga [BT] Huge breakthrough for 2nd (77:48) to Dana Hills in So Section D1 Finals
6. Mountain View [5] No major meet after dominant win in Central Coast Section D2 Finals
7. Loyola-L.A. [7] Sets So Section D2 team time record at Mt. SAC while running 2nd to Thousand Oaks
8. Royal [BT] Finally running healthy to place 3rd in So Section D1 (78:12) at Mt. SAC
9. Campolindo [BT] Tops previously-ranked Petaluma to win North Coast Section D3 title
10. Arcadia [5] Places 4th in very competition So Section D1 field (78:00) at Mt. SAC

Cut: Vista Murrieta [3], Petaluma [8], Upland [10]

Bubble teams alphabetically: Corona, Davis, Del Campo, El Rancho, El Toro, Foothill-SA, Granada, Long Beach Poly, North Torrance, Paloma Valley, Palos Verdes, Paramount, Patrick Henry, Petaluma, Redondo Union, Saugus, St. John Bosco, Trabuco Hills, Upland, Vista Murrieta, Woodcrest Christian

California Boys to Watch

Cameron, James , 12, Mission Viejo, Mission Viejo, CA
Fleet, Mac, 12, University City, San Diego, CA
Gedyon, Elias, 10, Loyola, Los Angeles, CA
Haworth, Chris, 12, Kennedy, Sacramento, CA
Jarvis, Collin, 12, Rancho Buena Vista, Vista, CA
Johnson, Tyre, 12, Palma, Salinas, CA
Landrum, Wyatt, 12, Liberty, Brentwood, CA
Lema, Nohe, 12, Willow Glen, San Jose, CA
McElroy, Matt, 11, Edison, Hunt. Beach, CA
Moussa, Ammar, 10, Arcadia, Arcadia, CA
Myjer, Ian, 12, Mountain View, Mountain View, CA
Ngula, Emmanuel, 12, Vista Del Lago, Moreno Valley, CA
Peterson, Matt, 12, Davis, Davis, CA
Poizat, Renaud, 12, Arcadia, Arcadia, CA
Reed, Tyler, 12, Ayala, Chino Hills, CA
Reedy, Heath, 11, Buchanan, Clovis, CA
Rowe, Garrett, 11, Mountain View, Mountain View, CA
Sanchez, Jonathan, 12, Buchanan, Clovis, CA
Schmidt, Cody, 12, Redondo Union, Redondo Beach, CA
Schmidt, Simon, 12, Redondo Union, Redondo Beach, CA
Schwartz, Chris, 12, Foothill, Bakersfield, CA
Seawell, Garrett, 12, Woodcreek, Roseville, CA
Torres, Zack , 12, Crescenta Valley, La Crescenta , CA
Totten, Seth, 11, Golden Valley, Stevenson Ranch, CA
Valdes, Tyler, 12, Dana Hills, Dana Point, CA
Valdes, Ryan, 12, Dana Hills, Dana Point, CA
Vartanian, Danny, 12, Buchanan, Clovis, CA
Villalva, Toby, 12, El Toro, Lake Forest, CA
Wooff, Heyden, 10, Camarillo, Camarillo, CA
Zaragoza, Pedro, 12, Lancaster, Lancaster, CA

Girls New York

- | | |
|----------------------------------|--|
| 1. Fayetteville-Manlius [1] | Previously won State Public Assn 2A, NXN NY Regional on Saturday |
| 2. Burnt Hills-Ballston Lake [2] | Previously won State Federation title |
| 3. Saratoga Springs [3] | Previously 2 nd in State Federation champs |
| 4. Queensbury [4] | Previously 3 rd in State Federation champs |
| 5. Shenendehowa [5] | Previously 4 th in State Federation champs |
| 6. East Aurora [6] | Previously 5 th in State Federation champs |
| 7. North Shore [7] | Previously 6 th in State Federation champs |
| 8. Pearl River [8] | Previously 7 th in State Federation champs |
| 9. Arlington [9] | Previously 8 th in State Federation champs |
| 10. Greenwich [10] | Previously 9 th in State Federation champs |

Bubble teams alphabetically: Arlington, Bay Shore, Bronxville, Canandaigua, Cicero-No. Syracuse, Colonie, Cornwall, Guilderland, Liverpool, Monroe-Woodbury, Newark Valley, North Rockland, Northport, North Shore, Pittsford-Mendon, Rhinebeck, St. John the Baptist, Suffern, Warwick Valley

