

## 80<sup>th</sup> Annual Winslow Invitational

- 9:00 AM**                    **Coaches Meeting in cafeteria (south of new gym)**  
                                  "Cranny Hysong" Boys Pole Vault (Begin @ 6 feet, Girls follow)
- 10:00 AM**
- "Warren Wilhoite" Boys Long Jump (10:00AM-12:00 PM)  
"Stephanie Garnett" Girls Long Jump (12:00pm- 2:00pm)  
"Doc Wright" Boys Shot Put (10:00 AM)  
Girls Shot Put  
"Rachel Moss: Girls Discus (10:00 AM) (Boys follow)  
"Dave Conatser" Boys Discus  
Boys High Jump (10:00 AM)  
Girls High Jump (10:00 AM)  
Boys Triple Jump (Girls Follow)  
Girls Triple Jump (3-5PM)
- 11:00 AM**
- Boys 3200 Relay Final  
Girls 3200 Relay Final  
Track Preliminaries and Finals (Boys first, then Girls)  
High Hurdles  
100m Dash  
400m Dash  
300m Hurdles  
200m Dash
- 3:00 PM**
- Tracks Finals  
"Bill Taylor" Boys 110m Hurdles  
"Clyde Gardner" Girls 100m Hurdles  
"Emil Nasser" Boys 100m Dash  
Girls 100m Dash  
"Ron Bellman" Boys 1600m Run Final  
Girls 1600m Run Final  
Boys 400m Relay  
Girls 400m Relay  
Girls 400m Dash  
"Mack Essary" Boys 400m Dash  
Girls 300m Hurdles  
Boys 300m Hurdles  
"Robert Paul" Boys 800m Run  
"Janeen Yazzie" Girls 800m Run  
Boys 200m Dash  
"Anna Van" Girls 200m Dash  
Boys 3200m Run Final  
Girls 3200m Run  
"Glen Olmstead" Boys 1600m Relay  
Girls 1600m Relay

## Winslow Invitational Girls Division Records

100 Meter Dash	Anna Van	Winslow	1979	12.4
200 Meter Dash	Anna Van	Winslow	1979	25.3
400 Meter Dash	Kendra Barron	Mingus	1997	58.8
800 Meter Dash	Hannah Moen	Coconino	2008	2:18.57
1600 Meter Dash	Jessica Rydberg	Blue Ridge	2009	5:10.79
3200 Meter Dash	Jessica Rydberg	Blue Ridge	2009	10:52.8
100 Meter Hurdles	Jodi Smith	St. Johns	1997	15.0
300 Meter Hurdles	Holly Shand	Durango	1996	46.0
4X100 Meter Relay		North Canyon	2003	50.11
4X400 Meter Relay		Snowflake	2003	4:10.8
4X800 Meter Relay		Payson	2001	9:41.8
Long Jump	Stephanie Garnett	Winslow	2003	19'1
Triple Jump	Rheanna Martinez	Payson	1999	36'5
High Jump	Anna Van	Winslow	1979	5'6
	Becky Brawley	Snowflake	1998	5'6
	Shanelle Russel	Page	2008	5'6
Shot Put	Kathy Ferguson	Kingman	1980	41'4.5
Discus	Sarah Gast	Flagstaff	2004	133'7.75
Pole Vault	Sierra DeGomez	Flagstaff	2002	10'6

## Winslow Invitational Boys Division Records

100m Dash	N'gai Lee	Winslow	1989	10.80
200m Dash	Anthony Polk	Winslow	1977	21.60
400m Dash	Justin Butler	Showlow	2009	49.31
800m Dash	Kyle Whitehair	Winslow	2007	1:56.17
1600m Dash	Ryan Yazzie	Tuba City	2009	4:23.48
3200m Dash	John Scott	Page	2001	9:44.0
110m Hurdles	L Vandrsack	North Canyon	2004	14.32
300m Hurdles	Kyle Kartchner	Snowflake	2005	39.06
4X100m Relay		Coconino	2000	43.32
4X400m Relay		Snowflake	1996	3:25.2
4X800m Relay		Prescott	2001	8:07.1
Long Jump	Billy Hatcher	Williams	1978	22'4.75
Triple Jump	A.J. Cornelius	Kingman	1995	46'10
High Jump	Willie Powell	Winslow	1979	6'8"
Shot Put	M.Maxwell	Showlow	1988	55'1"
Discuss	Jason Lane	Kingman	2003	154'0.5
Pole Vault	Chad Willoughby	Kingman	1994	14'6"
	Damien Scott	Snowflake	2009	14'6"