

**Rattler Booster Invite**  
**(Formerly known as NORTH CANYON INVITATIONAL)**  
**TRACK & FIELD EVENT**  
**MARCH 10, 2012**

DATE: Saturday March 10, 2012

TIME: Coaches Meeting and Shot/Disc Weigh-Ins – 8:30am  
Field Event Preliminaries – 9:30am  
Track Event Preliminaries and Finals – 9:30am and 2:30pm

PLACE: North Canyon High School  
1700 E. Union Hills Dr.  
Phoenix, AZ. 85024  
602-449-5023

ENTRY: Fee: \$175 per each team (Boys and Girls total \$350)  
Checks Payable to: **North Canyon Track and Field**  
Megan Perry  
1700 E. Union Hills Dr.  
Phoenix, AZ. 85024

ADMISSION: Adults - \$5.00  
Students and Children - \$3.00  
Children under 5 – FREE

TRACK: All-weather, 8 lane track. 1/4” or 1/8” spikes only. Any violation will result in immediate disqualification from the meet.

All jump event runways are all-weather. The same spike rules apply as in the track events.

Blocks will be furnished.

Shot Put and Discus surfaces are concrete. Weigh-ins will begin at 8:30am.

Each school will provide their own batons, shots and discs.

Timing will be electronic and backed up by watches. We will **NOT** slow down the meet for Hytek malfunctions. Hand times will be used, and the event will not be state-qualifying.

RULES AND REGULATIONS: All non-participants and coaches must stay away from the finish line at all times during the meet. All participants are expected to stay on the field below the South end of the track when warming up. No warm-ups on the football field. When not participating, please stay in the stands.

National Federation of State High School Association rules will be used. Coaches and spectators are to remain in the stands for both

prelims and finals. A one-point deduction will be assessed to any team in violation.

- PARTICIPATION:** Each team may enter **3 participants** in each event and **1 relay team**. **All entries MUST be entered online at [www.athletic.net](http://www.athletic.net) no later than NOON on Tuesday, March 6, 2012.**
- AWARDS:** Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> place finishers in all events. Medals will be awarded trackside after the completing of that event.
- TROPHIES:** Championship Trophies for both Boys and Girls  
Runner-up trophies for both Boys and Girls  
Top male and female athletes (determined by Games Committee)
- SCORING:** All scoring will be 10-8-6-5-4-3-2-1
- TRACK EVENTS:** The 200m will be run on a full curve.  
The 400m will be run in lanes.  
Box alley starts for the 800m, 1600m, and 3200m. A waterfall start will be used if the number of participants permits.  
In the 1600m relay a three-turn stagger will be used.
- FIELD EVENTS:** Girls high jump will start at 4'4" with 2" raises until 5'0" and then will have 1" raises.  
Boys high jump will start at 5'4" with 2" raises until 6'0" and then will have 1" raises.  
Shot Put and Discus: **THREE THROWS** will be allowed with best mark being carried to the finals. Top nine throwers go to finals with **THREE** more throws.  
Long Jump and Triple Jump: **THREE JUMPS** will be allowed with best mark being carried to the finals. Top nine jumpers go to finals with **THREE** more jumps.  
Pole Vault will start at 6'0" for girls and 9'0" for boys with bar raises at 6".
- GAMES COMMITTEE:** Michelle Hall, Richard Hall, Fred Moore, Clyde Resendez, and Junior Michael.
- LANE ASSIGNMENT:** Lanes will be assigned by seeded times. Any late entries will be seeded into lanes 1 and 8. Fastest eight times go to finals. Heat winners are **NOT** guaranteed a place in the Finals.

General Information  
**Rattler Booster Invite Track & Field Meet**

Curve Judges and Exchange Inspectors will be used. Infractions will be signaled with a red/white flag.

Athletes must stay in their lanes at the conclusion of their race. Wait for judges to come to you. Do not go to the finish judge.