New York Girls To Watch

Anklin, Meaghan, 12, Fayetteville Manlius
 Carter, MacKenzie, 11, Fayetteville Manlius
 Cawley, Erin, 12, Newark Valley
 Chapman, Courtney, 10, Fayetteville Manlius
 Cirino, Erica, 11, Cold Spring Harbor
 Cuffe, Aisling, 10, Cornwall
 Greany, Shelby, 12, Suffern
 Henningson, Roxanne, 11, Saratoga
 Lipari, Emily, 11, Roslyn
 Luber, Hannah, 12, Fayetteville Manlius
 Malone, Molly, 11, Fayetteville Manlius
 Moreland, Amanda, 11, Bloomfield
 Mullins, Lauren, 0, Johnson City
 Nadel, Samantha, 9, North Shore
 Pezzulo, Molly, 10, Burnt Hills
 Predmore, Lizzie, 9, Shenendehowa
 Roecker, Sam, 12, Burnt Hills
 Symoniak, Brenna, 11, Amherse
 Wilslow, Danielle, 10, Queensbury

Girls Northeast

(CT, ME, MA, NH, NJ, PA, RI, VT)

- | | |
|------------------------------|--|
| 1. Newton South (MA) [1] | Previously won State Div I |
| 2. Lincoln-Sudbury (MA) [2] | Previously 2 nd in State Div I |
| 3. Glastonbury (CT) [3] | Previously won State Open and New England titles |
| 4. Emmaus (PA) [4] | Previously won State 3A |
| 5. Hanover (NH) [5] | Previously won State class I and 2 nd in New Englands |
| 6. Phillips Andover (MA) [6] | Previously won New England prep school title |
| 7. Hamilton-Wenham (MA) [7] | Previously won State Div II |
| 8. Greater Latrobe (PA) [8] | Previously 2 nd in State 3A |
| 9. Voorhees (NJ) [BT] | Wins State Meet of Champs by 1 point over Ridge |
| 10. Ridge (NJ) [BT] | 2 nd by 1 point in State Meet of Champs |

Cut: Immaculate Heart (NJ) [9], La Salle (RI) [10]

Bubble teams alphabetically: Barrington (RI), Bishop Feehan (MA), Cape Elizabeth (ME), Cumberland Valley (PA), Essex (VT), Guilford (CT), Haverhill (MA), Hillsborough (NJ), Holy Angels (NJ), Hopewell Valley (NJ), Immaculate Heart (NJ), La Salle (RI), Liberty (PA), North Penn (PA), Norwich Free (CT), Norwin (PA), Pope John XXIII (NJ), Randolph (NJ), Red Bank Cath (NJ), South Brunswick (NJ), Toms River No (NJ), Wilton (CT)

Northeast Girls to Watch

Barry, Sarah, JR, Barrington, Barrington, RI
Carmone, Erin, SR, East Providence HS, East Providence, RI
Chace, Samantha, SO, Toll Gate, Warwick, RI
Christensen, Jean, SR, LaSalle Academy, Providence, RI
Colella, Arianna, SO, Cranston West HS, Cranston, RI
Papazian, Emily, FR, LaSalle Academy, Providence, RI
Riley, Jenna, JR, Coventry HS, Coventry, RI
Rittling, Natasja, SO, Cumberland , Cumberland, RI
Siskind, Emily, JR, Barrington HS, Barrington, RI
Stasiuk, Allie, SR, North Kingston HS, North Kingston, RI

Dahlburg, Bridget, SR, Newton South, Newton, MA
Davidner, Jenna, JR, Oliver – Ames, Easton, MA
Hylton, Ellie, SR., Lincoln-Sudbury, Lincoln, MA
Jones, Emily, SR, Bromfield, Harvard, MA
Karys, Kelsey, SR, Newton South, Newton, MA
Kasper, Kristen, SR, North Andover, North Andover, MA
Keklak, Andrea, SO, Lincoln-Sudbury, Sudbury, MA
Lanois, Emily, SR, Hamilton - Wenham, MA
Solimine, Julie, SO., Haverhill, Haverhill, MA
Thomas, Jen, JR, Bishop Feehan, Attleboro, MA
Veit, Kristen, SR, Holyoke Catholic, Holyoke, MA

Corso, Isabella, Ridgefield, CT
Cotton, Sarah, Daniel Hand, CT
Crevoiserat, Linsay, Glastonbury, CT
Hunter, Cassy, NFA, CT
Kalbian, Irene, Cheshire, CT
Kenny, Moira, Immaculate, CT
Malloy, Kristen, Glastonbury, CT
Nicholas, Jackie, Nonnewaug, CT
Sara, Lauren, Bunnell, CT
Smith, Claire, Avon, CT

Buck, Clare, SR, Hopewell Valley, Pennington, NJ
Hall, Marielle, JR, Haddonfield, Haddonfield, NJ
Jablonski, Julie, JR, Hopewell Valley, Pennington, NJ
Jackucewicz, Brianna, SR Colts Neck, Colts Neck, NJ
Mark, Julia, SR, Delaware Valley, Frenchtown, NJ
Orr, Caitin, JR, Lenape, Medford, NJ
Pagano, Sarah, SR, Immaculate Heart Academy, Washington Twp, NJ
Rugino, Angela, SR, Toms River North, Toms River, NJ
Venables, Megan, SO, Highland Regional, Blackwood, NJ
Vigilante, Laura, JR, Mendham, Mendham, NJ

Bulger, Molly , JR, Keene HS, Keene, NH
Caldwell, Heidi , JR, Hanover HS, Hanover, NH
Christiansen, Jacy , SO, Mascenic Regional, New Ipswich, NH
Emerson, Connie , JR, Hanover HS, Hanover, NH

Lai, Peggy , JR, Milford HS, Milford, NH
Rodriguez, Grace , SR, Hanover HS, Hanover, NH
Schneider, Rachel , SR, St. Thomas HS, Dover, NH
Shonbeck, Christina , JR, Con-Val Regional, Peterborough, NH
Smith, Kelsey , SO, Exeter HS, Exeter, NH
Tevnan, Brianna , SO, Merrimack Valley HS, Penacook, NH
Twombly, Anne , JR, Exeter HS, Exeter, NH
Vailas, Arianna , JR, Central HS, Manchester, NH

Anderson, Emily, FR, Middlebury, Middlebury, VT
Christian, Maddy, SR, CVU, Hinesburg, VT
Evans, Chelsea, SO, U-32, Montpelier, VT
Frisbie, Danika, SR, CVU, Hinesburg, VT
Gray, Haley, SR, St. Johnsbury, St. Johnsbury, VT
Guthrie, Anna, SR, Essex, Essex Jct. VT
Hulburd, Emma, SR, Rice, Burlington, VT
McFadden, Nora, SO, CVU, Hinesburg, VT
Rowe, Hannah, JR, St. Johnsbury, St. Johnsbury, VT

Anderson, Leigha, So., Cumberland Valley HS, Mechanicsburg, PA
Balouris, Elaina, Jr., Hampton HS, Allison Park, PA
Bower, Natalie, Sr., Greater Latrobe HS, Latrobe, PA
Cygan, Jessica, So., Liberty HS, Bethlehem, PA
Diacont, Margaret, Sr., Nazareth HS, Nazareth, PA
Faust, Amanda, Jr., Emmaus HS, Emmaus, PA
Gigliotti, Jenna, Jr., Norwin HS, N.Huntingdon, PA
Gorman, Katie, Sr., Plymouth-Whitemarsh HS, Conshohocken, PA
Graybill, Lindsey, Sr., Emmaus HS, Emmaus, PA
Jenkins, Jordan, Sr., New Oxford HS, New Oxford, PA
Kovach, Leslie, Sr., Norwin HS, N.Huntingdon, PA
Martin, Emily, Jr., Garden Spot HS, New Holland, PA
Rheiner, Lindsay, So., Council Rock North HS, Newtown, PA
Simpson, Elizabeth, Jr., Boyertown HS, Boyertown, PA
Sumney, Chelsea, Sr., Trinity HS, Camp Hill, PA
Zarger, Lauren, Sr., Harbor Creek HS, Harborcreek, PA
Ziemian, Sophia, Sr., Lewisburg HS, Lewisburg, PA

Girls South

(AR, LA, MS, OK, TX)