Athletes must report to the staging area or “bullpen” by the 2<sup>nd</sup> call.

At the staging area athletes will:

- ✓ Receive starting instructions
- ✓ Receive their lane assignment
- ✓ Be checked for proper uniform
- ✓ Turn in their relay cards

If an athlete fails to report by the 3<sup>rd</sup> call, he/she will not be allowed to participate in that event.

Any lost appeal will result in a 1-point deduction from the team score. Judgments cannot be appealed.

The Referee, Michelle Hall, has the authority to run the meet. Games Committee will make any decision appealed past the Referee.

Athletes must compete in a school uniform, relays must all be identical. Sweats or warm-ups are allowed if school-issued. If the uniform is improper, the athlete will not be allowed to compete.

Team tents and camps must be set up in the bleacher area, **not** on any part of the field.

There will be no radios, CD players, Frisbees, etc allowed near the track. **NOISE DISRUPTS THE START OF RACES.**

NO jewelry will be allowed. Religious and medical medals must be taped to chest under uniform.

Heat sheets and results will be posted on the results board near the concession stand. Coaches are asked to be patient and wait for the posting. Do not go to the press box and ask for results.

Final results will be available online at [www.athletic.net](http://www.athletic.net) soon after the completion of the meet. If there is a technical problem, results will be mailed to your school the following week.

T-shirts will be available for purchase / there will be a snack bar throughout the event.

## Rattler Booster/North Canyon Invitational Meet Records

Event	Boys	Girls
4x800m relay	Greenway 1999 - 8:10.91	Mtn. Pointe 1999 - 9:42.35
4x400m relay	Chandler 2011 - 3:24.89	Chandler 2011 - 4:02.97
4x100m relay	AZ Boys Ranch 1998 - 42.47	Chandler 2011 - 48.02
110m/100m hurdles	Brandon Sproat, Tolleson 1998 - 14.25	Sherrelle Jordan, Chandler 2011 - 14.62
300 hurdles	Harry Danilevics, Brophy Prep 2010 - 37.84	Makaila Flannigan, Chandler 2011 - 44.89
100 meters	Bryan Haynes, Centennial 2003 - 10.59	Jasmine Todd, Chandler 2011 - 11.94
200 meters	Bryan Haynes, Centennial 2004 - 21.62	Ky Westbrook, Chandler 2011 - 25.28
400 meters	Treg Jeffery, Moon Valley 2005 - 49.40	Natalie Johnson, Xavier 2007 - 55.54
800 meters	Caleb Lynch, Washington 2004 - 1:53.30	Marissa Opatz, Desert Mountain 2011 - 2:17.17
1600 meters	Billy Orman., Tuba City 2004 - 4:16.82	Sara Gorton, Mtn. Pointe 2000 - 4:54.68
3200 meters	Billy Orman, Tuba City 2009 - 9:00.27	Nadya Bishton, Mtn. Ridge 2007 - 10:42.87
Triple jump	Lewis Todd, Chandler. 2010 - 44'9"	Sarah Reaves, Ironwood 2007 - 36'4"
Long jump	Kris Schlepp, North Canyon 2004 - 22'5"	Jasmine Todd, Chandler 2011 - 18-08.00
High jump	Peter Ospitale, Cactus Shadows 2003 Mike Stratton, Ironwood 2003 Bryce Nielson, Mtn. View 2000 Matt Allen, Cactus 1999 Robert Wonzy, Deer Valley 2009 All 6'6"	Aubrey Wood, Mtn. View 2000 - 5'6
Pole vault	Alex Bishop, Brophy	Lauren Cruzn, Sunrise

	2010 - 16'0"	Mtn.
Shot put	Corey Brown, Marana 1999 - 55'7"	2006 - 11'6" Nicole Elliott, O'Conner
Discus	Chris Duncan, Mtn. Pointe 2002 - 172'11"	2007 - 39'.25" Kelsey Klein, Ironwood 2007 - 125'11"