- | | |
|---------------------------------|--|
| 1.The Woodlands (TX) [1] | Wins NXN South Regional by 36 points over Cinco Ranch |
| 2.Cinco Ranch (TX) [2] | 2 nd in South Regional, as 7 points separate 2 nd -through-5 th |
| 3.Kingwood Park (TX) [3] | 3 rd in South Regional |
| 4.Vista Ridge (TX) [BT] | 4 th in South Regional |
| 5.Southlake Carroll (TX) [4] | 5 th in South Regional |
| 6.Plano West (TX) [5] | 6 th in South Regional |
| 7.Kingwood (TX) [6] | Previously 5 th in State 5A |
| 8.Clear Lake (TX) [7] | Previously 6 th in State 5A |
| 9.College Park (TX) [10] | 7 th in South Regional |
| 10.St. Thomas Aquinas (LA) [NR] | Wins State 2A with 5 in top 8 led by victorious Malia Cali |
- Cut: Belton (TX) [8], Decatur (TX) [9]*

Bubble teams alphabetically: A&M Consolidated (TX), Belton (TX), Bentonville (AR), Boswell (TX), Coppell (TX), Decatur (TX), Edmond No (OK), Flower Mound (TX), Hereford (TX), Jenks (OK), Marcus (TX), Mount Carmel (LA), Plainview (OK), Seven Lakes (TX), St. Joseph's (LA), St. Scholastica (LA), Tupelo (MS), Westmoore (OK)

South Girls to Watch

Chelsey Sveinsson TX
Aly Nielson TX
Amanda Russell TX
Ashley Isham
Bailey Belvis TX

Girls Southeast

(AL, DE, FL, GA, KY, MD, NC, SC, TN, VA, WV)

1. Tatnall (DE) [1] Previously won State Div II, NXN Southeast Regional on Sat
2. Collins Hill (GA) [2] Previously won State 5A
3. Mountain Brook (AL) [3] Previously won State 6A
4. Midlothian (VA) [4] Previously won State 3A
5. Blacksburg (VA) [5] Previously won State 2A
6. Hidden Valley (VA) [6] Previously 2nd on tie-breaker in State 2A
7. Chiles (FL) [7] Wins State 2A by 103 with 18:29 5k avge on fast course
8. Maggie Walker (VA) [8] Previously 2nd in State 3A
9. Jefferson Sci/Tech (VA) [9] Previously 3rd in State 3A
10. No Gwinnett (GA) [10] Previously 2nd in State 5A

Bubble teams alphabetically: Alpharetta (GA), Assumption (KY), Bartram Trail (FL), Bishop O'Connell (VA), Bishop Kenny (FL), Bolles (FL), Brentsville (VA), Chiles (FL), Community of Naples (FL), C.M. Wright (MD), Dunbar (KY), East Chapel Hill (NC), Green Hope (NC), Hilton Head (SC), Hurricane (WV), Lake Braddock (VA), Lourdes (FL), Marist (GA), Millbrook (VA), Myers Park (NC), Oak Ridge (TN), Oakton (VA), Ocean Lakes (VA), Padua (DE), Roberson (NC), Robinson (VA), Roosevelt (MD), Sacred Heart (KY), Science Hill (TN), Scottsboro (AL), University (WV), Watauga (NC), Winter Park (FL)

Southeast Girls to Watch

Boozer, Leslie, SR, Mtn Brook, Birmingham, AL, 2nd at Hoover in 19:22
Chitwood, Caitlin, SR, Scottsboro, Scottsboro, AL, 3rd at Hoover in 19:35
Demedicis, Marie, SO, Mtn Brook, Birmingham, AL, Idle this week
Denton, Elsbeth, SR, Vestavia Hills, Birmingham, AL, Idle this week
Diethelm, Catherine, SO, Mtn Brook, Birmingham, AL, 5th at Hoover
Harkness, Margaret, JR, St. Paul's, Mobile, AL, wins her flight at McGill Relays
Huston, Katie, JR, Sparkman, Huntsville, AL,
Morgan, Madeline, SR, Mtn. Brook, Birmingham, AL, Wins Hoover in 18:35
Poole, Adriana, SR, Sparkman, Huntsville, AL,
Rickard, Maggie, JR, Montgomery Acad., Montgomery, AL, Idle this week

Brasovan, Ashley, SR, Wellington, Palm Beach, FL, Rested and trained this week.
Carpio, Nicole, FR, Westminster, Miami, FL, Rested and trained this week.
Fluehr, Erika, SO, Community School of Naples, Naples, FL, Rested and trained this week.
Fluehr, Kathryn, SO, Community School of Naples, Naples, FL, Rested and trained this week.
Hale, Kayla, SR, Holy Trinity, Melbourne, FL, Won the Holy Trinity Fall Classic in 18:11
Koziara, Brittany, SR, Boone, Orlando, FL, Rested and trained this week.
Shappert, Stephanie, SO, Pope John Paul II, Palm Beach, FL, Won the PBCAC South/Boca City meet in 18:03, 2:25 ahead of the second runner.
Stern, Jessica, SR, Satellite, Satellite, FL, Rested and trained this week.

Bottorff, Juliet, SR., Tatnall, Wilmington, DE, 1st New Castle County Meet(18:26)

Buenaga, Katie, SR., Tatnall, Wilmington, DE, 3rd New Castle County Meet(18:47)
Fehr, Kallie, JR., Tatnall, Wilmington, DE, 4th New Castle County Meet(18:50)
Pierce, Haley, FR., Tatnall, Wilmington, DE, 2nd New Castle County Meet(18:44)
Smith, Meghan, SR., Padua, Wilmington, DE, 5th New Castle County Meet(19:03)

Akande, Nicky, JR, Collins Hill, Suwanee, GA, Region 7-AAAAA Runner-up in PR of 17:57
Marshall, Sydney, JR, Chattahoochee, ?, 4th in Region 7-AAAAA in 18:14
Schiach, Allie, SO, South Forsyth, Cumming, GA, 5th in Region 7-AAAAA in 18:21
Winslow, Amanda, SR, Collins Hill High School, Suwanee, GA, won Region 7-AAAAA in course record 17:30 5k
Winslow, Vicky, SO, Collins Hill High School, Suwanee, GA, 3rd in Region 7-AAAAA in PR of 18:11

Brink, Emma, SO, Sacred Heart, Louisville, KY
Frigo, Maria, St. Henry, Erlanger, KY
Gonzales, Gabby, SO, Ryle, Union, KY
Mattingly, Maggie, JR, John Hardin, Elizabethtown, KY
McAtee, Emme, SR, Sacred Heart, Louisville, KY
Miller, Elizabeth, SR, Daviess County, Owensboro, KY
Ostrem, Tenny, SR, Powell County, Stanton, KY
Rielding, Allison, JR, Assumption, Louisville, KY
Snapp, Kaitlin, FR, Danville, Danville, KY

Asher, Chinyelu, SO, Academy of the Holy Cross, Kensington, MD
Barbash, Shayna, JR, Walt Whitman High School, Bethesda, MD
Bosse, Anna, SO, Walter Johnson High School, Bethesda, MD
Echerstrom, Britt, SO, Northwest High School, Germantown, MD
Fikri, Maryam, JR, Winston Churchill High School, Potomac, MD
Fisher, Sara, SR, Brunswick High School, Brunswick, MD
Giedd, Alex, JR, Winston Churchill High School, Potomac, MD
Henshaw, Alyssa, JR, Northwest High School, Germantown, MD
Johnson, Amirah, SO, Eleanor Roosevelt, Greenbelt, MD
Linde, Maura, SO, Century High School, Sykesville, MD
Moores, Aimee, SR, Quince Orchard High School, North Potomac, MD
Rivers, Teshika, SR, Eleanor Roosevelt, Greenbelt, MD
Rubin, Jessie, JR, Thomas S Wooten High School, Rockville, MD
Ryba, Anna, FR, Walt Whitman High School, Bethesda, MD
Schott, Megan, SO, North Harford High School, Pylesville, MD

Baskir, Carolyn, JR, East Chapel Hill, Chapel Hill, NC
George, Samantha, FR, Millbrook, Raleigh, NC
Rossabi, Jessica, FR, Green Hope, Cary, NC
Spano, Kimberly, SR, North Meck. Charlotte, NC
Williams, Timmons, JR, Broughton, Raleigh, NC

Borowicz, Kate, SR, JL Mann HS, Greenville, SC, 19:06 to finish 3rd in the AAA upper-state qualifying.
Haughey, Sinead, Soph, Daniel HS, Six Mile, SC, 18:56 to finish 2nd in the AAA upper-state qualifying.
Henderson, Sierra, SR, Ridge View HS, Columbia, SC, 19:09 to finish 2nd at the AAAA Mid-State Qualifying meet.
Hodges, Raheema, SR, Irmo HS, Irmo, SC, 19:20 to finish 3rd at the AAAA Mid State Qualifying meet.
Jackson, Tamecka, FR, Seneca HS, Seneca, PR 18:26, won the AAA Upper-state qualifying meet in 18:49
Manesiotis, Sara, Soph, Hilton Head HS, Hilton Head, SC, Won the lower-state AAA qualifying meet with a time of 18:59.
Neiling, Alex, JR, Mauldin HS, Mauldin HS, SC, 19:17 to finish 2nd at the AAA upper-state qualifying.
Robinson, Hannah, SR, Rock Hill HS, Rock Hill, SC, Won the AAAA mid-state qualifying in 18:47

Truman, Sarah, SR, Blue Ridge HS, Greenville, SC, Ran 19:16 to finish 4th in the Upper-State AAA meet

Duble, Jessica, SR, Chattanooga Christian, Chattanooga, TN
Gartman, Johanna, SO, CSTHEA (Home School)
Hazelhurst, Audrey, SO, University School of Jackson, Jackson, TN
Jumper, Hannah, SO, The Baylor School, Chattanooga, TN
Kroger, Kathy, SR, Independence High School, Thompson's Station, TN
Kulesz, Melanie, SR - Oak Ridge High School, Oak Ridge, TN
Newby, Alex, JR - Farragut High School, Knoxville, TN
Nobert, Kacey, SO, St. Agnes School, Memphis, TN
Pitcock, Jacquelin, JR, Bradley Central High School, Cleveland, TN
Scalf, Allie, SR, Science Hill High School, Johnson City, TN
Turner, Claire, JR, Red Bank High School, Chattanooga, TN
Zimmerman, Amber, JR - Webb School, Knoxville, TN

Lautzenheiser, Kathleen, JR, Midlothian, Midlothian, VA, 18:04 5K at Dominion District Meet (Pocahontas State Park)
Marsico, Megan, JR, Glenvar, Salem, VA, 16:41 3mi at Three Rivers District Meet (Giles County HS)
Nobles, Stacey, SR, Ocean Lakes, VA Beach, VA, 18:34 5K at Beach District Meet (Sportsplex)
Strehler, Barbara, SR, Trinity, Richmond, VA, 17:39 5K at Norfolk Academy Meet
Wilson, Anneka, JR, The Potomac School, McLean, VA, 17:44 5K at ISL Championships (Georgetown Prep)

Dent, Alex, JR, Hurricane, Hurricane, WV
Kasprowicz, Ari, SR, Preston, Kingwood, WV
Pettit, Allison, SR, Morgantown, Morgantown, WV
Propst, Letitia, SO, Elkins, Elkins, WV
Sall, Andrea, SR, Parkersburg, Parkersburg, WV
Yeager, Courtney, SR, Wheeling Park, Wheeling, WV

Girls Midwest

(IL, IN, OH, MI, MO)

- | | |
|----------------------------------|--|
| 1. Geneva (IL) [1] | Previously won NXN Midwest Regional |
| 2. Magnificat (OH) [2] | Previously 2 nd in Midwest Regional |
| 3. Carmel (IN) [3] | Previously 3 rd in Midwest Regional |
| 4. Hinsdale Central (IL) [4] | Previously 4 th in Midwest Regional |
| 5. Lee's Summit West (MO) [5] | Previously 5 th in Midwest Regional |
| 6. Cayuga Valley Christ (OH) [6] | Previously won State Div II |
| 7. Traverse City Cent (MI) [7] | Previously won State Div I |
| 8. St. Charles East (IL) [8] | Previously 3 rd in State 3A |
| 9. Naperville No (IL) [9] | Previously 4 th in State 3A |
| 10. Lake Central (IN) [10] | Previously 6 th in Midwest Regional |

Bubble teams alphabetically: Cape Girardeau (MO), Columbus North (IN), East Kentwood (MI), East Grand Rapids (MI), Fort Wayne Carroll (IN), Franklin Central (IN), Grand Haven (MI), Hoover (OH), Jefferson City (MO), Kickapoo (MO), Lyons Township (IL), Minster (OH), Oak Hills (OH), Palatine (IL), Prospect (IL), Rockford (MI), Saline (MI), Sandburg (IL), Schaumburg (IL), Springboro (OH), St. Ursula (OH), Upper Arlington (OH), Valparaiso (IN), Westfield (IN), West Plains (MO), York (IL)

Midwest Girls to Watch

Flanagan, Lindsey, Sr. Roselle, Lake Park, IL
Gillespie, Katie, Stow, OH
Morgan, Stephanie, Barnesville, OH
Neczypor, Hannah, Royalton, OH

Yohe, Megan, Liberty, MO

Girls Heartland

(IA, KS, MN, NE, ND, SD, WI)

- | | |
|-----------------------------------|--|
| 1. Eden Prairie (MN) [1] | Previously won NXN Heartland Regional |
| 2. Sioux Falls Roosevelt (SD) [2] | Previously 2 nd in Heartland Regional |
| 3. Dowling Catholic (IA) [3] | Previously 3 rd in Heartland Regional |
| 4. Bismarck (ND) [4] | Previously 4 th in Heartland Regional |
| 5. Lakeville North (MN) [5] | Previously 2 nd in State 2A |
| 6. Whitefish Bay (WI) [6] | Previously won State Div I |
| 7. Iowa City West (IA) [7] | Previously 5 th in Heartland Regional |
| 8. Iowa City High (IA) [8] | Previously 6 th in Heartland Regional |
| 9. Minot (ND) [9] | Previously 7 th in Heartland Regional |
| 10. Derby (KS) [10] | Previously won State 6A |

Bubble teams alphabetically: Aberdeen (SD), Fargo South (ND), Janesville Craig (WI), Johnston (IA), Lawrence Free State (KS), Manhattan (KS), Minnetonka (MN), Moorhead (MN), Norfolk (NE), Olathe East (KS), Olathe South (KS), Onalaska (WI), Pewaukee (WI), Scottsbluff (NE), Shawnee Mission So (KS), Woodbury (MN), Yankton (SD)

Heartland Girls to Watch

Budd, Kelli, SR, Omaha Marian HS, Omaha, NE

Decker, Ashley, JR, Dowling, Des Moines, IA

Flood, Katie, JR, Dowling, Des Moines, IA

Piepenburg, Jamie, Fr, Alexandria, Alexandria, MN

Wahlund, Brecca, So, Minot High, Minot, ND

Girls Southwest

(AZ, CO, NV, NM, UT, NM)

- | | |
|------------------------------|---|
| 1. Fort Collins (CO) [2] | Wins NXN Southwest Regional by 44 points over Classical |
| 2. Classical (CO) [1] | 2 nd in Southwest Regional |
| 3. Davis (UT) [3] | 3 rd in Southwest Regional |
| 4. Thompson Valley (CO) [BT] | 4 th in Southwest Regional |
| 5. Mountain Crest (UT) [4] | 5 th in Southwest Regional |
| 6. Park City (UT) [5] | 6 th in Southwest Regional |
| 7. Xavier Prep (AZ) [7] | Previously won State 5A-1 |
| 8. O'Connor (AZ) [8] | Previously won State 4A-1 |
| 9. Mountain View (UT) [BT] | 7 th in Southwest Regional |
| 10. Highlands Ranch (CO) [9] | 8 th in Southwest Regional |

Cut: Rio Rancho (NM) [6], Cherry Creek (CO) [10]

Bubble teams alphabetically: Alamosa (CO), Albuquerque Acad (NM), Boulder (CO), Cherry Creek (CO), Cheyenne Mountain (CO), Coronado (NV), Eldorado (NM), Galena (NV), Ironwood Ridge (AZ), Jordan (UT), La Cueva (NM), Mountain View Mesa (AZ), Palmer (CO), Rio Rancho (NM), Saguaro (AZ), South Tahoe (NV), St. Pius (NM), Thompson Valley (CO), Timpanogos (UT)

Southwest Girls to Watch

Laura Tremblay, Thompson Valley CO

Jessica Tonn, Xavier Prep AZ

Rolonda Jumbo, Chinle AZ

Clara Milne, Albuquerque Academy NM

Eleanor Fulton, Highlands Ranch CO

Girls Northwest

(AK, HI, ID, MT, OR, WA)

- | | |
|--------------------|---------------------------------------|
| 1. Jesuit (OR) [1] | Previously won NXN Northwest Regional |
|--------------------|---------------------------------------|

- | | |
|-----------------------------|--|
| 2. Eastlake (WA) [2] | Previously 2 nd in Northwest Regional |
| 3. Gig Harbor (WA) [3] | Previously 3 rd in Northwest Regional |
| 4. Bozeman (MT) [4] | Previously won State 2A |
| 5. St. Mary's (OR) | Previously 4 th in Northwest Regional |
| 6. Summit (OR) [6] | Previously 5 th in Northwest Regional |
| 7. Sehome (WA) [7] | Previously won State 2A |
| 8. Mountain View (ID) [8] | Previously 6 th in Northwest Regional |
| 9. Preston (ID) [9] | Previously 7 th in Northwest Regional |
| 10. Mercer Island (WA) [10] | Previously won State 3A |

Bubble teams alphabetically: Anchorage West (AK), Billings Sr (MT), Bishop Kelly (ID), Cedarcrest (WA), Central Valley (WA), Crater (OR), Kuna (ID), Millilani (HI), Pendleton (OR), Punahou (HI), Seattle Prep (WA), South Eugene (OR), South Medford (OR), Stanwood (WA), Tahoma (WA)

Northwest Girls to Watch

Andrews, Alyssa, Fr., Gig Harbor
 Brandon, Liz, 10, ID
 Francis, Leah, Jr, Juneau Douglas, Juneau, AK
 Martinez, Sandra, Fr., Davis, Yakima, WA
 Neilsen, Nicole, Fr, Borah, Boise, ID
 Parker, Carey, Fr., Montlake

Girls California

- | | |
|-------------------------|---|
| 1. Saugus [1] | Blazes to So Section D2 Finals victory with #2 time ever (88:20) at Mt. SAC |
| 2. Dana Hills [2] | Just misses re-breaking school record winning So Section D1 title (90:34) at Mt. SAC |
| 3. Torrey Pines [3] | Defeats solid top-end field to win San Diego Sect D1 Finals on 2.75-mile course |
| 4. Trabuco Hills [4] | Places 2 nd in So Section D1 Finals with 92:11 clocking at Mt. SAC |
| 5. Crescenta Valley [5] | Runs 3 rd in So Section D1 Finals (92:40) as consistent season continues |
| 6. Mountain View [6] | No major meet, previously won Central Coast Finals |
| 7. Mira Costa [10] | Distant 2 nd to Saugus in So Section D2 Finals in 92:48 |
| 8. San Clemente [BT] | Runs surprising 4 th to edge cluster of teams in So Section D1 Finals in 93:52 |
| 9. Esperanza [BT] | 5 th in So Section D1 Finals in 93:52 |
| 10. Corona del Mar [BT] | Continues season-long upswing with So Section D3 title in 93:52 at Mt. SAC |

Cut: Great Oak [7], Chino Hills [8], Redlands [9]

Bubble teams alphabetically: Aptos, Buchanan, Canyon-Anaheim, Carondelet, Castro Valley, Chaparral, Chino Hills, Davis, El Toro, Great Oak, La Reina, Livermore, Murrieta Valley, Oak Ridge, Orange Lutheran, Rancho Bernardo, Redlands, St. Ignatius, St. Mary's-Berkeley, Sultana, Vista Murrieta, Woodcreek

CA Girls to Watch

Adams, Jennifer, 11, Esperanza, Anaheim, CA
 Apgar, Christine, 12, Lincoln, San Diego, CA
 Balbier, Hillary, 12, Dana Hills, Dana Point, CA
 Bergman, Kaylin, 12, Valley Christian, San Jose, CA
 Billmeyer, Liberty, 10, Torrey Pines, San Diego, CA
 Dunne, Jordan, 12, San Clemente, San Clemente, CA
 Fedronic, Justine, 12, Carlmont, Belmont, CA
 Ferrante, Elizabeth, 11, Aptos, Aptos, CA
 Grabill, Alex, 10, Rancho Bernardo, San Diego, CA
 Hayes, Sammy, 12, Edison, Huntington Beach, CA
 Jauregui, Molly, 12, Saugus, Santa Clarita, CA
 Lillig, Jacques, 11, CA, San Ramon, CA
 Lopez, Rebecca, 12, Sacred Heart, Sacred Heart, CA

Mahoney, Briana, 10, Saugus, Santa Clarita, CA
Malone, Maria, 12, Folsom, Folsom, CA
Mehra, Alli, 9, Palos Verdes, Palos Verdes Estates, CA
Miller, Anne, 11, Simi Valley, Simi Valley, CA
Morgan, Melissa, 11, Torrey Pines, San Diego, CA
Parry, Marissa, 10, Dana Hills, Dana Point, CA
Randall, Colleen, 12, Saugus, Santa Clarita, CA
Silva, Sierra, 12, Our Lady of Peace, San Diego, CA
Skiba, Kristin, 11, Oak Park, Oak Park, CA
Taylor, Heather, 11, Casa Grande, Petaluma, CA
Vega, Megan, 11, Foothill, Santa Ana, CA